



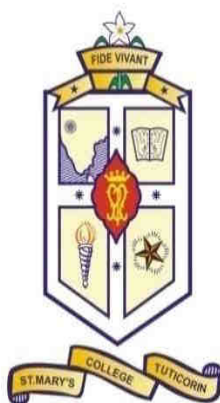
**UNNAT BHARAT ABHIYAN**  
**ST. MARY'S COLLEGE(AUTONOMOUS)**

**104, NORTH BEACH ROAD**

**THOOTHUKUDI - 628001**



[www.stmaryscollege.edu.in](http://www.stmaryscollege.edu.in)



**AISHE Code:C-41151**

**Registered as Participating Institute in UBA : 19<sup>th</sup> September 2018**

**(One year is completed as UBA Participating Institute)**

**UBA Report**

**( September 2018 – December 2019)**

**Submitted by**

**Dr.S.Kulandai Therese**

**UBA Co-ordinator**

**St.Mary's College (Autonomous)**

**Thoothukudi – 628 001**

**Tamil Nadu, India**

## **Brief Report**

Greetings from St.Mary's College, Thoothukudi, Tamil Nadu! I am Dr. Sr. Kulandai Therese, Director of Unnat Bharat Abhiyan. Here is a brief report of the rural development programme our institution engages for the empowerment of women. St. Mary's College was registered as Participating Institute in UnnatBharat Abhiyan on 19<sup>th</sup> September 2018. The Unnat Bharat Abhiyan of our institution concentrates on the upliftment of the rural people socially and economically in the adopted villages of Korampallam, Maravanmadam, Palayakayal, Servaikaranmadam and Tharuvaikulam. About 928 students and 22 faculty actively involve themselves to process the development measures.

I would like to highlight the key progressive work we undertook in the rural areas and the benefits that followed.

- At Anthoniarpuram, in Korampallam village, with a population of 1190 people we offered training in palm leaf craft and product making to the women. We have also helped them to start units of their own.
- In Servaikaranmadam, there are about 222 people who are economically backward. We provided tailoring machines and started three months training programme there. This has given them confidence to meet their financial requirements.
- Tharuvaikulam is a socially backward area. We oriented the people on roof and home gardening, and also created provisions in 10 houses. It was heartening to note that they have cultivated and reaped the benefits of their first harvest.
- In Tharuvaikulam, we started tailoring. We are about to initiate and jute bag making and napkin making too. We consciously create and promote eco-friendly products.
- In Palayakayal we initiated the programmes on water harvesting, roof garden making, cloth bag distribution and spoken English training to village students.
- Pond cleaning in Tharuvaikulam and environment cleaning in other areas has helped a lot as the villages faced heavy rains.

All these productive undertakings were done after convening the Grama sabha meeting and consulting with the members, about the needs of the village people.

Apart from these we offered 66 total number of programmes in the past one year.

- Preparation of Handworks using Waste Materials, paper bag making, soap making and Vermicompost
- Providing psycho-social inputs with therapies like Laughter, Clapping and Body-Movement Therapies
- Health awareness on the importance of Medicinal Plants and eradication of Dengue.
- Academic enlightenment given to young students by tutoring, spoken English and eradicating Math Phobia.
- Eco-consciousness promoted with Water Conservation, Area Cleaning, Seeds Distribution, anti Plastic awareness campaigns and Digital Awareness programmes.

To conclude, I would like to affirm that by these progressive measures we empower the rural poor, particularly women by enhancing their skills to have an earning of their own. We try to empower families and thereby villages as a whole socially and economically by giving ample importance to environmental conservation. We act as a bridge by bringing the needs of village people to the authorities, particularly the District Collector. Students disseminate their skills to the deserving people for bringing a social change, to empower the needy, to enhance their skills and to make them earn for themselves so as to make them economically independent.

## UBA DETAIL REPORT

**No. of students involved:** 527 Regular stream

401 Self Supporting Stream

**No. of Staff Involved:** 22

**September 2018 – March 2019**

Village Adopted	Department
Korampallam	Mathematics (Regular)
	Physics
Maravanmadam	Economics
Palayakayal	Mathematics (SSC)
Servaikaranmadam	Botany
Tharuvaikulam	English (Regular& SSC) Computer Science, History

Village Adopted		UBA Activities	Date
Korampallam	1	Plastic Awareness Programme through Human Chain	27.10.2018
	2	Tree Plantation near village pond	26.01.2019
	3	Village and Household survey	02.02.2019
	4	Voting Awareness Programme	16.03.2019
Maravanmadam	5	Socio-Economic Survey	13.12.2018
	6	Village Survey	14.12.2018
	7	Tree Plantation	26.01.2019
	8	Gram Sabha	02.02.2019
	9	Election Awareness Campaign	16.03.2019
Palayakayal	10	Awareness of Postal Banking	29.09.2018
	11	Household survey	08.12.2018
	12	Anti-Plastic Awareness Campaign	02.02.2019
	13	Computer literacy programme and	09.02.2019

		Spoken English class	
Tharuvaikulam	14	House Wise Anti-Plastic Awareness Campaign	27.10.2018
	15	Household survey	08.12.2018
	16	Household survey	26.01.2019
	17	Household survey	02.02.2019
	18	Voting Awareness Programme	16.03.2019
Servaikaranmadam	19	Socio-Economic Survey	29.09.2018
	20	Anti-Plastic Awareness Campaign	27.10.2018
	21	Sapling planting programme	08.08.2018
	22	Awareness on environmental conservation	26.01.2019
	23	Training Programme on Mushroom Cultivation	02.02.2019
	24	Voting Awareness Programme	16.03.2019

