



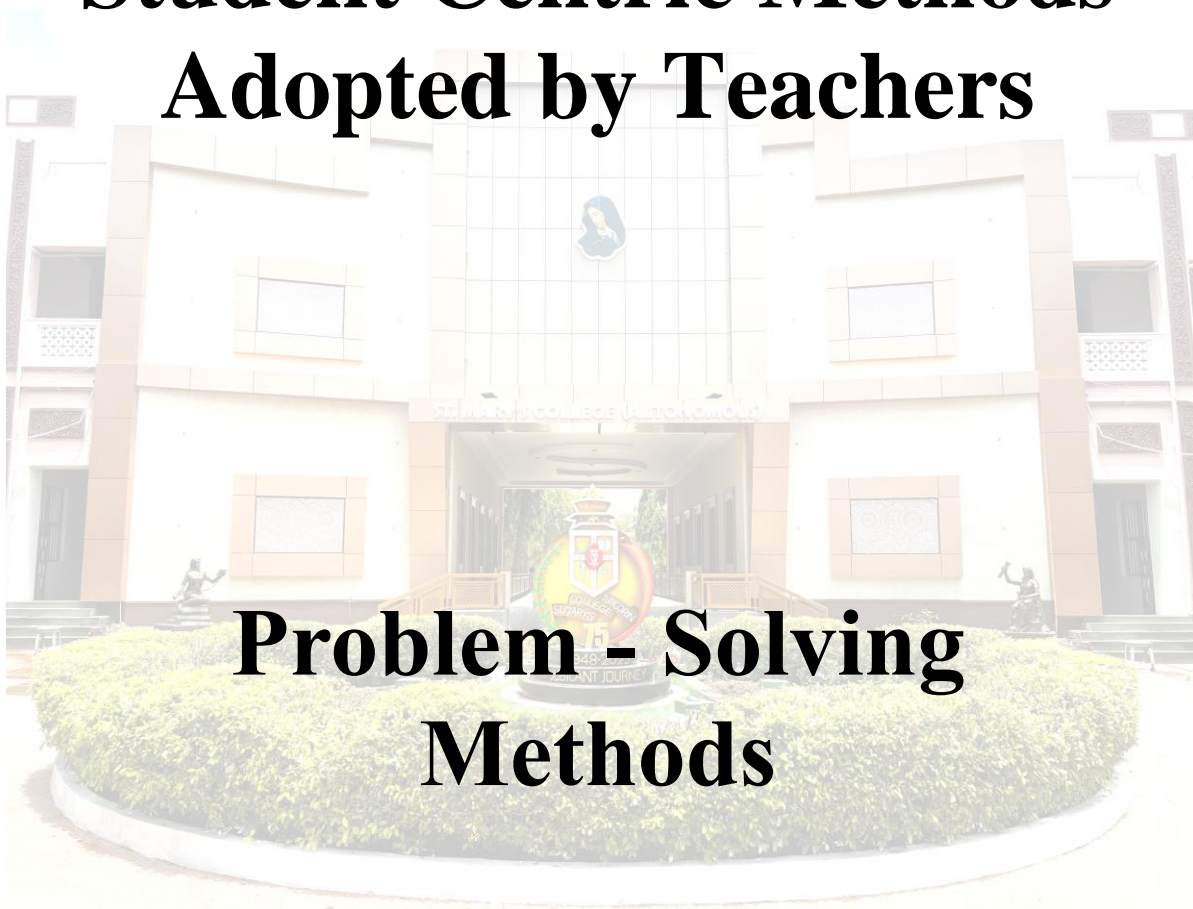
**St. Mary's College (Autonomous)**  
Reaccredited with 'A+' Grade by NAAC (Cycle IV)  
Thoothukudi



**Criterion: II – Teaching- Learning and Evaluation**  
**2.3: Teaching Learning Process**  
Year: 2018-2023



# **Student Centric Methods Adopted by Teachers**



## **Problem - Solving Methods**

## **Problem Solving Ideologies**

### **Problem solving and ideation**

The Department of Psychology organized a program on the Problem solving and ideation. Dr.Vincent, Visiting faculty, Bharathidasan University, Bangalore addressed the department students on the topic and gave them an in-depth perspective on the ways and means of problem solving and decision making. It was an interactive and interesting session



### **Intra Institutional Idea Competition**

The Department of Business Administration jointly organized competition on “Intra Institutional Idea Competition” on 17/11/2022. Students came out with Innovative ideas on various range of products. Some of the products were displayed for exposure. The students were highly benefited with the emergence of trending products in the market.



### **Patent Filing Process in India**

The Department of Computer Science (UG & PG) organised a webinar on “Patent Filing

Process in India” on 19-11-2022 at 03:00 p.m. through Zoom platform. Dr. K. Hema Shankari, Associate Professor, Department of Computer Applications, Women’s Christian College, Chennai was invited as a resource person to enlighten the participants on the topic. The speaker gave a brief introduction of IPR and explained the various related terms. The procedure for the application of patents and the various steps involved in it are described. She gave several examples of patents created by Indian school students.



The Community Development Programme and Unnat Bharat Abhiyan of the Department of Mathematics organized an Awareness Programme on “National Flag Hoisting” in the kalangarai village of Korampallam Panchayat, Thoothukudi District on 13.08.2022. Ms. Selva Prabha, Panchayat President, Korampallam Panchayat was the Chief Guest of the programme. In her presence, all the houses were given the National Flag. She insisted on hoisting the flag in every house to express a sense of patriotism toward our Nation. 250 village people and 42 students of Department of Mathematics were benefitted out of this programme.

### **Grama Sabha**

Students of the Department of Mathematics, St.Mary's College (Autonomous), Thoothukudi participated in the Grama Sabha held on 15.08.2022 in Anthonyarpuram village of Korampallam panchayat and expressed the needs of the villagers. Also mentioned the steps being taken by the college for the betterment of the villagers and requested cooperation of the villagers. The Grama Sabha was presided over by Korampallam Panchayat President Mrs. Selva Prabha.

The meeting was attended by medical officers, child welfare councilors, government officials, academics, lawyers, ward councilors and villagers. People were given advice on health, old age welfare, education, plastic usage and cleanliness of villages. After the meeting the college students undertook the task of cleaning to emphasize the need for cleanliness to the villagers. The initiatives were taken by the students of the Department of Mathematics of St. Mary's College (Autonomous) Thoothukudi under Unnath Bharat Abhiyan scheme and Community Development Program.



In commemoration of 74th Republic year students and staff from the Department of Botany, St. Mary's College (AISHE Code: 41151), Thoothukudi under Unnat Bharat Abhiyaan, participated the Grama sabha meeting on 26-01-2023 (Thursday). The Grama sabha meeting commenced under the headship of panchayat president Mr. Saravana Kumar. Village people from Mapillaiyurani panchayat, government officials from each department attended the meeting held near North Sotaiyan Thoppu library. During the meeting various discussions took place related to utilization of funds, maintaining hygienic practices, disposal of wastes to control mosquito growth, jal jeevan program, prime ministers home scheme, village jobs and prime ministers road scheme. They also received petitions from public and assured their requirements will be satisfied.

The participation in the Grama sabha was due to the constant support of Rev. Dr. Sr. C. Shibana, Secretary, St. Mary's College (Autonomous), Rev. Dr. Sr. A.S.J. Lucia Rose, Principal, St. Mary's College (Autonomous), Rev. Dr. Sr. Kulandai Therese, UBA Coordinator and Deputy Principal, St. Mary's College (Autonomous), Dr. Glory, Head and Associate Professor,



Department of Botany and the entire management. The programme was coordinated by Dr. R. Mary Santhi and Dr. P. Hermalin, Assistant Professors of Botany



### **Exposure and Field Visit for Problem Identification**

On 12.11.2022, Institution's Innovation Council and PG and Research Department of Zoology went for a Field Visit to Punnakayal Village and gave lecture on the topic "Exposure and Field Visit for Problem Identification". Beneficiaries were 38 students and the village people.



### **Environmental Sustainability and Leprosy With Public**

Mathematics, St. Mary's College, Rajesh Thilak Multi-Speciality Hospital, Dr. Aggarwal Eye Hospital, and Vizhaivu Pookal Foundation jointly organised a Free Medical and Eye Camp in the Subramaniapuram Village of Korampalam panchayat on 26th January 2023 at 10.a.m. The

Doctors gave medical treatments for the public who participated in the camp. The People from all walks of life participated in the Camp and benefited. Mr. S.S. Mani, Dr.Rajesh Tilak, Dr.Aggarwal, Dr. J. Arul Jesthi, and Dr. G. Priscilla Pacifica made arrangements for this camp. Also, the II B.Sc. students of Department of Mathematics participated in the Gram Sabha and discussed about the environmental sustainability and leprosy with the public. An awareness pledge about the environmental sustainability and Leprosy was taken along with the people.



### **Problem Solving and Ideation**

On 18.11.2022, a workshop was conducted by the Department of Commerce on the “Problem Solving and Ideation” by the department in collaboration with IIC. Mr.Thomas A. Antony, Chairman of CII and Managing Director, Jacobi and Nova Carbons, Tirunelveli was the resource person. Around 270 students from the department were the beneficiaries.

### **Digital Transformation for Sustainable Economic Development**

On 31-Jan-2023, an International Webinar on “Digital Transformation for Sustainable Economic Development” organised by the Department of Economics, St. Mary’s College (Autonomous) Thoothukudi. Dr. Gunasekar Thangarasu, Head of Department, Department of Professional Industry Driven Education (PRIDE) MAHSA University, Selangor, Malaysia was the resource person. Number of beneficiaries were 98



### **Debate- Is the Youth Society being Degraded by social network? Does it Align?**

On 06.03.2023 Department of Tamil has organised a Pattimantram titled as Is the Youth Society being Degraded by social network? Does it Align? Dr.M.Rajadurai, Principal, Rajalakshmi Arts College, Vagaikulam, M.Santha Porgia, Lawyer, P.Thalamani, Poet, A.Muthu Mathumitha - II History, St.Mary's College, Thoothukudi, Aswarnika - II Chemistry, St.Mary's College, Thoothukudi, P.Neshika Vijayadharshini - II Physics, St.Mary's College, Thoothukudi, S.Subashini - II History, St.Mary's College, Thoothukudi were the resource persons. 650 students were participated in the programme.



### **Organic Farming**

The Marian Star Centre, Department of Botany has organized the in-house training programme on Organic farming, sponsored by Department of Biotechnology, Star College Programme, New Delhi from 19th to 21st December 2022 in the Botany Laboratory for the II UG students of Botany. Dr. Beulah Jerlin. S, Assistant Professor of Botany and Dr. Mary Santhi. R, Assistant Professor of Botany, St. Mary's College (Autonomous) were the resource persons. Total of 15 students were benefitted from the training program



### **Workshop on Intellectual Property Rights and IP Management for Startup**

On 30th August 2022, IIC seminar on “Workshop on Intellectual Property Rights and IP Management for Startup” was organised. Dr. I. Sankar, Assistant Professor (Senior Grade), Academician & Entrepreneurship Development Expert, National Engineering College, Kovilpatti, was the resource person. 90 students and 9 staffs from the department were benefitted from the meeting.

