

St. Mary's College (Autonomous), Thoothukudi

**Re-accredited with 'A' Grade by NAAC- 4th Cycle
(Affiliated to Manonmanium Sundaranar University)**

Rotaract Club

Report for 2017-2018

Rotary Club of Tuticorin conducted Rotary Youth Leadership Awards (RYLA) Camp on 29th & 30th September 2018 at Sathya Park & Resorts, Tuticorin. Students from the Department of Psychology and English participated in various cultural events and secured the overall runner- up in RYLA 2018.

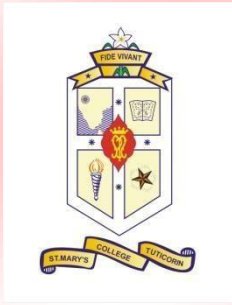
Name of the Prize Winners:

1. Lovely Shilpa - Department of English -1 prize in Solo Dance
2. Bala Yoga Meena - Department of English – II Prize in Solo singing
3. J. Selvamary - Department of Psychology –II Prize in Pencil Sketching

Rotary club of Spic Nagar (THULIR) in Tuticorin conducted Rotary Youth Leadership Awards (RYLA) Camp was organized from 26th to 28th October 2018 at SMAC Hall, Spic Nagar, Tuticorin. Students from the Department of Psychology and Mathematics participated in various cultural events and won the following prizes.

Name of the Prize Winners:

1. Rajeswari - Department of Mathematics (SSC) - I Prize in Elocution
2. P. Vedhashree - Department of Psychology - II Prize in Solo Singing
3. Roselin Mary - Department of Psychology –I Prize in Solo Dance



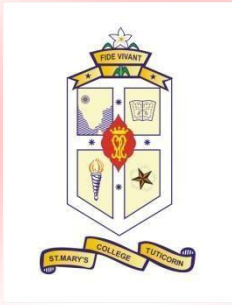
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Rotaract Club

Report for 2019-2020

Rotary Youth Leadership Awards (RYLA) Camp was organized from 13th to 15th September 2019 at Spic Nagar, Tuticorin. Nearly 10 students participated in the RYLA camp.



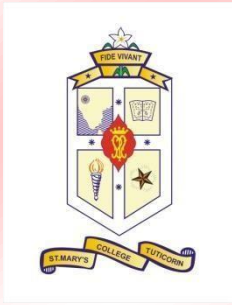
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Rotaract Club

Report for 2020-2021

Some of the Rotractors of the college actively took part in the Rotary Youth Leadership Awards (RYLA) Camp, organized by the Rotary Club of Spic Nagar, Thoothukudi, from 7th to 8th November 2020.



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Rotaract Club

Report for 2021-2022

The members of the Rotaract Club Ms. M.Mangalaeswari, Assistant Professor of English and Dr. J. Jane D Almeida, Assistant Professor of History, selected the following students S. Haseena Beevi, III B.A English as President, B. Soniya, II B.A History, as Secretary and K. Alice Ancy, I B.A English as Vice President.

The first Rotaract club meeting for the academic year 2021-2022 was convened on 29th October 2021, in collaboration with the Students Council Union. Ms. M. Chandan, Language and Soft-skill Trainer and Founder of Gurukula Language School, addressed the students on “Essential Etiquette for Personality Development”.



On 29th October 2021 a Leadership Training Programme was organized in association with the Rotary Club of Spic Nagar and Greenstar. Mr. Ephrem Xavier, International Trainer, Alchemist Training, Chennai, addressed the students on “Be Resilient”. He motivated the students to take part in the discussion. Nearly 180 students actively took part in the Training session.

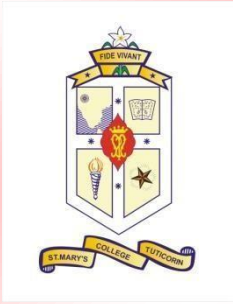


On 7th March 2022 Rotaract Club and Youth Red Cross jointly organized an Awareness meeting on “Setting Healthy Boundaries”. Ms. Rohini, Counsellor of St. Mary’s College, was the resource person. She elaborated on setting healthy boundaries for the physical and mental wellbeing. She also insisted on zone management. She made the session lively and interactive with anecdotes and live examples. A pack of masks and sanitizers were distributed to all the participants as a part of the programme to ensure safety. Nearly 60 students attended and benefited from the programme.



The fourth Rotaract Club meet was organized On 31st March 2022 Department of History, members of Rotaract Club and Youth Red Cross jointly organized an awareness programme on “First Aid-Be the First” at Keezha Alagapuri of Mappilaiurani Panchayat. Student Volunteers gave awareness on first aid, acts passed by the government of Tamil Nadu and “Narkarunai Veeran” award for the people who rescue victims from the accident. Mask and sanitizer were provided to the participants of the village. The programme was organized under the guidance and support of Mr. S.P.Madasamy, Village President and Child Right Activist, Keezha Alagapuri.