### UBA in Korampallam

#### PLASTIC AWARENESS – 27.09.2018

The Department of Physics visited Koramballam village on 27<sup>th</sup> October 2018 and conducted a Plastic Awareness Programme through Human Chain. The second visit to Koramballam



was made on 26<sup>th</sup> January 2019. Trees were planted, celebrated Republic Day on the topic Patriotism and the family survey was taken. On 2<sup>nd</sup> February 2019 the students visited the houses and completed the survey. On 16<sup>th</sup> March 2019 voting



awareness programme was organized.

## **TREE PLANTING**

On 26.01.2019, UBA programme was conducted in Korampallam. The students participated in tree planting programme in collaboration with “WE CAN TRUST” social welfare organisation. Later, the students joined the Republic Day celebration with students of T.D.T.A Perinbam Ammal Middle School, Korampallam. The special programmes like Patriotic song, Awareness dance regarding ‘Agriculture’, a thought provoking talk about ‘Republic day’ was performed by the students. Finally, students visited around 61 houses and survey was taken.



## **SOCIAL SURVEY**

On 02.02.2019, students visited around houses, and collected the information about economical, social status of people. They identified their problems such as water scarcity, unclean drainage and lacking of waste disposal.



## **VOTING AWARENESS**



On 16.03.2019, students visited the various streets of Korampallam and created awareness about voting. Several slogans were recited by the students to create awareness about voting. Students insisted the people not to get bribed by any political parties.

## **UBA in Maravanmadam**

### **SOCIAL SURVEY**

The Department of Economics conducted a social survey on 13.12.2018. Data was collected from nearly 200 households and feedback about the various problems of the villagers was collected. 53 students from II B.A. Economics conducted the survey. This survey was conducted as part of Unnat Bharat Abhiyan Scheme. The village members enthusiastically participated in the survey and held their helping hands. The next visit was held on



14.12.2018. All the household survey forms including the village survey form were filled thereby.

On 21.12.2018, Christmas day celebration was carried on at Maravanmadam Church for the



people there. Fr. Albene Leo, Parish Priest, Anthoniar Puram delivered the Christmas message to the people. Our students entertained the people there with their cultural. Games were conducted for the children and the celebration ended with the distribution of cakes to the people. During the next visit, on the Republic Day (26.01.2019) tree plantation was carried out with the help of “We Can Trust”

and “Venus Water Heaters”. The saplings were planted near the church and Village Administrative Office. Problems of the people were discussed during the visit on 2.2.2019. People expressed their difficulties of not having proper infrastructure facilities like not having proper road facility, hospitals and banks in the village. During the last visit on 16.03.2019, election awareness campaign was conducted in the village. Students explained the importance and need for voting in a democratic country.



### **UBA in Palayakayal**

#### **AWARENESS ON POSTAL BANKING**



On 29<sup>th</sup> Sep 2018 the staff and the students of II B.Sc Mathematics arranged a programme on awareness of postal banking with the help of the postal department of Thoothukudi and with the support of the village people and the Parish Priest of Palayakayal. The programme started with the prayer song, welcome address and awareness song on saving and a detailed talk on the schemes of the postal banking and the meeting came to

an end with the vote of thanks.



## SOCIAL SURVEY AND RALLY

On 8<sup>th</sup> December 2018, the students surveyed the local residents of Palayakayal.



On 2<sup>nd</sup> February 2019, our students organized a rally to plastic and spread the awareness about the harmful effects of plastic.



ban

## COMPUTER LITERACY AND SPOKEN ENGLISH PROGRAMME

On 9<sup>th</sup> February 2019, students organized a computer



literacy programme and spoken English class for the middle school students in the school campus of Palayakayal. Students were benefitted by it and found the programme useful.



## UBA inTharuvaikulam

### AWARENESS ON AVOIDING PLASTICS

On 27.10.2018 the second year B.Sc. Computer Science students visited the adopted village



Tharuvaikulam. Awareness to avoid plastics was given through cultural programs based on the theme “No Plastics”.. The Parish Priest Rev. Fr. Edward made all the necessary arrangements to conduct the awareness programme. Around 150 people



assembled in front of the church.



## **SOCIAL SURVEY**

On 08.12.18 Computer Science students made a second visit to the Tharuvaikulam village. A



survey was conducted. The students visited various houses in the village and interacted with the village people regarding their poverty status, household information, migration status, family members information etc. which was asked in the survey form.

On 26.01.2019 44 second year, B.Sc. Computer Science

students along with staff members M. JothiMani and J. AnilaMaily visited Tharuvaikulam. The agenda of the visit was to do the household survey in the village. Students were distributed the needed forms and were instructed to continue the survey and fill in the forms. The students also gave awareness about the environmental issues and to save



water, to the family members. Three hundred and sixty six houses were visited by our students. The Village people co-operated well. All the students enthusiastically completed the agenda.



On 2.02. 2019 45 second year, B.Sc. Computer Science students along with staff members S.Gnanathangam and Sr. A. Sahaya Mercy. The students group met various houses in this village and made a conversation with that village people regarding their economical status, household information, migration status, family members

information etc, to complete the survey form. The students noted all the information in that form.