### **Prevention Of Suicide**

The Department of Psychology, to create an awareness among the college students regarding the prevention of Suicide and to create an awareness regarding the availability of various resources to whom we can reach out during times of crisis, organized an Awareness Still at both the entrances of the college on 9.9.2022, between 8.00 am to 8.40 am. The still was self-explanatory, depicting the presence of family, friends, psychologists, psychiatrists, law and spirituality to whom we should be willing to reach out and seek help to maintain our mental health.





## Healthy Friendship

Department of Psychology organised an Inter Departmental Art Competition on the topic “Healthy Friendship”. Poetry writing and Zentangle drawings were the entries that were encouraged. More than 90 entries were received from enthusiastic participants from all the departments. The event was organized to create an awareness on healthy friendship that is the need of the hour among the youth of today.



## Mindful Eating: An Effective Strategy Against Eating Disorders

With reference to Eating Disorders Awareness week that is observed worldwide during Feb 20 to Feb 26, the Department of Psychology organised an Orientation Program on the topic “Mindful eating: An effective strategy against eating disorders”. Mr. Arunkumar, Level 4 Personal trainer, Registered Professional under ICREPS & SI and Performance Nutritionist, Thoothukudi was the resource person who addressed the gathering on the importance of healthy diet and a balanced diet. He also gave useful and easy techniques to maintain a healthy life style. It was an interactive and interesting session

## Intellectual Property Rights (IPRs) and IP Management for Start-up

On 29.08.2022, “Intellectual Property Rights (IPRs) and IP Management for Start-up” workshop was organized by PG and Research Department of Mathematics in association with Institution’s Innovation Council at 7.00 pm through Zoom platform. Dr. Charanjit Kumar Sehgal, Managing Partner, Sehgal IPR Services, Mumbai, Maharastra was the Resource Person. About 148 students were the beneficiaries.

### **Green Consumerism in the Coming Years**

On 30.08.2022, Department of Commerce (SSC), Conducted Association meeting on “Green Consumerism in the Coming Years” Mr.CA.J.Nikhil Vasanth Dip IFRS(ACCA) partner, J.Thomas Fernando & Co, Chartered Accountants, Thoothukudi was the Speaker. II Year and III Year Students attended the meeting at Star hall.



### **Fundamentals of Management and Life Skills**

On 09.01.2023, Department of Commerce (SSC) Conducted Association meeting on “Fundamentals of Management and Life Skills” Mrs.Jerlin Dhinakaran, Partner, Vinston Agencies & Co, Thoothukudi was the Speaker. I Year Students attended the meeting at Star Hall.

### **Molecular Docking for Drug Design**

On 3rd February 2023, “Molecular Docking for Drug Design”, Association meeting was jointly organized by the Department. Dr. C. Vedhi, Assistant Professor, PG & Research Department of Chemistry, V. O. Chidambaram College, Thoothukudi was the Resource Person. PG students were the beneficiaries.

### **HR Challenges and Opportunities in Industry**

On 18.03.2023, Department of Human Resource Management organized a Association meeting on “HR Challenges and Opportunities in Industry”, Ms.Malini Velan , Management Associate and HR at Diginadu (Global Marketing Startup) was the speaker. I and II MHRM students (37) were the beneficiaries.

## **Coastal Cleaning**

On 17.02.2023 Coastal Cleaning was organized by Centre for Eco-Feminine Excellence and Swachh Bharath Mission of the Municipal Corporation. Mr. C. Rajasekar, Sanitary officer, Municipal Corporation, Thoothukudi and Mr. A. Ashok Kumar, Zonal Supervisor, Swachh Bharath Mission was the resource person. Beneficiaries: 52 students



## **Beat Plastic Pollution**

On 13.03.2023 an Awareness campaign – Beat Plastic Pollution was organized by: Centre for Eco-Feminine Excellence. Mr. C. Rajasekar, Sanitary officer, Municipal Corporation, Thoothukudi was the resource person: Beneficiaries: 42 students

## **Challenges in Modern Society**

On 10.11.2022 "Challenges in Modern Society" an insight program was organized by the Youth Red Cross and the Counselling forum. Mr. S. John Moses Giritharan, Assistant Professor, Department of Criminology, Kamaraj College, Thoothukudi was the resource person. YRC and RRC students attended the program.



### **Anti-drug awareness- Frozen Frame**

On 15.2.2023 "Anti-drug awareness- Frozen Frame" was organized by the Counselling forum, Anti-drug club, YRC, and RRC club. Students displayed the health hazards associated with the use of drugs and the importance of leading a healthy and safe lifestyle. All the college students visited the frozen frame.

### **Consumer Preference for Nutrition and Health Claims**

The consumer organized a meeting on 15.11.2022 on the topic “Consumer Preference for Nutrition and Health Claims” and the resource person was Ms. J. Stephy Carolin, Counsellor, Asha Chartiabale Trust, Thoothukudi and the no of participants were 75 students.

### **HIV Infection and Cancer Risk**

On 20.02.2023 an Awareness programme on “HIV Infection and Cancer Risk” was organised. Dr. Manikandan Dhanushkodi, Medical Oncologist, Thoothukudi Cancer Care, Thenmani Hospital and Mr. A. Amalavalan, MSW and MBA, District Programme Manager, District AIDS Prevention and Control Unit (Thoothukudi, Thenkasi, Tirunelveli) were the resource person. Beneficiaries : 350 Students



### **Prevention and Protection against Road Accidents**

Road Safety Patrol is a part of human education, which prepares the students to adjust well to society and contribute to the well-being of society. It is a service to mankind that ensures an accident-free life. Nowadays, the volume of traffic has increased in a variety of ways. So, the RSP students deployed the traffic outside the college premises during the morning. The Road Safety Patrol Program was held on November 10, 2022, in the auditorium at 8.30 a.m. The



session was then taken over by Mr. S. Vinayagam, Regional Transport Officer, who gave a lecture on "Prevention and Protection against Road Accidents"



### **Follow Traffic Rules, Save the Future**

On February 2, 2022, the RSP students prepared banners for each department and hang it in the respective places in the parking lot and encouraged the students to arrange in an orderly manner. Dr. Sr. Kulandai Therese, Deputy Principal and RSP Nodal Officer, and Dr. Banumati, Coordinator and Associate Professor of Commerce, prepared the parking tokens and distributed them to all the students and faculty who come to the college by two-wheeler. On March 13 2023 RSP organized an awareness program titled "Follow Traffic Rules, Save the Future" at 2.15 p.m. in the college auditorium. An awareness talk was given by Mrs. Malarkodi, Special Inspector of Police, All Women Police Station, Thoothukudi

### **Scribes**

The First Mid Term examination for SSLC and HSLC students held at Caldwell Higher Secondary School from 17.08.2022 to 26.08.2022. The following six students from II B.Com A (SSC), Ms. R. Roja , Ms. B. Lavanya, Ms. S. Sara Abina, Ms.V. Sri Dhanalashmi, Ms. V. Suvitha Souahakini, Ms. K. Mariamma@malini rendered their help as the scribe for the 10th and the 12th students.

The First CIA for the academic year 2022-2023, odd semester commenced for III UG from 22.08.2022 to 30.08.2022. Ms. P. Virgin Pratheepa and Ms. A. Alagu Chella Keerthana of M.Phil. English rendered their help as the scribe for Ms. S. Mookkammal, III B.A English Literature.

The Second CIA for the academic year 2022-2023, odd semester commenced for III UG from 20.09.2022 to 28.09.2022. Ms. H.R. Aneesha and Ms. P. Subithra, Research Scholars of Mathematics rendered their help as the scribe for Ms. S. Mookkammal, III B.A English Literature.

The Quarterly examination for SSLC and HSLC students held at Caldwell Higher Secondary School from 22.09.2022 to 30.09.2022. K. Maria Antony Princy of I M.A. History, S.Nanthini of I M.A. History, T. Ashish Praisyy of II M.Sc. Mathematics, M.Bency of II M.Sc. Mathematics, S.Sneha of II M.Sc. Mathematics, P.Rajapushpa of III B.A English Literature and T.Sharan Jeya Shekina of III B.A English Literature rendered their help as the scribe for the 10th and the 12th students.

The Third CIA for the academic year 2022-2023, odd semester commenced for III UG from 01.11.2022 to 08.11.2022. Ms. K. S.Yaamini and Ms. P. Subithra Research Scholars of Mathematics rendered their help as the scribe for Ms. S. Mookkammal, III B.A English Literature.

The End Semester Examination commenced from 24.11.2022 to 09.12.2022. Ms. B. Bala Yoga Meena and Ms. AlbansinViviliya, Assistant Professor, Department of English(SSC) and Ms. A. Patricia Romila, Assistant Professor, Department of English rendered their help as scribe for Ms. HaseenaBarakath. M, II B.A Economics. Dr. J. Angel Beulah Gracelin and Ms.T. Manuel Infany, Assistant Professor, Department of Commerce (SSC) and Ms. S. Andrews Felicita, Assistant Professor, Department of Computer Science rendered rendered their help as the scribe for Ms. S.Mookkammal, III B.A English Literature.

The Half Yearly Examination for SSLC and HSLC students held at Caldwell Higher Secondary School from 15.12.2022 to 23.12.2022. The following students rendered their help as the scribe for the 10th and the 12th students. N. Angel Mary - I M. A. Economics, M. Nanthini - I M. A. Economics, A. Trifana – I M. A. Economics, A. Sherlin - II M. A. Economics, P. Grace Sheeba Rani- I M.Sc. Psychology, M. Jenifer– I M.Sc. Psychology

The First CIA for the academic year 2022-2023, Even semester commenced for III UG from 18.01.2023 to 27.01.2023. Ms. K. S.Yaamini, Ms. Karthicka, Ms. Aneesha and

Ms. P. Subithra Research Scholars of Mathematics rendered their help as the scribe for Ms. S. Mookkammal, III B.A English Literature.

The Second CIA for the academic year 2022-2023, Even semester commenced for III UG from 24.02.2023 to 03.03.2023. Ms. K. S.Yaamini, Ms. Karthicka, Research Scholars of Mathematics and Ms. M. Mohamad Shifana of II M.Sc Physics rendered their help as the scribe for Ms. S. Mookkammal, III B.A English Literature

The Public Practical examination for HSLC students held at Caldwell Higher Secondary School on 2.02.2023. P. Rajapushpa and Ms. Aruna @ Sangeetha of III B.A English Literature rendered their help as a scribe.



### **Spoken English class**

The PG and Research department of Commerce, Community Development Program (CDP) and Unnat Bharath Abiyan jointly organized Spoken English on 3rd September, 2022 at 2.30 p.m. at Threspuram area. About 50 children actively participated in this spoken English class. II B.Com Students were the trainers for the spoken English class.

The second day of spoken English class started on 17th September, 2022. About 50 children enthusiastically participated in this spoken English class. II B.Com Students were the trainers for the spoken English class. End of the class communication games conducted for school students. Dr.A.Saleth Mary Vetriselvi, Assistant Professor of Commerce Department organized the function.



