

Special Training Camp – Map Reading

1. International Yoga Day was conducted on 21st June, 2018 in our college campus from 6 a.m to 8 a.m. in the morning and around sixty cadets participated in it. The objective of it is to have good health thus by promoting world peace and harmony.

2. CUO. PouletManusha (III Physics) and Sgt. Sahaya Saniya (III Computer Science) attended five camps in TSC and reached till TSC Training –III which held at NTA, Idayapatti, Madurai. All the five cadets attended TSC – IUC and CUO. PouletManusha won the medal in Judging Distance and Field Signal.



3. 40 of our cadets attended CATC camp held in the month of August and showed their skills and talents in various competitions and won many prizes. SUO. Shalini (III History) got best senior award at NTA, Idayappatti from our Commanding Officer (OC), 3 TN Girls NCC, Tirunelveli.

4. Under the headship of Sgt. Sheeba Ebenezer (III Physics), our cadets are actively participating in RDC selection camps actively. Six cadets attended RDC-IUC at NTA, Idayappatti and four got selected for next level camps. They have attended seven camps altogether and reached the level of RDC – IGC. Sgt. Sheeba Ebenezer (III Physics), Sgt. Sobiya (III Zoology), L/Cpl. Ramani (II Physics) attended RDC-IGC which is held at Coimbatore from 08.10.2018 to 17.10.2018.



5. On extension of CDP and Social service programmes in NCC, our cadets conducted an awareness campaign on Swachhata Hi Sewa – Best Hygienic Practices in the Labour colony, Thoothukudi. They also asked them to keep their environment clean and as part of it they also cleaned the beach and Port Hospital by being models/examples for others.



“A Leader is a person, one who knows the way, shows the way and goes the way!”



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Every year they visited old age homes during the Christmas season with entertainment programmes and cherished them with their love. They always extended their helping hands to the needy and poor. They involved very actively in various social service activities, awareness campaigns and community development programme. Their contribution towards SwatchBharath mission is increasing positively. Our cadets are involving themselves in all the activities of our college programme like honouring special guests during committee visits, college functions and in Independence Day, Republic day ceremonies, etc.,. NCC celebrates International Yoga Day in a grand manner. The cadets will be doing yoga for two hours in the morning from 6.00 a.m. to 8.00 a.m. on 21st June of every year for promoting global health, harmony and peace. Many cadets appear for their ‘B’ and ‘C’ certificate exams from our college and almost all clear the exams with good grades.



Guard of Honour

May 2019 – June 2020

National Cadet Corps in St. Mary's unit inculcates unity & discipline among the cadets. It develops character, courage and comradeship to build a better India. It instills a spirit of selfless service to mankind through various social service activities and guides the people with awareness programmes.

1.40 cadets and ANO of our college attended CATC – May 2019 from 21.05.2019 to 30.05.2019 at Sarah Tucker College, Tirunelveli. Five got selected for ThalSainik Selection Camp (TSC). Seven got selected for Republic Day Selection Camp (RDC).

2. Five cadets attended TSC – IUC at NTA, Idaiyapatti from 01.06.2019 to 10.06.2019.



International Yoga Day – 21st June 2019

3. Fifty of our cadets performed Yoga on International Yoga Day at HolycrossG.H.S.School on 21st June, 2019 which was organized centrally by our Battalion and they were provided with a healthy breakfast.



Creating awareness to the Public – Thresepuram on 26th June 2019

4. Sixty of our cadets along with A.P.C college cadets participated in a rally on 26th June, 2019 from Thoothukudi New Bus Stand to Municipal Office, Old Bus Stand. It was conducted to create awareness of the ill effects of drug usage and on the hazards of illicit trafficking.



Cpl. C. Jesintha Joselin of II B.A. English attended Thalsainic Camp (TSC Girls – 2019), New Delhi

5. Cpl. C. Jesintha Joselin of II English attended TSC – IGC and got silver medal in Judging Distance and Field Signal (JD & FS). She attended eight selection camps and finally got selected for All India ThalSainic Camp – 2019 held at DG NCC, Delhi Cantt. from 16.09.2019 to 27.09.2019. Last time, two cadets attended TSC, Delhi in September 2013. She has reached again the pinnacle of TSC, by attending DGNCC, Delhi camp after six years in the history of SMC, NCC unit.