## **AWARENESS ON VOTING RIGHTS**

On 16.03.2019, 42 second year, B.Sc. Computer Science students along with staff members J. AnilaMaily and Sr. A. Sahaya Mercy reached the adopted village Tharuvaikulam. The agenda of the visit was to do create an awareness about voting rights in the democracy. The students paraded



around the bus stand area in the village and raised slogans, “Use Voting Rights without fail”, “Not to sell votes for cash” and “To use the voting rights in a just manner”. The students then visited individual houses and created awareness about the voting rights to the family members. The students requested all the eligible voting members to cast their vote on the election day. They also explained what identity proof they should carry to exercise their vote. Nearly three hundred and fifty houses were visited by the students.

### **UBA in Tharuvaikulam**

#### **SOCIO-ECONOMIC SURVEY**

On 27<sup>th</sup> October 2018 the Department of History II year U.G Students visited Tharuvaikulam and took socio-economic survey and traced out the weaker sections and their problems. The Department of History and Department of Computer science jointly organised Plastic Awareness Programme. The students created awareness about the



harmful effects of plastic. The people were motivated through skit, human chain, mime and speech of our students towards the use of non-plastic products in their day to day life. The programme instigated the ban of plastic to be more effective. Rev.Fr.Edward, Parish priest of Tharuvaikulam made all the arrangements and he gave a lecture on “Say

No to Plastic”. The people demanded the cleaning of the garbage which is nearby their area. In short, this awareness programme created awareness among the people of Tharuvaikulam. The Unnat Bharat Abhiyan



2.0 village and house hold survey was taken on 08.12.2018, 02.02.2019 and 16.03.2019 by the II U.G students Department of History organized a voting awareness programme on 16<sup>th</sup> March 2019 at Tharuvaikulam. An awareness talk was given by the students about the forth coming Central Election which is going to be held on 18<sup>th</sup> April 2019. The students went for procession on the streets of Tharuvaikulam carrying placards and colourful posters on the voting rights and how to be a responsible citizen while casting their voting right wisely and after that the students conducted UBA 2.0 survey.

## **UBA in Servaikaranmadam**

### **SOCIO-ECONOMIC SURVEY AND OTHER ACTIVITIES**

On 29<sup>th</sup> September 2018, 45 students of II B.Sc., Botany accompanied by two staff members



Dr. Jacintha Tamil Malar and Dr.F. Dayana lobo visited the adopted area, Namalvzhar Nagar, Servaikaranmadam panchayat and surveyed the socio-economic status of the community.

On 27<sup>th</sup> October 2018, we conducted awareness program on ill effects of plastic. K. Madathi of II B.Sc Botany gave awareness talk on steps to plastic free life. II B.Sc. Botany students sang a theme song on avoidance of plastic usage. We formed the human chain along the village and took oath to avoid plastic and to protect our environment. Our students erected the placards holding slogans on need of plastic free world. Sapling planting programme was organised on 8th December 2018. Dr. Jacintha Tamil Malar and Dr. Maria Sumathi Asst. Professor planted the first sapling and distributed the remaining to the adopted village.

On 26<sup>th</sup> January Republic day was celebrated with great fervour. K. Madathi of II B.Sc Botany gave an inspiring talk on Freedom fighters. On the same day Dr. Flora Asst. Professor of Botany gave awareness on environmental conservation. She insisted cropping is the main economic



activity that can boost employability for self sustain. Dr.F. Dayana lobo along with the students conducted the quiz competition related to the students of the community on patriotism.



On 2<sup>nd</sup> February 2019, Dr. Daffodil Asst. Professor, demonstrated the preparation of herbal soap. Ms. S. Pauline Jenifer and Ms. G. Anusiya Asst. Professor gave information on importance of mushroom and the cultivation technique. Nearly 50 people benefited out of this programme.

On 16<sup>th</sup> March 2019, Dr. Theresammal Asst. Professor of History gave an awareness talk on Significance of voting rights. A procession was organised around the village and students raised the voice against selling vote for money.

**UBA Report**  
**( June 2019 – December 2019)**

	Places for UBA Activity	Department
<b>Korampallam</b>	Kalangarai	Mathematics (Regular)
	Periyannayagipuram	Microbiology
	Anthonyarpuram	Physics
		Chemistry
<b>Maravanmadam</b>		Economics, Psychology
<b>Palayakayal</b>	Ambrose Nagar	Mathematics (SSC)
	Paripoorna Nagar	Zoology
	Ganesh Nagar	Commerce (Regular), Commerce Corporate (SSC)
	Mother Tresa Nagar	Commerce (SSC)
<b>Servaikaranmadam</b>		Botany, BBA
<b>Tharuvaikulam</b>		English (Regular), English (SSC), Computer Science, History

<b>ACTIVITIES</b>			
<b>Village Adopted/Venue</b>		<b>UBA Activities</b>	<b>Date</b>
St. Mary's College		Orientation to Staff who Involve in UBA Activities	17.07.2019
St. Mary's College		Orientation Programme to Students who Involve in UBA Activities	20.07.2019
Korampallam (Kalangarai)	1	Preparation of Handworks Using Waste Materials & The Importance of Medicinal Plants	10.08.2019
	2	Gram Sabha	13.09.2019
	3	Water Conservation and Plastic Free Village	28.09.2019