## Child Abuse and Child Rights

Department of Economics, St. Mary's College (Autonomous), Thoothukudi along with 26 students of II B. A. Economics organised awareness programme on "Child Abuse and Child Rights" in their adopted area. The Chief Guest Mrs. Jothimani, Advocate, District Court, Thoothukudi explained the child abuse is a basic violation of child rights. She focused on child abuse as a form of physical/ emotional ill- treatment, sexual abuse, neglect or negligent treatment, commercial, other exploitation, resulting in actual or potential harm to the child's health, survival and development. She also insisted that children should have access to contact services to help them in case of emergency or distress. The emergency toll- free phone service for children in distress –Child Line 1098 should be expanded and awareness generated about such help lines. Orphanages and shelter homes are required to assist children without families. Adoption should be given first priority to the best interests of the child concerned. In villages, the panchayat officials should be given the responsibility to ensure that basic education, nutrition, health care and sanitation are available for the proper development of every child. Finally, Chief Guest advised parents to care and communicate with their children. 50 people from the Maravanmadam were benefitted from the awareness programme. After the awareness programme the celebration mood started from Thiraviyapuram





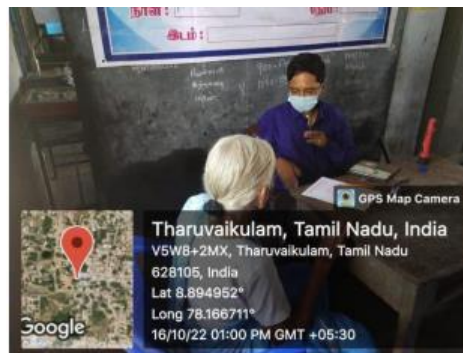
## Awareness Programme - Women Pregnancy and Child Birth Defects

The International Women's Day is celebrated on 8th March in the adopted area of Maravanmadam by the Department of Economics, St.Mary's College (Autonomous), Thoothukudi. The Chief Guest of the occasion Ms. Anita Roseline, Vaazhandhu Kaattuvom Project, Enterprise Community Professional (ECP), Maravanmadam Panchayat focused the various schemes that the government has established for the women entrepreneurs and outlined the experiences of different women empowerment programmes undertaken under the different Government Sponsored Schemes. After that the awareness gave to the women especially the Women Pregnancy and Child Birth Defects. Mr. Thanga Selvan, Special Educator, Ms.Jeya, Physiotherapist, Ms. Amutha, Speech Trainer and Ms.Manju, Community- Based rehabilitation worker, Amar seva Sangam, Ayikudi, Tenkasi were chief guests. In this meet, women were urged to get regular vaccinations during pregnancy. They said to avoiding relational marriage to control birth defects and if women belong to negative blood group, by taking proper vaccination during pregnancy. It should prevent the child from being born with congenital defects. However, with many of the young female CHD patients now having entered adulthood and marriage, obstetricians and gynaecologists are increasingly encountering a vexing issue, of a rise in high-risk pregnancies in young women who previously had significant congenital cardiac issues. The village women were got more general information about health. 40 village people benefitted from this awareness programme. Programme was successfully conducted under the guidance of Dr. Sr. C. Shibana, Secretary, Dr. Sr. S. S. J. Lucia Rose, Principal and Dr. Sr. S. Kulandai Therese, Co-ordinator of Unnat Bharat Abhiyan, St. Mary's College (Autonomous), Thoothukudi. Dr. D. Rathi, Assistant professor of Economics, staff in -charge of CDP/ UBA and the II B.A. Economics students were actively organised the programme.



## Free Medical & Eye check up

St. Mary's College (Autonomous) Thoothukudi, Department of English and Sundaram Arulraj Hospital, Thoothukudi, jointly organised a free Mega Medical camp at St. Michael Primary school, Tharuvaikulam, on 16.10.2022, Sunday from 12p.m to 4 p.m. Dr. Arthi Kannan, Sundaram Arulraj Hospital, Thoothukudi presided over the function and under her guidance the village people were given advice by the doctors on sugar level, blood pressure, and obesity. Free eye check up was done and advice on food habits and exercises were given. There was a huge response and a lot of people attended the free medical camp and got benefitted. The arrangements were made by the teachers and second year students of the English department.



## Beach Cleaning

Community Development Programme and Unnat Bharat Abhiyan of St. Mary's College (Autonomous), Thoothukudi joined hands with 'We Can Trust' to organized a programme on beach cleaning and attended the Grama Sabha Meeting in Tharuvaikulam on 26.01.2023.



## **Prevention of Spread of Communicable Disease**

As a mission of the Unnat Bharat Abhiyan and Community Development program of St. Mary's College the Students of the Department of Zoology participated in the Grama Sabha meeting conducted in the adopted area Madha Nagar, Mappillaiyoorani Panchayath, on 15.08.22. The students along with the people of the village participated in the meeting. The matters of social relevance that are of concern to the village people like ban of production of plastic goods, modalities to prevent spread of communicable diseases like tuberculosis, education for all, sanitary facilities, clean drinking water were discussed. The meeting was convened by the Panchayat President Mr. Saravanan. Officials from the various government departments listened to the grievances of the people and promised to rectify them. They also stressed upon conducting such meeting regularly every three months.

## **Women Empowerment Training**

A special training programme on Women Empowerment Training to celebrate Women's Day was organised by Second year students of Microbiology Department, St. Mary's College, Thoothukudi at Veeranayakanthattu on 08th March 2023. It was held under the leadership of Mr. Chandana Kumar, the Panchayat President of Veeranayakanthattu. In this exercise Mrs. Arivumathi, Women Self Help Group Leader, and Women Self Help Group Helpers were present and honoured. Students gave a special speech on topic "Women's Employment Training". In this training, practical training on business which was done by women, training on easy business through Online, short-term tailoring awareness and women were encouraged by the benefits of higher education. We also imparted training in home-based small-scale industries such as basket-weaving and Agarbathi-making. They also provided training on how to grow and sell mushrooms at home. It was easy to train our students as the women self-help groups enthusiastically expressed their interest.

This training is organized by St. Mary's College (Autonomous) Thoothukudi, Secretary Rev.Sr.Dr.C.Shibana, Principal Rev.Sr.Dr.A.S.J. Lucia Rose, Deputy Principal and College Coordinator of Unnat Bharat Abhiyan Rev.Sr.Dr.S. Kulandhai Therese. The arrangements for these events were made by the Second year Microbiology students of St. Mary's College, Thoothukudi and Unnat Bharat Abhiyan and Community Development Program Microbiology

Department incharge Prof. Ms.R. Shynisha Begum also graced the occasion. The Panchayat President of Veeranayakanthattu, Mr. Chandana Kumar who was supportive in conducting these event and also we thanked Women's Self Help Group President Mrs. Arivumathi.



### **Health and Hygeine**

We the staff and students of the department of psychology went to tsunami Nagar on 12.10.2022 to create an awareness on Health and Hygeine among the people residing in that area. We educated them with cleanliness ideas and hygiene tips. We provided them cleaning soaps and biscuits for the kids in their locality. We also listened their complaints regarding the cleanliness in and around their area. Overall it was a nice experience for the students.

### **Legal Rights of Women**

The Women's Cell organized a guest lecture on 06.10.2022 at 2.30 p.m. in our College auditorium. The resource person of the day was Mr. J. Joseph Zinoson, Advocate from Thoothukudi. The topic for the day was "Legal Rights of Women". The resource person delivered a talk on the three main constitutional rights for women. 200 students from various disciplines were the beneficiaries.

### **Human Rights – An Insignia of Dignity, Freedom and Justice for All**

In the Commemoration of 75th Anniversary of Universal Declaration of Human Rights, the forum organized a seminar on the topic "Human Rights – An Insignia of Dignity, Freedom and Justice for All" on 10.12.2022 at 12 p.m. to 1 p.m. through online mode. Mr. S. Ruban



Kishore, Advocate and Chairperson, Child welfare committee, Thoothukudi was the resource person. All the UG and PG Students were effectively participated and utilized the session. On 20/2/2023, a poster making Competition was conducted on the topic “Women in Public and Private Space”. Dr. Sr. Jessie Fernando, HOD of Physics enacted as a judge. 9 students from various departments participated. ame to an end with the College Anthem.

### **Gender Sensitization Awareness Programme**

On 27th October 2022, Anti – sexual Harassment organized a Gender Sensitization Awareness Programme on “Preventing Sexual Harassment Against Women” at 2.00 p.m. Dr. M. Vaijo Prema, Assistant Professor of History, Sarah Tucker College, Tirunelveli was the resource person. 252 students of II year of all departments were the participants.



### **Constitutional Remedies for Women**

On 02.02.2023, the Anti-Ragging Cell conducted its meeting on “Constitutional Remedies for Women”, Adv. Ruban Kishore, Child Welfare Committee, Thoothukudi was the resource person. He inculcated the significance of Indian Constitution and the various aspects regarding the Constitutional remedies for women in detail. More than 225 students were participated and benefitted out of this meeting.



**2021-2022**

### **Preparation of organic House Hold essentials**

On 24th September 2021, Department of Chemistry conducted hands on training programme on “Preparation of organic House Hold essentials” for empowering rural women with entrepreneurial skills was organized for the women of Anthonyarpuram, Thoothukudi. 10 students’ participated and around 50 people got benefitted through this training or economic independence. It was also a day of sales and entertainment



### **Development of Rural Women with Entrepreneurial Skills**

On 9th December 2021, Department of Mathematics conducted various training program were conducted under the title "Development of Rural Women with Entrepreneurial Skills". Around 15 students’ participated and more than 20 members were the beneficiaries.

### **Natural Fertilizer-Vermicomposting**

On 17th December 2021 to 18th December 2021, Department of Microbiology conducted a program on “Natural Fertilizer-Vermicomposting” in Periyamayagipuram. 13 students were the participants and 25 members were the beneficiaries

### **Digital Elucidation of Bio-Living Creatures to the Rural Children**

On 17th February 2022, Department of Zoology organized a program on Digital Elucidation of Bio-Living Creatures to the Rural Children in the Adopted Village of Thai Nagar and Siluvaipatti North and South with 40 students of II B.Sc Zoology as participants and 65 people of Thai Nagar and Siluvaipatti North and South were the beneficiaries.

## **Voting awareness programme**

On 17th February 2022, Department of Economics conducted Voting awareness programme was held at Maravanmadam by the students. In the programme the importance of casting vote and other aspects of election were discussed. 30 Students were the participants. 65 people were benefitted out of it.

## **Efficient Learning of Linguistic Skills and Mathematical Fundamentals to Rural children**

From 8<sup>th</sup> March 2022 to 10th March 2022, Department of Mathematics organised a training programme on “Efficient Learning of Linguistic Skills and Mathematical Fundamentals to Rural children of Vadakku Kalangari Village of Korampallam Panchayat”. The training programme was sponsored by Rajiv Gandhi National Institute of Youth Development (Institution of national importance by the Act of parliament no.35/2012) Ministry of youth affairs and sports. Government of India, Sriperumbudur, Tamil Nadu. Nearly 100 rural children were benefitted.