6. Lt. Dr. F. Mary Priya, the Associate NCC Officer of our college is the Contingent Commander of TNP&AN Directorate for the All India ThalSainik Camp (Girls) – 2019 which held at DG NCC, Delhi Cantt. in the month of September, 2019. Overall, girls team again secured fourth place after ten years among the seventeen other directorates.

7. Six of our cadets attended RDC – IUC at NTA, Idaiyapatti. Cdt. S. Agnes Jeba of II English attended RDC Training – I Camp in the month of August 2019.

8. Cpl. P. Shalu (III B.Sc Chemistry) attended BLC camp at Coimbatore from 01.10.2019 to 10.10.2019. She gave her best and got selected for the next level camp, ALC- Delhi.

8. Eighteen of our cadets attended CATC camp at NTA, Idaiyapatti from 01.10.2019 to 10.10.2019. SUO. Ramani of III B.Sc. Physics got best company commander (Bravo) award among the other four companies. She also won the first prize in SW Firing Competition. Cdt.

AbigalShilba of II B.Sc. Maths won second place in Drill Competition. They also have won various prizes in various cultural competitions.



UO. Vijayalakshmi attended Rock Climbing Training Camp at Gwalior

9. UO. Vijayalakshmi (III B.Com) attended Rock Climbing camp at Gwalior in November 2019. Three SW cadets got selected from our Tamil Nadu Directorate, she is one among them. She gave her best and stood among the top 10 cadets in the camp.

10. Fifty of our cadets participated in CDP activity of NCC under SwatchataPakhwada mission on 12th December, 2019. They cleaned the beach area around the Roach Park in Thoothukudi.



11. 23 cadets cleared B Certificate Examination and 13 cadets cleared the C Certificate Examination which was held in February 2020. During the “C” certificate examination Army Officers commented our students as best cadets. They also motivated and guided our students to enter the armed forces of our country.

June 2020 – October 2021

. Our NCC Unit conducted online programmes on the International Day of Yoga. On 20th June, 2020 an online Yoga quiz test was conducted to the NCC cadets and all Second year students of our college. On 21st June, 2020 a webinar was organised on the importance of Yoga by Sky Yoga Team, Thoothukudi.

UO. P. Shalu of III Chemistry and Sgt. A. Maria Roslin Angel Mary of III Maths participated in the online EBSB Camp which was held from 15th to 20th August 2020. Our directorate got the laurels with team effort, UO. P. Shalu got first prize in PPT presentation and Sgt. Roslin got first prize in Folk dance competitions.

Fifty of our cadets participated in the online tree plantation programme in the month of September, 2020 and each planted a minimum of three trees in and around their home environment.

On 13th September, 2020 to 20th September, 2020 our cadets organised an online workshop on “Healthy Habits: The Way of Living” under Fit India Programme - 2020 to the NCC cadets of TNP&AN directorate. Totally, 780 cadets and 20 ANOs participated in this work shop. Our cadets were the resource persons for this workshop and they handled theoretical and practical sessions on Yoga, Exercise, Diet, Sports and Zumba Fitness dance. All the ANOs greatly appreciated the team and also received excellent feedbacks from the cadets.

Our unit organised an online quiz test on NCC main subject and 1353 cadets and 36 ANOs from all over India participated in the quiz. An online Poster Making Competition under Swatcha Awareness Campaign on “An Ideal Living Environment” was organised for the cadets of our battalion on 14th November, 2020. 54 entries were made from schools and colleges of our 3 TN Girls Bn, NCC and first three winners are awarded with the cash prize worth of Rs.1000.

Our cadets also participated in various online painting competitions, quiz competitions and tests related to NCC, cultural programmes and won many first prizes. Thus they were active even during Pandemic period.

Sixty of our cadets participated in the awareness programme on the ill effects of plastics and its use which was conducted in our college premise on 18th December, 2020.

A Cadre camp was conducted in our college premises from 18th February to 20th February, 2021 for second year NCC cadets for their B certificate examination.