	4	Eradicating Math Phobia and Dengue Awareness Programme	05.10.2019
	5	Medical Camp	07.12.2019
Korampallam (Periyamayagipuram)	6	Basic Survey	10.08.2019
	7	Awareness on Water Conservation And Avoiding Plastic	28.09.2019
	8	Distribution of Plant Saplings and Cloth Bags	05.09.2019
	9	Distribution of Nilavembu Kasayam	
Korampallam (Anthonyarpuram)	10	Basic Survey	10.08.2019
	11	Meeting with Village Representatives	12.08.2019
	12	Grama Sabha Awareness about Eradicating the Plastics	19.08.2019 25.09.2019
	13	Preparation of Vermicompost	05.10.2019
	14	Workshop on Palm Leaf Craft	19.10.2019 – 24.10.2019
Maravanmadam	15	Awareness Programme on Empowering Women Through Self-Help Groups	10.08.2019
	16	Area Cleaning	15.08.2019
	17	Plastic Free Village (Swachhata Hi Sewa)	28.09.2019
	18	Seeds Distribution	05.10.2019
	19	Nilavambukasaiyam distribution and Laughter Therapy, Clapping Therapy, Body-Movement Therapy	19.10.2019
	20	Dental Camp	07.12.2019
Palayakayal	21	UBA Staff consultation with Village Councillor and Self-Help Groups	02.08.2019
	22	Visiting Village People	10.08.2019
	23	Gram Sabha	14.08.2019
	24	Jal Shakthi Gram & Swachhata Hi Sewa Campaign	03.10.2019

	25	Cleaning and Distribution of Nilavembu Kasayam	09.12.2019
Tharuvaikulam	26	One Day Self and Environmental Development Workshop Camp	10.08.2019
	27	Tree Plantation	09.08.2019 - 10.08.2019
	28	Roof Gardening	10.08.2019
	29	Pond Cleaning	15.08.2019
	30	Gram Sabha	15.08.2019
	31	Roof Gardening	14.09.2019
	32	House Wise Anti-Plastic Awareness Campaign	02.10.2019
	33	Spoken English Course	04.10.2019
	34	Training On Paper Bag Making	04.10.2019
	35	Digital Literacy and Roof Gardening	19.10.2019
	36	Roof Gardening	07.12.2019
	37	Empowering Women Through Tailoring Training Programme	07.12.2009
Servaikaranmadam	38	Interaction with villagers	10.08.2019
	39	73 <sup>rd</sup> Independence Day Celebration	15.08.2019
	40	Training Programme on Tailoring for women	12.09.2019
	41	Creating awareness about usage of cloth bags and Helping our village people to get proper drinking water	03.10.2019
	42	Soap making workshop – Hands on Training	19.10.2019



### **Orientation Programme to Staff who Involve in UBA Activities - Date: 17.07.2019**



Unnat Bharat Abhiyan, St.Mary's College gave orientation to Staff who involve in UBA activities on 17<sup>th</sup> July 2019. Dr.S.Kulandai Therese, UBA coordinator welcomed the staff and explained about Unnat Bharat Abhiyan programme. Tmty.Rajathi, Morning Trust described the needs of village people

### **Orientation Programme to Students who involve in UBA activities - Date: 20.07.2019**

Unnat Bharat Abhiyan, St.Mary's College gave orientation to students who involve in UBA activities on 20<sup>th</sup> July 2019. Ms. AdshayaNanduri, the Project Manager of Infosys inaugurated the session. Dr. Sr. S. Kulandai Therese, UBA Co-ordinator, welcomed the gathering. The student representatives from each department read their respective Action Plan for the year 2019-20. Students representatives from each department read the Action Plan for the year 2019-2020. Panchayat Clerk, Former village Councilors and representatives from the adopted villages – Servaikaranmadam, Maravanmadam, Pazhayakayal, Korampallam and Tharuvaikulam were honoured. Rev.Dr.Sr.A.S.J Lucia Rose, Principal, delivered the Presidential address. Ms. Adshaya Nanduri addressed the students and planted saplings in the campus. Representatives from Morning Star Trust, Lions Club, V Can Trust, Diamond Shipping Agency, JCI organization and Ambigammal Technical Institution oriented the students on various topics. Various development schemes such as Terrace gardening, Water conservation, Rain water harvesting and self-employment development programme schemes such as tailoring, fashion designing, were discussed by many social activists who headed the programme and also insisted this practice in our day today life and also to create an awareness in the adopted villages. Parallel sessions on Bio-Gas demonstration, Tree Plantation and Soft - skill trainings were given to the students. Rotary Club of St. Mary's college also supported the programme. The students actively participated in all the activities.

## **UBA in Korampallam (Kalangarai)**

### **PREPARATION OF HANDWORKS USING WASTE MATERIALS & THE IMPORTANCE OF MEDICINAL PLANTS - 10.08.2019**



The Department of Mathematics organised a Community Development(UBA) UBA programme on 10 August 2019 in Korampallam. The students of II B. Sc. Mathematics visited the houses in Korampallam to implement the ideas of Water Conservation and Cleanliness among people. Also the students conducted tuitions to the school children. Ms. Lakshmi Priya of II B.Sc Mathematics explained the Fundamentals of

Mathematics by using various models. Ms. Keerthika of II B.Sc Mathematics explained about the nutritional facts and the uses of Vitamins. Ms. Sini Divya of II B.Sc Mathematics demonstrated the preparation of Handworks using waste materials. Ms. Vinishno



Angeline gave a talk about the Natural Benefits and the importance of medicinal plants and its medicinal values.