## **Women’s Health and Menstrual Hygiene**

On 25th March 2022, Department of Psychology organized an Awareness program on “Women’s Health and Menstrual Hygiene”. The participants included students and staffs along with the people of Ramdoss Nagar, especially girl children and women



### **Ideation on Archiving Reminiscences in History**

Department of History and Institution's Innovation Council jointly organised an online competition on "Ideation on Archiving Reminiscences in History" on 21.02.2022. Ms. Sathiyavalli, Curator, Government Museum, Tirunelveli was the judge of the day. Ms. K. Mary Vino Lobo, Assistant Professor of History welcomed the viewers. All the competitors participated in the competition and presented their innovative ideas to archive the reminiscences in History for the future generations through short videos and Power Point presentation. The winners were given cash prize and encouraged to come up with the new ideation. The programme was conducted through Zoom platform and live streaming in You tube in the following link <https://youtu.be/GtrfRfxst9Y>.

Ms. K. Mary Vino Lobo, Assistant Professor of History proposed the vote of thanks. Students and faculty from the Department of History were the beneficiaries. The programme ended with the college anthem

### **Cost of Being Silent: Recognising and Combating Abuse in Relationships**

An online webinar was organised on the topic "Cost of Being Silent: Recognising and Combating Abuse in Relationships" the webinar was organised on the Zoom platform at 4pm. Ms. Meera Iyer, Head, Counselling Division, Emango Education Pvt. Ltd. Faridabad, Haryana, was the resource person of the Day. She spoke on the varied dimensions of the cost of being silent in an abusive relationship. She pointed out the need for recognising and combating abuse in relationships. She condemned all forms of violence against women. She discussed at length the historical dimension of the problem of violence against women to the present-day scenario and the prevailing legal remedies. She strongly argued that this social and legal problem must be eliminated from society. The Students actively participated in the programmes.

### **Vigilance on Sexual Harassment at Work places**

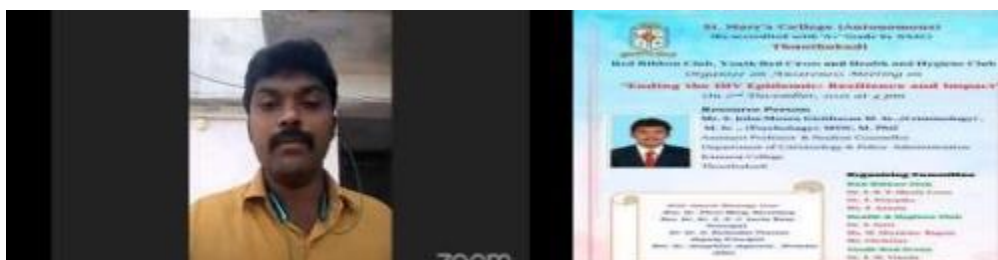
Anti - Sexual Harassment cell of St. Mary's College (Autonomous) Thoothukudi organized an awareness meeting on 'Vigilance on Sexual Harassment at Work places'. An oath of zero tolerance towards sexual harassment was pledged by the staff members of the college in



the college campus at 10.30am. The Oath was led by Dr. Sr. Kulandai Therese, Deputy Principal, followed by the oath of the Non-Teaching Staff.

### **Ending the HIV Epidemic: Resilience and Impact**

Red Ribbon Club, Youth Red Cross and Health and Hygiene Club of St. Mary's College (Autonomous), Thoothukudi in collaboration organized an online awareness meeting on the topic "Ending the HIV Epidemic: Resilience and Impact" on 2<sup>nd</sup> December, 2021 at 4 p.m. Mr. S. John Moses Giritharan M.Sc., (Criminology), M.Sc., (Psychology), MSW, M.Phil, Assistant Professor and Student Counsellor, Department of Criminology and Police Administration, Kamaraj College, Thoothukudi was the resource person. Dr. S. Selvi, Assistant Professor, Department of Zoology, St. Mary's College (Autonomous), Thoothukudi welcomed the audience and introduced the resource person. Mr. S. John Moses Giritharan, the resource person enlightened the audience on the importance of spreading awareness. He elaborately explained the history, prevention and treatment methods for HIV. More than four hundred students participated via zoom and YouTube platform. Ms. S. Anusia, Assistant Professor of English (SSC) delivered the vote of thanks. The awareness meeting ended opportunely with the college anthem.



### **AIDS Awareness for Youth**

Red Ribbon Club of St. Mary's College (Autonomous), Thoothukudi organized an Awareness Meeting on the topic, "AIDS Awareness for Youth" on 5th April, 2022 at Fatima Hall. Dr. S. Sivasailam, Senior Consultant Psychiatrist, Rengaswamy Nursing Home, Thoothukudi was the resource person. The meeting started with an invocation. Ms.V. Shalom Dafini Vinitha of I B.Com Corporate (SSC), Secretary of the Red Ribbon Club welcomed the gathering and introduced the resource person. Ms. E. Shama Farhana of III B.A English Literature (SSC), President of the Red Ribbon Club read the minutes of the previous meeting.

Dr. S. Sivasailam enlightened the students in the topic, “AIDS Awareness for Youth”. He gave awareness about HIV and AIDS and spoke about the prevention method. He motivated the students and insisted them the value of discipline. The students of Red Ribbon Club both I UG and II PG participated in the meeting. Ms.I. Varshana of I B.A English Literature (SSC), Vice President of the Red Ribbon Club delivered the vote of thanks. The meeting ended with the college anthem.



## First Aid-Be the First

The fourth Rotaract Club meet was organized on 31st March 2022. Department of History, members of Rotaract Club and Youth Red Cross jointly organized an awareness programme on “First Aid-Be the First” at Keezha Alagapuri of Mappilaiurani Panchayat. Student Volunteers gave awareness on first aid, acts passed by the government of Tamil Nadu and “Narkarunai Veeran” award for the people who rescue victims from the accident. Mask and sanitizer were provided to the participants of the village. The programme was organized under the guidance and support of Mr. S.P.Madasamy, Village President and Child Right Activist, Keezha Alagapuri.



## **Scribes Forum**

The Scribes forum arranged for scribes for students of Caldwell Higher Secondary School 09 February to 15 Feb 2022. 7 visually challenged students benefitted. The Scribes forum arranged for scribes for students of Caldwell Higher Secondary School on 28 March to 04 April 2022. 8 visually challenged students benefitted.

The Scribes forum arranged for scribes for students of St. Mary's College from 20 to 27 November 2021 and 13 December 2021 to 04 Jan 2022. The Scribes forum arranged for scribes for students of St. Mary's College, from 14 to March 2022. 1 visually challenged student benefitted.

The Second Revision Exam for SSLC students commenced from 28.03.2022 and ended on 04.04.2022 from 10.00 am to 01.00 pm. The following students from Scribes Forum, St. Mary's College (Autonomous) rendered their help as a scribe and wrote the exams for seven SSLC students alternatively. II B.Com General A SSC - A. Janosha, T. Srigayathri, P. Vinusha, A.R. Aanika V.M. Muthumari, II B.Com Corporate SSC, K. Ruthira and I. Sterisha.

The CIA I internal exam for the academic year (2021-2022) commenced from 14.03.2022 till 22.03.2022. Ms. A.Maria Deenu Steniza, Ms. P.Virgin Pratheepha, M.Phil. Research Scholars, Department of English (SSC) and Ms. D. Srikeerthanalakshmi, I M.A English Literature rendered their help as scribes and wrote the internal exam for S. Mookkammal, II B.A English Literature alternatively.

The First Revision Exam for SSLC students commenced from 09.02.2022 and ended on 15.02.2022 from 10.00 am to 01.00 pm. The following students from Scribes Forum, St. Mary's College (Autonomous) rendered their help as a scribe and wrote the exams for seven SSLC students alternatively.

The End Semester Model Exam for the academic year 2021-2022 commenced from 13.12.2021 for both II UG and III UG till 04.01.2022. Ms. A.Maria Deenu Steniza and Ms. P.Virgin Pratheepha, M.Phil. Research Scholars, Department of English (SSC) rendered their help as the scribes for Ms. K.Subiksha, III B.A English Literature (SSC) and Ms. S.Mookkammal, II B.A English Literature alternatively



The CIA III internal exam for the academic year (2021-2022) commenced from 20.11.2021 and ended on 27.11.2021. Ms. C. Jesintha Joselin, I M.A English Literature rendered her help as a scribe for Forenoon and Afternoon session and wrote the internal exams for Ms. S. Mookkammal, II B.A English Literature. The scribe dutifully followed the guidelines given by the teachers meticulously

### **Nutrition and Health for Adolescent Girls**

As a part of world nutrition week commemoration an awareness program was conducted by the Health and Hygiene Club of Eco Feminine Excellence and Centre for Women Excellence of St. Mary's College (Autonomous), Thoothukudi in collaboration with Inner Wheel Club of Tuticorin – Spic Nagar on 28.09.2021 through Zoom platform. Dr. Archana Ambujan MS(OG), RM (Germany), Executive director of Sundaram Arulrhaj Hospital, Tuticorin delivered the lecture on “Nutrition and Health for Adolescent Girls”. Dr. Archana Ambujan clearly explained the health issues like overweight, skin colour, facial deformities, undergrowth of hair in girls and abnormal growth of genitals. She also explained the importance of exercise. Around 150 students and faculty members were participated in the program.

### **Soil Day**

To commemorate the Soil Day which is celebrated on December 5<sup>th</sup> Soil awareness was created among the staff and students of the college by displaying banners and placards in the college campus. A webinar on soil awareness programme was arranged. Dr. P. Thangavel, Assistant Professor, Department of Environmental Sciences, Periyar University, Salem was the resource person. He gave a lecture on „Soil Management Techniques“. He gave a vivid idea of soil contamination with heavy metals and remediation methodologies. Students of the Centre for ECO-Feminine Excellence were the beneficiaries. 40 students participated in the programme



## National Birds Day

National Birds Day was celebrated by Health and Hygiene Club, St.Mary's College (Autonomous), Thoothukudi on 05.01.2022. A rally was conducted to bring awareness among the students and public about the importance of birds in our ecosystem and how to protect them. Placards with quotes about birds and ways to conserve birds were displayed by the students. The students participated enthusiastically and reported that the rally brought awareness to them.