A Cadre camp was conducted in our college premises from 18th February to 22nd February, 2021 for second year NCC cadets for their C certificate examination.

11 cadets appeared and nine cleared their C certificate examinations and 21 cadets appeared and cleared their B certificate examinations in this academic year.

During “C” certificate examination. Army Officers gave motivational address to our cadets to join various Armed Forces.

By the end of March, 20 first year cadets attended one day firing camp at St. John's School, Tirunelveli. Cdt. Praisy of I Economics got selected for the next national level firing camps to be held in January 2022.

After May 2021 (COVID Period)

A National Webinar on “Well Being Amidst COVID- 19” was organised on 22nd May, 2021. Mr. Sreejesh OV, Founder and Clinical Counsellor, Peace Hub Foundation, Kerala is the resource person. Around 964 participants like NCC cadets, ANOs and their family members actively participated in it and gave fantastic feedback because this was about spending one's time usefully in lockdown at home and also gave tips to keep oneself emotionally balanced during the lockdown period.

On 21st June, 2021, the International Day of Yoga, our NCC unit along with college Yoga Team organised an online yoga quiz tests for the NCC cadets and second year students of our college. Then, a common online yoga practical session “Yoga for All” was done by our college students and teachers for 30 minutes. An Webinar was organised along with the Physical Education department on the topic “Yoga for Health and Well Being” at 3 p.m. Dr. A. Selvalakshmi, Asst. Prof.& Head (I/c) of Yoga, Tamil Nadu Physical Education and Sports University, Chennai is the resource person. Then NCC cadets exclusively prepared a Vlog with their 60 yoga videos on the same day.

Many NCC activities and events were organised and participated by our cadets through online mode because of the second wave of COVID – 19. This year our cadets downloaded many apps recommended by DGNCC and uploaded and posted their activities in it like DGNCC App, Rashtragaan, Fit India Pledge, Fit India Freedom Run. All the 60 second and

third year NCC cadets participated in all these activities in the month of July, August and September. They also took various pledge taking activities and online creative and cultural competitions and got many e certificates to their credit.

Seven cadets got selected for RDC – IUC training programme which was conducted for ten days randomly in the month of August. UO. L. Blessy and UO. U. ChelestinThesi of III English and Sgt. S. Bhuvanaa of II English attended RDC - IUC from 23.09.2021 to 02.10.2021 held at NTA, Idaiyapatti. UO. ChelestinThesi of III English got selected for RDC - IGC which was held at NTA, Idaiyapatti from 03.10.2021 – 12.10.2021.

NCC unit organised online Elocution and Essay Writing competitions on 2nd October, 2021, Gandhi Jayanthi for the NCC cadets of Thoothukudi region. Totally, 126 JW, SW & SD cadets participated in the competitions. On 4th October, 2021 an Awareness Campaign on COVID – 19 was organised by IIC and NCC unit in front of our college. Dr. Sr. A.S.J. Lucia Rose inaugurated the awareness programme. 1000 handmade masks were distributed to the Public by IIC. NCC unit sponsored 1000 notice papers insisting the people to follow SOP. NCC cadets gave 50 hand sanitizers to the people of Threspuram area on the same afternoon as part of Awareness Campaign. Thirty cadets actively participated in this campaigning and distribution.

On 11th October, 2021 an painting competition on “Peace and Unity” was conducted to our NCC cadets and 35 from first, second and third year cadets participated in our college campus. It was organised to commemorate the 75th year of Independence. Cdt. Kiruthika of I Commerce won the first prize. On 12th October, 2021, fifty NCC cadets participated in the Human Rights Programme in the college auditorium organised by Human Rights forum, YRC and NCC unit.

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May 2022- March 2023



NCC cadets attended Annual Training Camp (ATC), Combined Annual Training Camp (CATC), Basic Leadership Camp (BLC), Ek Bharat Suraksha Bharat (EBSB), Nilgiris Trekking Camp and Firing Camp this academic year.