**GRAM SABHA - 13.09.2019**



Two students and the staff in-charge Dr.J.ArulJesti participated in the **Village Sabha** organised by the Village Panchayat on 13<sup>th</sup> September 2019. The people of Korampallam discussed their needs and oath was taken regarding healthy nutrients.

## **WATER CONSERVATION AND PLASTIC FREE VILLAGE - 28.09.2019**

The Department of Mathematics organised the UBA programme on 28<sup>th</sup> September 2019 at



Vadakkukalanganrai, Korampallam Panchayat on the topic

“Water Conservation and Plastic Free Village” under Jal Sakthi Gram and Swachatta Hi Sewa. Ms. Muthumari and Ms. Doni Limra of II B.Sc. Mathematics gave an awareness speech. The students performed Tableau



and Awareness Song. To improve avoiding plastics, the students disposed plastics from the village and gave cloth bags to the people and insisted them to be eco-friendly. Also the students generated awareness through Rally.

## **ERADICATING MATH PHOBIA AND DENGUE AWARENESS PROGRAMME**

**05.10.2019** - On 5<sup>th</sup> October 2019 Saturday, the Department of Mathematics visited the



adopted village Korampallam.

The students of II B.Sc Mathematics helped the small children in learning Mathematics, Science and English. Also, they visited the houses and generated awareness on the Killer fever

Dengue. They taught them the causes and remedial measures of Dengue.



### **UBA activities in Korampallam (Periyanayagipuram)**

**BASIC SURVEY -II** UG students along with the staff Mrs. N. Anitha went for UBA to Korampallam on 10<sup>th</sup> August 2019. 47 students are involved in this programme and took a survey for about 75 families. The survey was taken on water facilities, cleanliness and the need to give awareness about planting more saplings.

### **AWARENESS ON WATER CONSERVATION & AVOIDING PLASTICS 28.09.2019**

Students and staff incharge of Microbiology department went to UBA visit on 28.09.2019 to Periyanykapuram village of Korampallam Panchayat. Students and the people of the village



went for procession raising awareness slogans. They also were carrying placards depicting words of awareness on water conservation and saying no plastic. Students gave programme to void plastic. songs, skid related to hazards of plastic was performed by students.

### **DISTRIBUTION OF PLANT SAPLINGS AND CLOTH BAGS - 05.09.2019**

Students and staff incharge of Microbiology department went to UBA visit on 5 September 2019 to Periyanykapuram village. Plant saplings and cloth bags were distributed to people and the temple premises was cleaned by the students.



### **UBA activities in Korampallam (Anthonyarpuram)**

#### **BASIC SURVEY - 10.08.2019**

II B.Sc Chemistry Students with two staff members Dr.T.Linda Fernando, Dr.G.Amala Jothi Grace visited the adopted area Antonyarpuram. The students were divided into groups and the village survey was taken. Students interacted with the school students. It was decided to give training for the people on Palm products.

#### **MEETING WITH VILLAGE OFFICIALS - 12.08.2019**



The co-ordinator for UBA Dr.Sr.KulandaiTherese, Dr.T.Linda Fernando, UBA Incharge of Chemistry and Ms. Rajathi, Star foundation, Thoothukudi had a meeting with Rev.Fr.Albin Leon, the parish priest of Antonyarpuram to discuss the various plans and actions to be taken during UBA visit of our department. It was decided to conduct awareness programme on plastic and hygiene and some

useful programme for children.



### **GRAMA SABHA -19.08.2019**

Grama Panchayat Meet was held on 19<sup>th</sup> august 2019 at Antonyarpuram headed by Rev.Fr.Albin Leon, the parish priest of Antonyarpuram. The co-ordinator for UBA DR. Sr.Kulandai Therese, Dr.T.Linda Fernando, UBAINcharge of Chemistry attended the meeting to discuss the needs of people of Antonyarpuram. They insisted on a separate bus stop as well for the drainage system for rain water.Dr.S.Kulandai Therese, UBA coordinator gave the petition to the district collector later to resolve these issues. It was decided that a workshop on Palm Products may be conducted for group of underprivileged people.



### **AWARENESS ON ERADICATING THE PLASTICS -25.09.2019**

UBA programme was organised to create awareness about the plastics. The students of II B.Sc Chemist, staff members Dr.T.Linda Fernando, Dr.G.Amala Jothi Grace gathered in Antonyarpuram. A rally was organised with help of father Albin Antony. The people of Antonyarpuram including children participated enthusiastically along with our students. Videos about the ill effects of plastics were screened to them. Free cloth bags sponsored by Velavan Hypermarket were distributed to them. A speech on Plastic Ban was delivered by Dr.G.Amala Jothi Grace. Students collected plastic materials thrown on street. The meeting came to an end with an awareness song.



### **PREPARATION OF VERMICOMPOST -05.10.2019**



UBA was conducted on 5<sup>th</sup> October 2019 at Antonyarpuram Village. The students of II B.Sc Chemistry had explained the preparation of Vermicompost using vegetables and fruits waste, dried plant leaves, cow dung. The people of Antonyarpuram village participated eagerly to know about the vermicompost preparation. Also, the students distributed the handprints on the decomposition period of various articles and kitchen wastes used for vermicompost.