**2020-2021**

## Intellectual Property Rights

A webinar on "Intellectual Property Rights" was organized by the Department of Zoology, St. Mary's College (Autonomous), Thoothukudi on 18th February 2021 through virtual platform. Dr. Balaji Devarajan, Head, Center for IPR, KPR Institute of Engineering and Technology Coimbatore was the resource person. Staff members and students from star departments (108) and from other departments (108) participated in the webinar



## **Challenges for Gen-Next Scientists**

An invited lecture on “Challenges for Gen-Next Scientists” was organised on 1st March 2021 by the Department of Physics, St. Mary’s College (Autonomous), Thoothukudi as a part of the Star College Scheme sponsored by the DBT, New Delhi. Dr. J. Daniel Chellappa, Eminent Nuclear Scientist, Chennai was the resource person. 350 participants from St. Mary’s College and 25 participants from Pune and Punjab are participated actively and enthusiastically

## **Integration of Science and Humanities in Bio-Diversity Conservation**

School of Biological Sciences in collaboration with PG and Research Department of Commerce, St. Mary’s College (Autonomous), Thoothukudi, along with PG and Research Department of Commerce, Rani Anna Government College for Women, Tirunelveli organized an International Virtual Conference on Inter-Disciplinary Research Perspectives: Integration of Science and Humanities in Bio-Diversity Conservation on 24th April 2021 sponsored by the Department of Biotechnology, Ministry of Science and Technology, Government of India, New Delhi. Eminent Scientist Dr. Fr. Ignacimuthu S.J. World Top One Percent Scientist, Director, Xavier Research Foundation, St. Xavier’s College discussed about the Role of Agriculture on Bio-diversity. Dr. Ramasamy Rajesh Kumar, Research Scientist, Institute of Nuclear Agricultural Sciences, College of Agriculture and Biotechnology, Zhejiang University, China PR, delivered a talk on Role of Biodiversity on Human Health, Economy and Wellbeing. The webinar was organised in Zoom platform and streamed in YouTube around 500 participants participated and benefitted from throughout India

## **What next?**

Students, when they graduate, always have this question in mind – “What next?” To remove that fear and create confidence among the students of the Psychology Department, this start up program was organized by the Psychology department in association with IIC ON 12.3.2021 at 2.30pm to help them gain an idea as to what they can do to earn a living after graduation and become economically independent. The resource person was Dr. P. Thamilselvan, Asst. Prof., Department of Psychology, PSGCAS who is also a registered Clinical Psychologist in Coimbatore. He enlightened the students on the various opportunities that are available to them and he also suggested methods to get themselves ready which was very

useful to the students. The students made the best use of the opportunity by raising a lot of questions and clarifying their doubts. On the whole, it was an interactive and lively session

### **Problem Solving and Ideation**

As part of the Institution's Innovation Cell, the Department of Psychology organized a Webinar on the Topic "Problem Solving and Ideation" on 17.12.2020 for the students of the Psychology Department. Ms.Asha C, Students' Counsellor, Sadakathullah Appa College, Tirunelveli was the resource person. The meeting was an interactive session where problem solving methods and ideation methods were constructively discussed.

### **Design Thinking**

The Institution's Innovation Council and The Department of Physics, St.Mary's College (Autonomous), Thoothukudi organized an innovative talk on the topic, 'DESIGN THINKING' on 23rd December 2020 through Google platform at 3pm. Dr. K. Mohanraj, Assistant Professor and IIC President of Manonmaniam Sundaranar University, Tirunelveli was the guest speaker. Around 91 students, both UG and PG and 10 faculty members were benefited by this programme. The students came to know about Design thinking, which is an iterative process which seeks to understand the user, the challenges faced by the user and the ways to redefine the problem. It provided a solution-based approach to solve problems. It paved way for the students to think and work on the basis of hands-on-methods. Students also came to know the latest advancements in the generation of Solar Cells, Single Junction Silicon cells, Thin Film Cells and Multi Junction Cells and their efficiencies

### **Support of Microbes for Successful Regeneration of Earthworms**

Department of Microbiology organised an association meeting on "Support Of Microbes For Successful Regeneration Of Earthworms" by Dr.S.Sudhakar, professor, Department of Biotechnology, Manonmaniam Sundaranar University, Tirunelveli on 14-Oct2020. 95 students and 6 staff members participated



## **Development of Sustainable Bioplastic products from Renewable Resources: Opportunities and Challenges**

Department of Microbiology conducted an international webinar on 18-Mar- 2021 through Google meet on the topic “Development of Sustainable Bioplastic products from Renewable Resources: Opportunities and Challenges” by Dr. Sudhakar Muniyasamy, Polymers and Composites CSIR Chemical Cluster, Centre for Scientific and Industrial Research (CSIR), Pretoria, South Africa. Totally 150 members participated and benefitted in this international webinar

## **Stem Cell Therapy In Covid 19: Present Or Future**

Department of Microbiology conducted a webinar on 08\_ Jun-2021 through Google meet on the topic “Webinar On Stem Cell Therapy In Covid 19: Present Or Future”. By Dr.D.Avinash Gand. Ph.D., PHRP, BIG AWARDEE, DBT-BIRAC, SCIENTIST, Mother Cell Regenerative Centre Pvt Ltd., Trichy, Totally 143 members participated and benefitted from the webinar

## **Cyber Security**

Department of Microbiology organized a webinar on the topic Cyber Security for the students of St. Mary's College on 27.7.2020. The resource person was Mr. Vinoth, Criminal Psychologist and Research Scholar, MSU. The session enlightened the students on how to keep themselves safe in the cyber world. The program received wide appreciation from the management as it was the need of the hour.

## **Job Acquiring Skills**

The Career Guidance and Placement Cell organised a One Day training programme on “Job Acquiring Skills” in collaboration with Don Bosco- Vazhikaatti, Career Guidance and Job Placement Centre, Trichy on 26.02.2021. Fr. Arul Anthony SDB, Director, Don Bosco Vazhikaatti, Fr. Joseph Arulraj, Administrator, Don Bosco- Vazhikaatti, Mr.Christhu Michael Raja, Co-Ordinator, Don Bosco- Vazhikaatti addressed the final year UG and PG students. They offered guidance to the students on interview techniques, resume writing, personality development and communication skills, Career Planning, Career Trends and Opportunities in the present times

## **Consumer Rights, Awareness, Protection and Women welfare**

The Consumer Club organized three days’ workshop on “Consumer Rights, Awareness, Protection and Women welfare” on July 09 to 11, 2020. The objectives of the workshop were to: acquaint the participants with the need and importance of consumer awareness, rights, protection and consumer welfare; enlighten the participants with consumer protection act and redressal mechanism available under the Act; critically analyse the effectiveness of consumer redressal forums in India and to analyse the role of civil society and curbing consumer exploitation. The Resource Persons are Dr Sachin Sabharwa, Associate Professor, Tecnia Institute of Advanced Studies, Delhi, Dr.Leena Jenefa, Associate Professor, Tecnia Institute of Advanced Studies, Delhi, Dr.D.Amutha, Associate Professor, Department of Economics, St.Mary’s College (Autonomous), Thoothukudi and Dr.Urvashi Sharma, Associate Professor, Department of Commerce, University of Delhi gave in-depth information and gave their condensed material related to their topics such as consumer rights, consumer awareness, consumer protection and women welfare. Around the average of 250 participants participated in the workshop daily which included academicians, research scholars, students, business people and house wife from different states of the country including Rajasthan, Uttarpradesh, Delhi, Telengana, Andra Pradesh, Karnataka, Puducherry, Maharashtra, Kerala and Tamilnadu and also International participants from Turkey, Republic of Maldivies, Malawi, Zambia, Malaysia, Thailand and Philippines. Participants from the state of Tamilnadu includes Chennai, Kancheepuram, Coimbatore, Trichy, Salem, Namakal, Madurai, Virudhunagar, Kanyakumari, Thoothukudi and from Tirunelveli district



## Consumer Protection and Consumerism in India

The Consumer Club organized a National Level Webinar on the topic “Consumer Protection and Consumerism in India” on 25th January 2021 at 3.00 pm. Dr. Shibu N.S., Head, PG & Research Centre of Management Studies, Bharathidasan University College, Perambalur has addressed the students about the importance and effects of consumerism in India. He insisted in his address that as consumers, we face enormous problems related to defective goods, service deficiency, food adulteration, spurious goods, hoarding, use of deceptive and fractional weights, late deliveries, variations in package contents, poor after-sales service, misleading advertising, hidden price components, price discrimination, etc. He expressed his opinion that it is the government's primary responsibility to protect consumers' rights and interests by formulating appropriate policies, laws and administrative frameworks. He concluded that the Consumer Protection Act is a compassionate social law that provides for consumer rights to be protected and consumer disputes to be resolved. 77 students and professors have attended this webinar.

## Free Medical Camp

The centre for Eco Feminine Excellence and NSS units of our college organised a free medical camp under the guidance of the principal Rev. Dr. Sr. A.S.J Lucia Rose on 8th March 2021. Keeping in mind the good health of the women during this pandemic period, the free medical checkup was conducted by Be-Well Hospital on the auspicious occasion of International Women’s Day on 8th March. The medical checkup included healthy devices like, General physical examination, Ophthalmologist consultation and BMI and Glucose checkup. The doctors who rendered their great service to the college were Dr.Rajesh from Agarwal hospital, Dr.Jeffie M.B.B.S, Dr.Shalini M.B.B.S accompanied by staff nurses and the manager and Marketing



executive of Be-Well hospital. All the second year UG students and staff members participated in this camp and benefited from the free medical services provided by the Be-Well hospital



### **Food Adulteration Techniques**

Health and Hygiene club in collaboration with Tamil Nadu Food Safety and Drug Administration Department organized a training programme on “Food Adulteration techniques” for the students of Health and Hygiene club. The programme started with prayer song. Mr. Sakthi murugan, Mr. P. Kalimuthu, Mr. K. Rajarajan and Mr.S. Ganesh ram from Tamil Nadu Food safety and Drug Administration Department explained various techniques to identify the food adulteration in dhal, pepper, oil, ghee, milk, chilly, coffee and tea powder. Students are actively participated and clarified their doubts.

### **Skin Care In Day To Day Life**

A guest lecture on skin care in day to day life was organized by the Department of Zoology on 10th January 2020 in the star hall as a part of the Star College Programme, sponsored by the DBT, New Delhi. Dr. Thadeus, Prof. and head of the Department of Dermatology, Thoothukudi. Medical college was the resource person. All the I, II and III UG students attended the lecture.

## **Laboratory Safety Measures**

A guest lecture on “Laboratory Safety Measures”, sponsored by Department of Biotechnology, Govt. of India, and New Delhi was organized by Marian Star Centre, Department of Chemistry for all the UG students on 18th February 2020 in the Fatima hall at 12 noon. Mr.D.C.Sathyanarayanan, Senior Executive, Safety Department, SPIC Pvt. Ltd. ,Thoothukudi, was the resource person.

## **Suicide Prevention**

On 12.09.2019, in association with the Counselling Forum, an Awareness program was organized for Suicide Prevention on the topic “ Nerkonda Paarvai” .International Speaker and Psycho Therapist Mr. Vasantha Kumar addressed the students on the value of life and how girls should courageously face life’s challenges and lead a successful life

## **Women Safety and Health Campaign: Crime Awareness and Prevention**

On 25.10.2019 Association Meeting was organised on the topic “Women Safety and Health Campaign: Crime Awareness and Prevention” Mr. Ramesh Kanna Ramar, Head, Criminology Department, Kamaraj College addressed the students and stressed the importance of women safety and also offered a list of helpline numbers that was of great use to the students.