1. 45 cadets attended Annual Training camp which was held in Sarah Tucker College, Tirunelveli.
2. 28 cadets attended CATC at NTA, Idaiyapatti, Madurai
3. 5 cadets attended BLC which was held at Coimbatore.
4. 93 cadets attended the Firing Camp which was held at Tirunelveli.
5. 6 cadets were selected for the RDC - IUC, which was held at NTA, Idaiyapatti, Madurai.
6. 3 cadets were selected for the TSC- IUC, which was held at NTA, Idaiyapatti, Madurai.
7. SUO. Bhuvanaa of III English got selected among 2 cadets from our Battalion and participated in the Trekking camp held at Ooty for 12 days.
8. UO. P. Kamaladharshini of III Mathematics got selected among two cadets from

TNP&AN Directorate to attend the Advanced Leadership Camp – VI at Delhi in the month of August.

9. Sgt. Arney Infancia of III English participated in the EBSB camp held at Prayagrah, Madhya Pradesh for 12 days and won various prizes in the cultural and literary competitions.

10. Sgt. Magdalena of III Commerce got selected for State Level Shooting Competition which was held on June 2023.



Ms. Esther Mereen, NCC Alumna delivered an invited lecture



NCC cadets also organised and participated many competitions and events.

On 21st June, 2022, the NCC Unit of our college conducted various events like quiz, competition and online webinar to celebrate the International Yoga Day.

AzadiKaMahotsav was celebrated on 15th August 2022. Our students participated and won the following prizes:

Painting – Sgt. Krithiga Shanmugakani of III Commerce, SMC

Slogan Writing – Cdt. Geethalakshmi of II Chemistry, APC College

Elocution – Cdt. Benita, Sarah Tucker College

Singing – Cdt. Shreya, SMC

Armed Forces Flag Day was celebrated on 7th December 2022. Essay writing and debate competition was held and George Sweetly of I Physics **participate** in the essay competition.

NCC cadets organised and participated in CDP & Social service activities creating awareness to the public.

- 60 cadets created awareness about “Say No to Plastics” and distributed 250 cloth bags to the public of Therespuram area on 12th July 2022.
- 65 cadets participated in an Awareness Campaign on “Each One, Teach One” on 5th September, 2022 and distributed 200 note books and pens to the students of St. Joseph’s School, Cruzpurum, Thoothukudi.
- A team of 35 cadets along with APC College cadets and P.I staff members involved in beach cleaning activity. They handed over 1 tonne plastic wastes to the Thoothukudi Corporation on 30th September 2022 under PunitSagarAbhiyan Scheme. The Thoothukudi Commissioner appreciated the efforts taken by the NCC Unit.
- 50 cadets visited an old age home on 12th January, 2023 (National Youth Day). They cleaned their area, helped them with their daily needs, performed cultural programmes and spent a day with them. Our NCC unit provided them groceries for a month.



Every year they visited old age homes during the Christmas season with entertainment programmes and cherished them with their love. They always extended their helping hands to the needy and poor. They involved very actively in various social service activities, awareness campaigns and community development programme. Every year firing camps were held for a day for all cadets for tuning their adventurous spirits. The best shooters were given chance to participate in the next levels of National Shooting Competition. Their contribution towards SwatchBharath mission is increasing positively. Our cadets are involving themselves in all the activities of our college programme like honouring special guests during committee visits, college function, during Independence Day and Republic day ceremonies. NCC celebrates International Yoga Day in a grand manner. Many cadets appear for their 'B' and 'C' certificate exams from our college and almost all clear the exams with good grades.

Thus our cadets actively participated in all the indoor and outdoor activities and came back with pride and brought laurels to our college. They grew as an integrated personality through regular parades, adventure activities, knowledge oriented classes, leadership training and various competitions.

“When a girl wears the NCC uniform she turns into a warrior”

NCC trains the cadets in all spheres of life. NCC provides basic skills to enter the Armed Forces of our nation. We are proud to say that our cadets are eligible and trained in such a way to be placed in various Armed Forces. NCC cadets' tireless efforts, adventurous and leadership skills, hard-working nature, social service attitudes and best participation in all activities results in the effective functioning of our college NCC Unit. Thus, wherever they go, they bring laurels to our NCC Battalion, Unit and College.

On the whole, NCC unit in our college strives to groom our students to be responsible leaders of tomorrow.