## **WORKSHOP ON PALM LEAF CRAFT -19.10.2019 – 24.10.2019**

A workshop on Palm Leaf Craft was organized for the women of the adopted village Anthonyarpuram, Korampallam panchayat, Thoothukudi as a part of Unnat Bharat Abhiyan programme from 19<sup>th</sup> October 2019 to 24<sup>th</sup> October 2019. Rev.Father Albin Leon, Parish



Priest, Anthonyarpuram was the Chief Guest and addressed the gathering of workshop during the inauguration. The meeting started with the prayer song and Ms.P. Shalu of II B.Sc Chemistry has delivered a talk on the topic “Palm Trees and its uses”. After the inauguration, Palm craft



training was organized for 25 women of Anthonyarpuram village. Mrs.X.Rajathi, Managing Director, Morning Star Social and Educational Trust and Mrs. Femina, Palm Craft Trainer trained the women for making various value added products using palm leaves. The valedictory session of Palm craft workshop was held on 24-10-2019. It was presided by our Dr.Sr.Lucia Rose, Principal, St.Mary’s College (Autonomous), Thoothukudi. Thiru Radha Krishnan and Thiru Prabhakaran Executive members of Rotary club, Thoothukudi were the guest of honour. The Principal gave a talk on Plastic Awareness and the importance of palm



products. Thiru Radha Krishnan delivered a talk on the involvement of students in Social activities. The trainees displayed the various palm products and it was appreciated by Rev.Father Albin Leon, Parish Priest, Anthonyarpuram and the people of that village followed by the feedback from the

trainees. Then the certificates were issued to the trainees. The meeting came to an end with the vote of thanks by Mrs.X.Rajathi, Managing Director, Morning Star Social and Educational Trust





## **UBA in Maravanmadam**

### **AWARENESS PROGRAMME ON EMPOWERING WOMEN THROUGH SELF-HELP GROUPS - 10.08.2019**



UBA inauguration was held at the adopted village – Maravanmadam. An awareness Programme on Empowering Women Through Self-Help Groups was conducted. Ms. Janet Bosco, Regional Manager, ACRE Group, Thoothukudi and Treasure of World People Right Council addressed the gathering. Cultural performances by the students and action plans were discussed with the village people.

### **AREA CLEANING - 15.08.2019**

Area cleaning was carried out at Maravanmadam. Our students carried out cleanliness work in the adopted area.

### **PASTIC FREE VILLAGE (Swatchhata Hi Sewa) -28.09.2019**

An awareness programme was conducted on plastic free village on 28-09-2019. The programme was blessed by the gracious presence



of the village secretary and NGO coordinator Ms. Rajathi and the chief guest Dr. A.M. Sonal (Assistant Professor of Tamil, St Mary's College, Thoothukudi). The programme began with prayer song followed by welcome address. The Maravanmadam village people attended the programme. The gathering was addressed by the chief guest Dr. A.M. Sonal on the ill effects of plastics and the need for the hour to protect our environment. The chief guest also spoke about the measures



taken by the ancestors to preserve the ecosystem, the eco-friendly lifestyle they followed and provided ideas and strategies for the conservation of the environment. The II UG students of psychology department had depicted the harmful effect of plastics through their skit and one of the II UG student gave a talk on the importance of conservation of the environment. The programme ended with vote of thanks after distributing palm lunch boxes to the village people.





The lunch boxes made with areca nut leaf were given by Ms. Rajathi from Morning star social and educational trust. After the programme, the students went on a rally throughout the village for creating awareness for avoiding plastic usage, as they went, they collected the plastic bags from the people and gave cloth bags to the people.

### **SEEDS DISTRIBUTION -05.10.2019**

Our students distributed free seeds to the village people to promote kitchen gardening and roof gardening.

### ***Nilavambukasaiyam* distribution and Laughter therapy, clapping therapy, body-movement therapy -19.10.2019**



A dengue awareness programme was conducted by II UG students of department of Psychology and



Economics. The students went to each house at the village and gave 'Green Creat' (*Nilavambukasaiyam*), a herbal drink which is prescribed for the prevention of Dengue fever. The students also

educated the people about dengue fever and its preventive measures. The students of psychology department also have conducted laughter therapy, clapping therapy, body-movement therapy to the children of the village community.



### **UBA in Palayakayal**

### **UBA staff with village councillor and Self Help Groups - 02.08.2019**

The department of Commerce (SSC) had joined hands with Department of Commerce



Regular stream in the adoption of the village Palayakayal under Unnat Bharat Abhiyan enhanced purely for the upliftment of the Palayakayal village people. UBA co-ordinator and UBA staff incharges of Tharuvaikulam Dr. Janet, Dr. Amora, Dr. Anbarasi, Dr. Paripoorna Selvi visited Tharuvaikulam. We met former village councillor, parish priest, self help group women, salt-

pane workers and farmers. We discussed about Unnat Bharat Abhiyan. We planned for Gram Saba Meeting to be held on 14<sup>th</sup> August 2019.

### **Visiting village people -10.08.2019**

On August 10<sup>th</sup> the second year students of Commerce (Regular & SSC) and Mathematics (SSC), visited their adopted village Palayakayal. Various suggestions and their expected needs were provoked by the villagers to the students in the development of their lifestyle.