## **Natural Benefits of medicinal plants**

The Department of Mathematics organised a Community Development(CDP) UBA programme on 10/08/2019 in Korampallam. The students of II. B. Sc. Mathematics visited the houses in Koramballam to implement the ideas of Water Conservation and Cleanliness among people. The students conducted tuitions to the school children. Ms. Lakshmi Priya of 90 II B.Sc Mathematics explained the Fundamentals of Mathematics by using various models. Ms. Keerthika of II B.Sc Mathematics explained about the nutritional facts. She taught about the fruits and the uses of Vitamins. Ms. Sini Divya of II B.Sc Mathematics insisted and demonstrated the preparation of Handworks using waste materials. Ms. Vinishno Angeline gave a talk about the Natural Benefits and the importance of medicinal plants and its medicinal values.



### Water Conservation and Plastic Free Village

The Department of Mathematics organised the CDP and UBA programme on 28/09/2019 at Korampallam on the topic “Water Conservation and Plastic Free Village” under Jal Sakthi Gram and Swachata Hi Sewa. Ms. Muthumari and Ms.Doni Limra of II B.Sc. Mathematics gave an awareness speech. The students performed Tableau and Awareness Song. To improve avoiding plastics, the students disposed plastics from the village and gave cloth bags to the people and insisted them to use it regularly. Also the students generated awareness through Rally



### Free Medical Camp

The Unnat Bharat Abiyan of Department of Mathematics, in collobration with Rajesh Thilak Multi Speciality Hospital and Vizhaivu Pookal Arakattalai organised a Free Medical Camp on 07/12/2019 in Vadakku Kalangarai, Korampallam Panchayat. Dr.Kulandai Therese inaugurated the medical camp. Dr.Rajesh Thilak consulted regarding the health of the people and gave medicine. He reported us that the children in Kalangarai are affected with malnutrition.



## Entrepreneurship Training on Palmleaf for Rural Women

The Department of Mathematics, St.Mary's College(Autonomous),Thoothukudi, and Unnat Bharat Abhiyan jointly organised Two weeks free training programme on the topic "Entrepreneurship Training on Palm leaf for Rural Women" in Korampallam, Thoothukudi district from 10/02/2020 to 21/02/2020 .Ms.X.Rajathi,M.D of Morning Star social and Educational trust is the trainer of the Programme.

## Digital Innovation - A Transformative tool for economic growth

On 04.10.2019, the Department of Commerce (SSC) conducted a National Conference on “Digital Innovation - A Transformative tool for economic growth”. Dr. Sudalai Muthu, Professor and Head, Department of Banking technology, Pondicherry inaugurated the conference. Dr. Roohi Kursheed Khan, Assistant Professor, School of Commerce and Management, Dayananda Sagar University, Bangalore gave a note on Digital HRM – Prospects and Challenges. Students and Research Scholars from various colleges presented their research papers. Selected journals were listed in UGC Care Listed journal. Dr. Ravi, Associate Professor of Management Studies, MS University, Tirunelveli, gave the valedictory address.



## **Legal Metrology Complaint Tracking System**

The Consumer Club Forum has organised an awareness programme on Legal Metrology Complaint Tracking System (LMCTS) APP, on 2nd March 2020. The resource persons were Mr.P.Suriyan, Assistant Inspector of Labour 1st Circle, Thoothukudi, Mrs. Syed Ali Fathima, Assistant Inspector of Labour, 2nd Circle Thoothukudi and Mrs.Hema, Assistant Inspector of Labour, 3rd circle Thoothukudi

## **Sexual Assault Prevention**

The Anti-sexual Harassment Cell of the College organised an awareness programme on 'Sexual Assault Prevention' on 08 July 2019 at 2.30 p.m. in the auditorium. Mr. Prakash, Deputy Superintendent of Police, Thoothukudi Town, addressed the first and second year students on the ways to oppose the sexual harassment and the supportive laws to prevent sexual abuse. He also revealed the latest technologies created for the security of women. Mrs.Muthulakshmi, Inspector, All Women Police station, Thoothukudi, explained the current issues against women with various examples from life. The Principal, Rev.Dr.Sr. A.S.J Lucia Rose and Dr. C. Shibana presided over the programme.



## **Laws for Women**

The Women's Cell, organized a meeting on 23 January 2020 at 2.30 pm. Advocate Ms. K. Paasamalar M.Phil., M.L., Guest Lecturer in Govindammal Adithanar College and



practising lawyer in Tirunelveli High Court was the Chief Guest. She delivered a speech on “Laws for Women” and oriented the students on many new laws useful for women. She also advocated the students to boldly face issues and challenges. The meeting was organised under the guidance of Dr.Stella Arputha Mary, Dr. Sudha and Ms. Aspin Chithra.



### **Ragging Cases in Legal Perspectives**

The Anti-Ragging Cell organised a meeting on 3 February 2020 at 2.30 pm. Mr Vijaya Sundar Senior Advocate and Legal Advisor, Thoothukudi delivered a lecture on “Ragging Cases in Legal Perspectives”. He quoted instances of ragging cases and the Supreme Court order on ragging acts. He stressed that ragging offence would come under IPC. He also highlighted that students indulged in ragging can be suspended or dismissed from the college 174 terminating their educational career. The meeting was organised under the guidance of Dr. S.Sudha Rani, Ms. S.M.Rojapoo, Ms. P. Anuradha and Ms. M.Reeda Albin Mary.

### **Prevention of Sexual Harassment of Women**

Anti-sexual harassment Cell organised an awareness programme on 'Prevention of sexual harassment of women' on 24 February. Mrs.V.Subashini B.A., B.L., Public Prosecutor, Mahila court, Thoothukudi addressed the first year students on how to oppose the sexual harassment and on the supportive laws to prevent sexual abuse. Students enquired the resource person about ways of approaching the authority and report the abuse. Dr.Sr.C.Shibana, Deputy Principal presided over the function. Dr. G. Priscilla, Ms. K.Saravana Devi and Ms Maria Nevis Jeyaseeli

organised the meeting and motivated the students to raise their voice boldly against any sort of abuse meted out by them.

### **Hazards of Using Cosmetics**

An orientation on “Hazards of Using Cosmetics” was organised on 9 March 2020 at 2.30 pm by the Human Rights Forum. Dr. Gopalakrishnan, Tirunelveli addressed the students on the chemical hazards present in cosmetics. Mrs. Rajam of OXI-9 presented the benefits of natural care. The meeting was organised under the guidance of Dr. S.Sudha Rani, Ms. S.M.Rojapoo, Ms. P. Anuradha and Ms. M.Reeda Albin Mary.

### **Safety Measures on Road**

The Road Safety Patrol conducted an awareness programme on 16th August 2019. The chief guest Mr. Arun IPS, Superintendent of Police, Thoothukudi gave a comprehensive overview on road safety and his speech toned in a manner that leads student to think and rethink to fix on them on the traffic rules and regulation to be strictly followed for the safety measures on road. The special guest Mr. Judson, Traffic Warden, Thoothukudi gave an awareness talk on laws relevant to road safety. He also insisted the students about the necessity of wearing seatbelts and helmet for safety and the most necessity of helping a life during accident. Over all his speech motivated the students to identify and fix with the significance of traffic rules and regulations.



## **First Aid During Accidents**

Youth Red Cross Society organized an awareness meeting on the title, “First Aid During Accidents” in the auditorium on 09th October 2019. Dr. S. Vaseekaran, Chairman IRCS, Tuticorin District was the resource person. He gave training on first aid to the students which save the precious life of a fellow being and reduce the accidental deaths



## **Legal rights to HIV and health related advocacy and partnership**

On 21st August 2019, Health and Hygiene club of our college has organized an Awareness Programme on “Legal rights to HIV and health related advocacy and partnership” to the faculty. Mr. Jeyaraj and his team addressed the faculty and explained the symptoms and control measures of TB and AIDS.

## **Coastal Cleanup**

On 16th September 2019, a coastal cleanup programme was organised in the Pearl City coastal area under the theme of Plastic Free Environment. The programme started with the rally which was flagged by our Principal Dr. A.S.J. Lucia Rose and reached the beach after which students collected the wastes and segregated them into biodegradable and non biodegradable wastes in separate baskets. The students were provided with pamphlets with environment related slogans. Students actively participated in the rally as well as the cleanup programme

## **Dengue and its control**

On 24th October 2019, The Eco Feminine Excellence club along with the Thoothukudi Corporation created an awareness programme on Dengue and its control. The director of the 187 club Dr. M. Glory, Head and Associate Professor of Botany presided over the programme. The doctors clearly explained about the cause and preventive measures of Dengue.

## **Tree Plantation**

To emphasize the need of tree plantation, many saplings were planted in the college under the guidance of the District Revenue Officer and the principal of the college.



## **Eye Donation**

To impart the significance of eye donation and its usefulness to the visually impaired people, an eye donation awareness camp along with the Lions club of Sivakasi Cracker City and the Lions club of Tuticorin Centennial was organized on 19 August 2019.



## **Blood Donation Camp**

In order to rejuvenate the life of the sick and the dying people, a blood donation awareness programme was organized on 24 February 2020. Mr.Ajeez, Treasurer of District Blood Donation Association and Anbu Manidham Trust was the resource person who addressed the students on the need to donate blood and revived the spirit of the volunteers to help the needy

**2018-2019**

## **World Suicide Prevention Day**

In view of the “World Suicide Prevention Day” on 18 September 2018 an awareness programme to develop positivity among the students was conducted. The chief guest Inspector, Padmakumari, Alwarthirunagairi addressed the III UG & II PG students on the causes and the after effects of committing suicide which the youth usually don't think of.

## **Digital Literacy and Online Safety**

On 12 December 2018 a seminar was conducted on the topic 'Digital Literacy and Online Safety'. Ms. Janice Verguesse., Lawyer and Social activist, Delhi was the resource person

## **Adverse Effects of Plastics**

On 10 Dec. 2018, NSS with Eco-feminine cell organized an awareness programme on the “Adverse Effects of Plastics”. Dr. John Prince, Associate Professor of Physics, V.O.C. College, Thoothukudi, highlighted the hazards of plastic to human beings as well as to the environment

## **Cancer Awareness programme**

On 7 February 2019, NSS units with Health and Hygiene club organized a “Cancer Awareness” programme. Dr. R. Sinthiya Saroja of Nellai Cancer Care Centre addressed the students on reduction of life style diseases through healthy living and made the students aware of the symptoms of cancer, early diagnosis and its treatment



## **Legal rights of Women in India**

In connection with International Women's Day, a legal awareness programme was arranged on 7 March 2019. Ms. Snabaga Sheela, Advocate of Thoothukudi District Court, addressed the students on Legal rights of Women in India

## **HIV, TB and Blood donation**

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### **Consumer Protection Rights**

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## **Zero Tolerance for Ragging and Ragging Free Zone**

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The Scribes Forum renders valuable services to the visually challenged school students to write their examinations. The details of the examination and the required number of scribes are conveyed to the coordinator of the Scribes Forum by the Headmaster of Caldwell Higher Secondary School, Thoothukudi. The students were allowed to serve as scribes and a register duly signed by Rev. Sr. Principal is maintained

## **Intellectual Property Rights**

A webinar on “Intellectual Property Rights” was organized by the Department of Zoology, St. Mary’s College (Autonomous), Thoothukudi on 18th February 2021 through virtual platform. Dr. Balaji Devarajan, Head, Center for IPR, KPR Institute of Engineering and Technology Coimbatore was the resource person. Staff members and students from star departments (108) and from other departments (108) participated in the webinar

## **Challenges for Gen-Next Scientists**

An invited lecture on “Challenges for Gen-Next Scientists” was organised on 1st March 2021 by the Department of Physics, St. Mary’s College (Autonomous), Thoothukudi as a part of the Star College Scheme sponsored by the DBT, New Delhi. Dr. J. Daniel Chellappa,

Eminent Nuclear Scientist, Chennai was the resource person. 350 participants from St. Mary's College and 25 participants from Pune and Punjab participated actively and enthusiastically

### **Integration of Science and Humanities in Bio-Diversity Conservation**

School of Biological Sciences in collaboration with PG and Research Department of Commerce, St. Mary's College (Autonomous), Thoothukudi, along with PG and Research Department of Commerce, Rani Anna Government College for Women, Tirunelveli organized an International Virtual Conference on Inter-Disciplinary Research Perspectives: Integration of Science and Humanities in Bio-Diversity Conservation on 24th April 2021 sponsored by the Department of Biotechnology, Ministry of Science and Technology, Government of India, New Delhi. Eminent Scientist Dr. Fr. Ignacimuthu S.J. World Top One Percent Scientist, Director, Xavier Research Foundation, St. Xavier's College discussed about the Role of Agriculture on Bio-diversity. Dr. Ramasamy Rajesh Kumar, Research Scientist, Institute of Nuclear Agricultural Sciences, College of Agriculture and Biotechnology, Zhejiang University, China PR, delivered a talk on Role of Biodiversity on Human Health, Economy and Wellbeing. The webinar was organised in Zoom platform and streamed in YouTube around 500 participants participated and benefitted from throughout India

### **What next?**

Students, when they graduate, always have this question in mind – “What next?” To remove that fear and create confidence among the students of the Psychology Department, this start up program was organized by the Psychology department in association with IIC ON 12.3.2021 at 2.30pm to help them gain an idea as to what they can do to earn a living after graduation and become economically independent. The resource person was Dr. P. Thamilselvan, Asst. Prof., Department of Psychology, PSGCAS who is also a registered Clinical Psychologist in Coimbatore. He enlightened the students on the various opportunities that are available to them and he also suggested methods to get themselves ready which was very useful to the students. The students made the best use of the opportunity by raising a lot of questions and clarifying their doubts. On the whole, it was an interactive and lively session

## **Problem Solving and Ideation**

As part of the Institution's Innovation Cell, the Department of Psychology organized a Webinar on the Topic "Problem Solving and Ideation" on 17.12.2020 for the students of the Psychology Department. Ms.Asha C, Students' Counsellor, Sadakathullah Appa College, Tirunelveli was the resource person. The meeting was an interactive session where problem solving methods and ideation methods were constructively discussed.

## **Design Thinking**

The Institution's Innovation Council and The Department of Physics, St.Mary's College (Autonomous), Thoothukudi organized an innovative talk on the topic, 'DESIGN THINKING' on 23rd December 2020 through Google platform at 3pm. Dr. K. Mohanraj, Assistant Professor and IIC President of Manonmaniam Sundaranar University, Tirunelveli was the guest speaker. Around 91 students, both UG and PG and 10 faculty members were benefited by this programme. The Students came to know about Design thinking, which is an iterative process which seeks to understand the user, the challenges faced by the user and the ways to redefine the problem. It provided a solution based approach to solve problems. It paved way for the students to think and work on the basis of hands-on-methods .Students also came to know the latest advancements in the generation of Solar Cells, Single Junction Silicon cells, Thin Film Cells and Multi Junction Cells and their efficiencies

## **Support of Microbes for Successful Regeneration of Earthworms**

Department of Microbiology organised an association meeting on "Support Of Microbes For Successful Regeneration Of Earthworms" by Dr.S.Sudhakar, Professor, Department of Biotechnology, Manonmaniam Sundaranar University, Tirunelveli on 14-Oct2020. 95 students and 6 staff members participated



## **Development of Sustainable Bioplastic products from Renewable Resources: Opportunities and Challenges**

Department of Microbiology conducted an International webinar on 18-Mar- 2021 through Google meet on the topic “Development of Sustainable Bioplastic products from Renewable Resources: Opportunities and Challenges” by Dr. Sudhakar Muniyasamy, Polymers and Composites CSIR Chemical Cluster, Centre for Scientific and Industrial Research (CSIR), Pretoria, South Africa. Totally 150 members participated and benefitted in this international webinar

## **Stem Cell Therapy In Covid 19: Present Or Future**

Department of Microbiology conducted a webinar on 08\_ Jun-2021 through Google meet on the topic “Webinar On Stem Cell Therapy In Covid 19: Present Or Future”. By Dr.D.Avinash Gand. Ph.D., PHRP, BIG AWARDEE, DBT-BIRAC, SCIENTIST, Mother Cell Regenerative Centre Pvt Ltd., Trichy, Totally 143 members participated and benefitted from the webinar

## **Cyber Security**

Department of Microbiology organized a webinar on the topic Cyber Security for the students of St. Mary's College on 27.7.2020. The resource person was Mr. Vinoth, Criminal Psychologist and Research Scholar, MSU. The session enlightened the students on how to keep themselves safe in the cyber world. The program received wide appreciation from the management as it was the need of the hour.

## **Job Acquiring Skills**

The Career Guidance and Placement Cell organised a One Day training programme on “Job Acquiring Skills” in collaboration with Don Bosco- Vazhikaatti, Career Guidance and Job Placement Centre, Trichy on 26.02.2021. Fr. Arul Anthony SDB, Director, Don Bosco Vazhikaatti, Fr. Joseph Arulraj, Administrator, Don Bosco- Vazhikaatti, Mr.Christhu Michael Raja, Co-Ordinator, Don Bosco- Vazhikaatti addressed the final year UG and PG students. They offered guidance to the students on interview techniques, resume writing, personality



development and communication skills, Career Planning, Career Trends and Opportunities in the present times

### **Consumer Rights, Awareness, Protection and Women welfare**

The Consumer Club organized three days' workshop on "Consumer Rights, Awareness, Protection and Women welfare" on July 09 to 11, 2020. The objectives of the workshop were to: acquaint the participants with the need and importance of consumer awareness, rights, protection and consumer welfare; enlighten the participants with consumer protection act and redressal mechanism available under the Act; critically analyse the effectiveness of consumer redressal forums in India and to analyse the role of civil society and curbing consumer exploitation. The Resource Persons are Dr Sachin Sabharwa, Associate Professor, Tecnia Institute of Advanced Studies, Delhi, Dr. Leena Jenefa, Associate Professor, Tecnia Institute of Advanced Studies, Delhi, Dr. D. Amutha, Associate Professor, Department of Economics, St. Mary's College (Autonomous), Thoothukudi and Dr. Urvashi Sharma, Associate Professor, Department of Commerce, University of Delhi gave in-depth information and gave their condensed material related to their topics such as consumer rights, consumer awareness, consumer protection and women welfare. Around the average of 250 participants participated in the workshop daily which included academicians, research scholars, students, business people and house wife from different states of the country including Rajasthan, Uttarpradesh, Delhi, Telengana, Andhra Pradesh, Karnataka, Puducherry, Maharashtra, Kerala and Tamilnadu and also International participants from Turkey, Republic of Maldives, Malawi, Zambia, Malaysia, Thailand and Philippines. Participants from the state of Tamilnadu includes Chennai, Kancheepuram, Coimbatore, Trichy, Salem, Namakkal, Madurai, Virudhunagar, Kanyakumari, Thoothukudi and from Tirunelveli district



## **Consumer Protection and Consumerism in India**

The Consumer Club organized a National Level Webinar on the topic “Consumer Protection and Consumerism in India” on 25th January 2021 at 3.00 pm. Dr. Shibu N.S., Head, PG & Research Centre of Management Studies, Bharathidasan University College, Perambalur has addressed the students about the importance and effects of consumerism in India. He insisted in his address that as consumers, we face enormous problems related to defective goods, service deficiency, food adulteration, spurious goods, hoarding, use of deceptive and fractional weights, late deliveries, variations in package contents, poor after-sales service, misleading advertising, hidden price components, price discrimination, etc. He expressed his opinion that it is the government's primary responsibility to protect consumers' rights and interests by formulating appropriate policies, laws and administrative frameworks. He concluded that the Consumer Protection Act is a compassionate social law that provides for consumer rights to be protected and consumer disputes to be resolved. 77 students and professors have attended this webinar.

## **Free Medical Camp**

The centre for Eco Feminine Excellence and NSS units of our college organised a free medical camp under the guidance of the principal Rev. Dr. Sr. A.S.J Lucia Rose on 8th March 2021. Keeping in mind the good health of the women during this pandemic period, the free medical checkup was conducted by Be-Well Hospital on the auspicious occasion of International Women's Day on 8th March. The medical checkup included healthy devices like, General physical examination, Ophthalmologist consultation and BMI and Glucose checkup. The doctors who rendered their great service to the college were Dr.Rajesh from Agarwal hospital, Dr.Jeffie M.B.B.S, Dr.Shalini M.B.B.S accompanied by staff nurses and the manager and Marketing executive of Be-Well hospital. All the second year UG students and staff members participated in this camp and benefited from the free medical services provided by the Be-Well hospital



### **Food Adulteration Techniques**

Health and Hygiene club in collaboration with Tamil Nadu Food Safety and Drug Administration Department organized a training programme on “Food Adulteration techniques” for the students of Health and Hygiene club. The programme started with prayer song. Mr. Sakthi murugan, Mr. P. Kalimuthu, Mr. K. Rajarajan and Mr.S. Ganesh ram from Tamil Nadu Food safety and Drug Administration Department explained various techniques to identify the food adulteration in dhal, pepper, oil, ghee, milk, chilly, coffee and tea powder. Students are actively participated and clarified their doubts.

### **Skin Care In Day To Day Life**

A guest lecture on skin care in day to day life was organized by the Department of Zoology on 10th January 2020 in the star hall as a part of the Star College Programme, sponsored by the DBT, New Delhi. Dr. Thadeus, Prof. and head of the Department of Dermatology, Thoothukudi. Medical college was the resource person. All the I, II and III UG students attended the lecture.

### **Laboratory Safety Measures**

A guest lecture on “Laboratory Safety Measures”, sponsored by Department of Biotechnology, Govt. of India, and New Delhi was organized by Marian Star Centre, Department of Chemistry for all the UG students on 18th February 2020 in the Fatima hall at 12 noon. Mr.D.C.Sathyanarayanan, Senior Executive, Safety Department, SPIC Pvt. Ltd. ,Thoothukudi, was the resource person.