### **GRAM SABHA - 14.08.2019**

Gram Sabha Meeting was held on 14<sup>th</sup> August 2018. Former village councillor, women and men participated well. They suggested to eradicate drinking water issue. They insisted for bus stop and 24 hours health care centre. Dr.S.Kulandai Therese, UBA co-ordinator gave the petition to the district collector on 3<sup>rd</sup> October 2019 when the collector visited Palayakayal.

### **JAL SHAKTHI GRAM & SWACHHATA HI SEWA CAMPAIGN -03.10.2019**

On 3<sup>rd</sup> October the 2<sup>nd</sup> year students of Commerce (Regular & SSC) and Mathematics (SSC), paid their second UBA visit to Pazhayakayal. The guest of honour was the District collector



Mr.Sandeep Nandoori who presided over the meeting. St. Mary's College (Autonomous), Thoothukudi inaugurated Unnat Bharat Abhiyan on the theme "Jal Shakthi Gram & Swachhata Hi Sewa Campaign" on 3<sup>rd</sup> October at 11 a.m. in St. Antony's High School, Palayakayal. Mrs.Amora, Assistant Professor of Commerce welcomed the gathering and Dr.S.Kulandai Therese, UBA Coordinator, St.Mary's College (Autonomous) addressed the gathering about the schemes of UBA. Fr. Sahayaraj

Rayan, Parish Priest of Palayakayal, addressed the students and public about rain water harvesting and plastic awareness and Mr. Sandeep Nanduri I.A.S, District Collector, Thoothukudi, inaugurated the following schemes - Rain Water Harvesting, Spoken English Training Programme, Roof Gardening and Plastic Awareness Programme. He distributed the Eco-friendly cloth bags to the village people. He also initiated roof gardening by sowing seeds. Mr.V.Selvakumar Ex. Councillor addressed the public problems and the general public gave petitions to the





collector. Mr.Girdharan demonstrated the process of rain water harvesting to the school students and to the public. Dr.M.Paripooranaselvi, Assistant Professor of Zoology proposed the vote of thanks and the function came to an end with a national anthem.

### **UBA in Tharuvaikulam**

## **ONE DAY SELF AND ENVIRONMENTAL DEVELOPMENT WORKSHOP CAMP**

**10.08.2019**

The Unnat Bharat Abhiyan (UBA) of 4 departments – History, English (Regular & SSC) and Computer Science of Mary's College (Autonomous), Thoothukudi adopted a village named



Tharuvaikulam. The team inaugurated UBA meet on 10<sup>th</sup> August 2019 at St. Catherine Girls Primary School, Tharuvaikulam. A One Day Self and Environmental Development Workshop Camp was organized and Honourable Member of the Parliament, Kanimozhi Karunanidhi inaugurated the function. The Second UG students and the local people of Tharuvaikulam participated in the workshop. Dr. Sr. Kulandai Therese, UBA Co-ordinator, welcomed the gathering and Rev. Fr. J. Edward, Parish Priest, Tharuvaikulam felicitated the

gathering. Rev. Dr. Sr. A. S. J Lucia Rose, Principal, delivered the key note address. Mr. Maharaja, Former Panchayat Head delivered a special address. All the



four departments with the assistance various NGO's trained the people and the students on



of

making Organic Napkins, Jute Handicrafts and Roof Gardening. Spoken English classes and Tailoring classes

were also conducted in Tharuvaikulam.

### **TREE PLANTATION - 09.08.2019 - 10.08.2019**

The English department along with English (regular), Computer Science, history adopted the village Tharavaikullam. On August 9, 2019 around 2pm we started from our college and reached there at 3pm. The English department (SSC) was assigned the project Tree Plantation. 20 houses were identified with the interest to plant trees. On August 10, 2019 20 trees were planted. We Can Trust organization helped in making the safe guard around the trees. Dr. Kanimozhi inaugurated tree plantation,



### **Roof gardening - 10.08.2019**

The Computer Science department along with English (Regular), English (SSC) History adopted the village Tharavaikullam. The computer science department was assigned the project Roof Gardening. Bamboo baskets for plantation were partially filled with manure made up of coconut fibres, cowdung and few amount of red soil. Later the seeds were sowed in the baskets.



### **Pond Cleaning - 15.08.2019**

Unnat Bharat Abhiyan of St. Mary's college planned to clean the pond at the outskirts of Tharavaikulam. UBA members of SSC English students cleaned the area wearing masks. Village people, We can trust volunteers joined with us. Before the rain we changed the gutter into water saving stream. Village people appreciated our efforts. Dr. Reeda was with us.

### **Gram Sabha - 15.08.2019**

On the Independence Day, we joined with Gram Sabha. The people asked to take efforts of robbery. Dr. S. Kulandai Therese, UBA coordinator gave the petition to the district collector later. They want to have training in tailoring, jute handicrafts and spoken English.

### **Roof Gardening - 14.09.2019**

On 14th September 2019, the students of Second Computer Science created roof garden in four of the houses which were ready to make the roof garden. The students were divided into four groups. The first group visited Mrs. Amala's house. The second group visited Mrs. Maria Jayanthi's house. The third group visited Mrs. Helan Nyanapragash's house and the last group visited



Mrs.SiriyaPushpam's house. Through this programme the students also learned to grow the needed vegetables and fruits organically without using any chemical pesticides.

### **House- wise Anti-Plastic awareness campaign - 02.10.2019**



On 2<sup>nd</sup> October 2019, Students of Department of History organized a house wise Anti-Plastic awareness campaign and urged local people not to use plastic.



### **SPOKEN ENGLISH COURSE - 04.10.2019**

The students of II UG, Research Department of English, St.Mary's College(Autonomous),



Thoothukudi initiated a Spoken English course for IV and V Std students of Catherine Primary School at Tharuvaikalam as a part of their Unnat Bharat Abhiyan. Simultaneously, a set of students went on a rally



focusing on Anti-plastic awareness among the public. The programme ended up with a small skit performance highlighting on the Health and Hygiene of the children.

### **TRAINING ON PAPER BAG MAKING - 04.10.2019**

In commemoration with the 150<sup>th</sup> birth anniversary of Mahatma Gandhi, Department of History along with Government Higher Secondary School Tharuvaikulam organized an Anti-plastic awareness campaign to the school students on 4 October 2019. Dr. P Subavathy, Assistant Professor of Zoology, St. Mary's College, Thoothukudi was the chief guest. Dr. Ruban, Principal of the school gave a special address. In the programme, students of History department gave a small training programme to the school students on paper bag making. Cultural programs on anti plastic awareness was also organized.





The second B.Sc. Computer Science students visited the village Taruvaikulam on 19.10.2019. The agenda of the visit was to implement roof gardening in the chosen houses, follow up



Date: 28.10.2019 Time: 9:50 a.m.  
 8553396 N 78 1004 E  
 Beach No: Tharuvakulam,  
 Tamil Nadu 628105  
<https://www.google.com/maps/@78.1004,8.5533,18.9A>



The II year UG Students and staff of the Computer Science Department conduct weekly visits

**07.12.2009** The Department of History organized a Tailoring Training Programme for women of Tharuvaiikulam on 7<sup>th</sup> December 2019. X. Rajathy of Morning Star Social and Educational Trust offered training to women on tailoring and jute bag making. Keerthana Santhosh, Assistant Professor



of History Department presided over the function. Father Edward of Tharuvaikulam, S.S. Anuja, Assistant Professor, second year under graduate students of History department and women from Tharuvaikulam participated in the programme. The training helped women to enhance their skills and to find an income for their survival.

### **UBA in Servaikaranmadam**

#### **INTERACTION WITH VILLAGERS - 10.08.2019**

The department of Botany organized the first UBA visit of the academic year 2019-2020 to



the adopted village Servaikaranmadam on 10<sup>th</sup> August 2019. This is a small village situated near Puthukottai, Thoothukudi District. 42 students along with two staff members reached the village around 10 O' clock in the morning. The village people welcomed us warmly. Since it was our first visit, the students were allowed to interact with the villagers. The students collected details about their livelihood and their rural developmental needs.

#### **73<sup>RD</sup>INDEPENDENCE DAY CELEBRATION – QUIZ COMPETITION -15.08.2019**

As a part of UBA programme, the Department of Botany, St. Mary's College (Autonomous), Thoothukudi, celebrated the 73<sup>rd</sup>Independence day along the village people of



Servaikaranmadam on 15<sup>th</sup> August 2019. 35, II year UG students along with the two incharge staff reached the village to make arrangements for the celebrations in the morning itself. The Village President Mr. Gnana Sekaran presided over the celebration and gave the chief guest address. The village people cordially accepted our invitation and actively participated in the celebration. The celebration was started with a prayer song followed by a speech on "The speciality of

Independence" followed by a poem and a solo dance. The main programme the conduction of quiz on Nationality was also organised. The school children of the village actively participated and were given a small prize as a token of appreciation. The function came to an end with the National Anthem.



## **CREATING AWARENESS ABOUT USAGE OF CLOTH BAGS AND HELPING VILLAGE PEOPLE TO GET PROPER DRINKING WATER - 03.10.2019**

The Department of Botany, organized a visit to Servaikaranmadam on 3<sup>rd</sup> October 2019.



Awareness about usage of cloth bags instead of plastic bags was created. As a part of this, the students collected plastic bags from the people and presented them with cloth bags. They also demonstrated them, how to prepare paper bags using newspaper. One of the major issues of the adopted village was that they were not provided with proper drinking water. To

overcome this, the initiative of writing a petition to the Collector along with the signature of the villagers was undertaken. This petition will be given to the Collector and will be requested to provide with necessary action



## **SOAP MAKING WORKSHOP – HANDS ON TRAINING - 19.10.2019**



The department of Botany organized a soap making workshop for the adopted village Servaikarnmadam on 19<sup>th</sup> October 2019. During the visit, the students explained the preparation of soap powder and its usage. Hands on training was also given to the people of the village. The people enjoyed the programme and took part actively in the workshop.

## **TRAINING PROGRAMME ON TAILORING FOR WOMEN - 12.12.2019**

The Department of Botany organised a Training Programme on Tailoring for women in the adopted Village Servaikaranmadam on 12th December. Rev. Sr. Dr.S.Kulandai Therese presided over the function. Dr. M. Glory, Head of Botany supported the arrangements of this programme. The training was given by Mrs. Rajathi, MD, Morning Star Social and Educational Trust, Thoothukudi. Mr. GnanaSekaran, President of the village accompanied the people during the programme.