### **Suicide Prevention**

On 12.09.2019, in association with the Counselling Forum, an Awareness program was organized for Suicide Prevention on the topic “ Nerkonda Paarvai” .International Speaker and Psycho Therapist Mr. Vasantha Kumar addressed the students on the value of life and how girls should courageously face life’s challenges and lead a successful life

### **Women Safety and Health Campaign: Crime Awareness and Prevention**

On 25.10.2019 Association Meeting was organised on the topic “ Women Safety and Health Campaign: Crime Awareness and Prevention” Mr. Ramesh Kanna Ramar, Head, Criminology Department, Kamaraj College addressed the students and stressed the importance of women safety and also offered a list of helpline numbers that was of great use to the students.

### **Natural Benefits of medicinal plants**

The Department of Mathematics organised a Community Development (CDP) UBA programme on 10/08/2019 in Korampallam. The students of II. B. Sc. Mathematics visited the houses in Koramballam to implement the ideas of Water Conservation and Cleanliness among people. The students conducted tuitions to the school children. Ms. Lakshmi Priya of 90 II B.Sc Mathematics explained the Fundamentals of Mathematics by using various models. Ms. Keerthika of II B.Sc Mathematics explained about the nutritional facts. She taught about the fruits and the uses of Vitamins. Ms. Sini Divya of II B.Sc Mathematics insisted and demonstrated the preparation of Handworks using waste materials. Ms. Vinishno Angeline gave a talk about the Natural Benefits and the importance of medicinal plants and its medicinal values.



## Water Conservation and Plastic Free Village

The Department of Mathematics organised the CDP and UBA programme on 28/09/2019 at Korampallam on the topic “Water Conservation and Plastic Free Village” under Jal Sakthi Gram and Swachata Hi Sewa. Ms. Muthumari and Ms.Doni Limra of II B.Sc. Mathematics gave an awareness speech. The students performed Tableau and Awareness Song. To improve avoiding plastics, the students disposed plastics from the village and gave cloth bags to the people and insisted them to use it regularly. Also the students generated awareness through Rally



## Free Medical Camp

The Unnat Bharat Abiyan of Department of Mathematics, in collaboration with Rajesh Thilak Multi Speciality Hospital and Vizhaivu Pookal Arakattalai organised a Free Medical Camp on 07/12/2019 in Vadakku Kalangarai, Korampallam Panchayat. Dr.Kulandai Therese inaugurated the medical camp. Dr.Rajesh Thilak consulted regarding the health of the people and gave medicine. He reported us that the children in Kalangarai are affected with malnutrition.



## **Entrepreneurship Training on Palmleaf for Rural Women**

The Department of Mathematics, St.Mary's College(Autonomous),Thoothukudi, and Unnat Bharat Abhiyan jointly organised Two weeks free training programme on the topic "Entrepreneurship Training on Palmleaf for Rural Women" in Korampallam, Thoothukudi district from 10/02/2020 to 21/02/2020 .Ms.X.Rajathi, M.D of Morning Star social and Educational trust is the trainer of the Programme.

## **Digital Innovation - A Transformative tool for economic growth**

On 04.10.2019, the Department of Commerce (SSC) conducted a National Conference on “Digital Innovation - A Transformative tool for economic growth”. Dr. Sudalai Muthu, Professor and Head, Department of Banking technology, Pondicherry inaugurated the conference. Dr. Roohi Kursheed Khan, Assistant Professor, School of Commerce and Management, Dayananda Sagar University, Bangalore gave a note on Digital HRM – Prospects and Challenges. Students and Research Scholars from various colleges presented their research papers. Selected journals were listed in UGC Care Listed journal. Dr. Ravi, Associate Professor of Management Studies, MS University, Tirunelveli, gave the valedictory address.



## **Legal Metrology Complaint Tracking System**

The Consumer Club Forum has organised an awareness programme on Legal Metrology Complaint Tracking System (LMCTS) APP, on 2nd March 2020. The resource persons were Mr.P.Suriyan, Assistant Inspector of Labour 1st Circle, Thoothukudi, Mrs. Syed Ali Fathima, Assistant Inspector of Labour, 2nd Circle Thoothukudi and Mrs.Hema, Assistant Inspector of Labour, 3rd circle Thoothukudi



## **Sexual Assault Prevention**

The Anti-sexual Harassment Cell of the College organised an awareness programme on 'Sexual Assault Prevention' on 08 July 2019 at 2.30 p.m. in the auditorium. Mr. Prakash, Deputy Superintendent of Police, Thoothukudi Town, addressed the first and second year students on the ways to oppose the sexual harassment and the supportive laws to prevent sexual abuse. He also revealed the latest technologies created for the security of women. Mrs.Muthulakshmi, Inspector, All Women Police station, Thoothukudi, explained the current issues against women with various examples from life. The Principal, Rev.Dr.Sr. A.S.J Lucia Rose and Dr. C. Shibana presided over the programme.



## **Laws for Women**

The Women's Cell, organized a meeting on 23 January 2020 at 2.30 pm. Advocate Ms. K. Paasamalar M.Phil., M.L., Guest Lecturer in Govindammal Adithanar College and practising lawyer in Tirunelveli High Court was the Chief Guest. She delivered a speech on "Laws for Women" and oriented the students on many new laws useful for women. She also advocated the students to boldly face issues and challenges. The meeting was organised under the guidance of Dr.Stella Arputha Mary, Dr. Sudha and Ms. Aspin Chithra.



### **Ragging Cases in Legal Perspectives**

The Anti-Ragging Cell organised a meeting on 3 February 2020 at 2.30 pm. Mr Vijaya Sundar Senior Advocate and Legal Advisor, Thoothukudi delivered a lecture on “Ragging Cases in Legal Perspectives”. He quoted instances of ragging cases and the Supreme Court order on ragging acts. He stressed that ragging offence would come under IPC. He also highlighted that students indulged in ragging can be suspended or dismissed from the college 174 terminating their educational career. The meeting was organised under the guidance of Dr. S.Sudha Rani, Ms. S.M.Rojapoo, Ms. P. Anuradha and Ms. M.Reeda Albin Mary.

### **Prevention of Sexual Harassment of Women**

Anti-sexual harassment Cell organised an awareness programme on 'Prevention of sexual harassment of women' on 24 February. Mrs.V.Subashini B.A., B.L., Public Prosecutor, Mahila court, Thoothukudi addressed the first year students on how to oppose the sexual harassment and on the supportive laws to prevent sexual abuse. Students enquired the resource person about ways of approaching the authority and report the abuse. Dr.Sr.C.Shibana, Deputy Principal presided over the function. Dr. G. Priscilla, Ms. K.Saravana Devi and Ms Maria Nevis Jeyaseeli organised the meeting and motivated the students to raise their voice boldly against any sort of abuse meted out by them.

### **Hazards of Using Cosmetics**

An orientation on “Hazards of Using Cosmetics” was organised on 9 March 2020 at 2.30 pm by the Human Rights Forum. Dr. Gopalakrishnan, Tirunelveli addressed the students on the chemical hazards present in cosmetics. Mrs. Rajam of OXI-9 presented the benefits of natural

care. The meeting was organised under the guidance of Dr. S.Sudha Rani, Ms. S.M.Rojapoo, Ms. P. Anuradha and Ms. M.Reeda Albin Mary.

### **Safety Measures on Road**

The Road Safety Patrol conducted an awareness programme on 16th August 2019. The chief guest Mr. Arun IPS, Superintendent of Police, Thoothukudi gave a comprehensive overview on road safety and his speech toned in a manner that leads student to think and rethink to fix on them on the traffic rules and regulation to be strictly followed for the safety measures on road. The special guest Mr. Judson, Traffic Warden, Thoothukudi gave an awareness talk on laws relevant to road safety. He also insisted the students about the necessity of wearing seatbelts and helmet for safety and the most necessity of helping a life during accident. Over all his speech motivated the students to identify and fix with the significance of traffic rules and regulations.



### **First Aid During Accidents**

Youth Red Cross Society organized an awareness meeting on the title, “First Aid During Accidents” in the auditorium on 09th October 2019. Dr. S. Vasekaran, Chairman IRCS, Tuticorin District was the resource person. He gave training on first aid to the students which save the precious life of a fellow being and reduce the accidental deaths



### **Legal rights to HIV and health related advocacy and partnership**

On 21st August 2019, Health and Hygiene club of our college has organized an Awareness Programme on “Legal rights to HIV and health related advocacy and partnership” to the faculty. Mr. Jeyaraj and his team addressed the faculty and explained the symptoms and control measures of TB and AIDS.

### **Coastal Cleanup**

On 16th September 2019, a coastal cleanup programme was organised in the Pearl City coastal area under the theme of Plastic Free Environment. The programme started with the rally which was flagged by our Principal Dr. A.S.J. Lucia Rose and reached the beach after which students collected the wastes and segregated them into biodegradable and non biodegradable wastes in separate baskets. The students were provided with pamphlets with environment related slogans. Students actively participated in the rally as well as the cleanup programme

### **Dengue and its control**

On 24th October 2019, The Eco Feminine Excellence club along with the Thoothukudi Corporation created an awareness programme on Dengue and its control. The director of the 187 club Dr. M. Glory, Head and Associate Professor of Botany presided over the programme. The doctors clearly explained about the cause and preventive measures of Dengue.

### **Tree Plantation**

To emphasize the need of tree plantation, many saplings were planted in the college under the guidance of the District Revenue Officer and the principal of the college.



## Eye Donation

To impart the significance of eye donation and its usefulness to the visually impaired people, an eye donation awareness camp along with the Lions club of Sivakasi Cracker City and the Lions club of Tuticorin Centennial was organized on 19 August 2019.



## Blood Donation Camp

In order to rejuvenate the life of the sick and the dying people, a blood donation awareness programme was organized on 24 February 2020. Mr. Ajeez, Treasurer of District Blood Donation Association and Anbu Manidham Trust was the resource person who addressed the students on the need to donate blood and revived the spirit of the volunteers to help the needy.

## **2018-2019**

### **World Suicide Prevention Day**

In view of the “World Suicide Prevention Day” on 18 September 2018 an awareness programme to develop positivity among the students was conducted. The chief guest Inspector, Padmakumari, Alwarthirunagairi addressed the III UG & II PG students on the causes and the after effects of committing suicide which the youth usually don't think of.

### **Digital Literacy and Online Safety**

On 12 December 2018 a seminar was conducted on the topic 'Digital Literacy and Online Safety'. Ms. Janice Verguesse., Lawyer and Social activist, Delhi was the resource person

### **Adverse Effects of Plastics**

On 10 Dec. 2018, NSS with Eco-feminine cell organized an awareness programme on the “Adverse Effects of Plastics”. Dr. John Prince, Associate Professor of Physics, V.O.C. College, Thoothukudi, highlighted the hazards of plastic to human beings as well as to the environment

### **Cancer Awareness programme**

On 7 February 2019, NSS units with Health and Hygiene club organized a “Cancer Awareness” programme. Dr. R. Sinthiya Saroja of Nellai Cancer Care Centre addressed the students on reduction of life style diseases through healthy living and made the students aware of the symptoms of cancer, early diagnosis and its treatment

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