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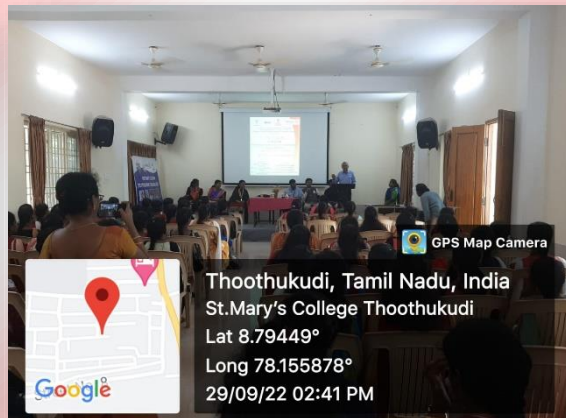
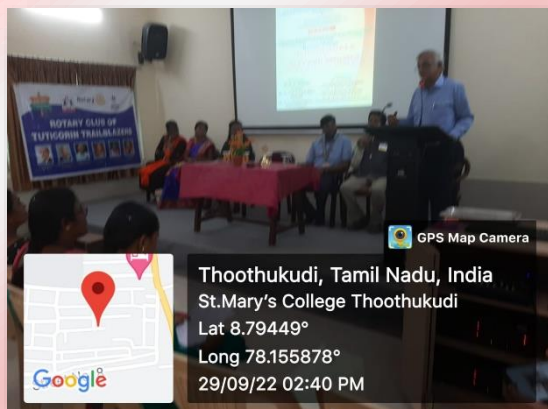
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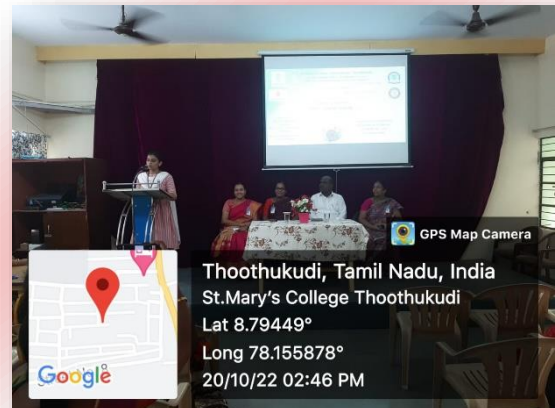
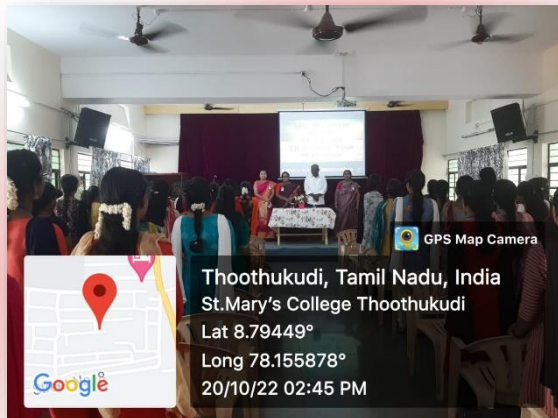
Rotaract Club

Report for 2022-2023

On **29 September 2022** the Rotaract club organized a meeting on the topic **Iraivi** – a programme on “Physical, Intellectual and Social Transformation” under the guideship of Shri. S.R. Ramakrishnan, SPIC & Greenstar Fertilisers Ltd., Director of Rotary Club and Mr. Rathakrishnan, Member of Rotary Club, Spic Nagar. **Dr. Flora Nelson M.D.R.D and Ms. J. Kumutha Sithiraputhiran, Soft Skills Trainer** were the resource persons. Dr. Flora Nelson M.D.R.D addressed the II year students on Physical transformation focusing on how the physique contributes to the development of overall personality of a person. Ms. J. Kumutha Sithiraputhiran, Soft Skills Trainer delivered a speech on Intellectual and Social Transformation. She focused on how intellectual transformation is a by-product of the environment which leads to higher job satisfaction. And she laid emphasis on how social transformation alter the life style of the people within a limited span of time.



On **20 October 2022**, a meeting was convened jointly by Rotaract Club, Youth Red Cross and Library Committee. **Dr. G. Antony Suresh, Assistant Professor of Tamil, Sadakathullah Appa College, Tirunelveli**, the guest speaker of the day delivered a speech on “Bibliotherapy-A Solution to Stress”. He highlighted the importance of books and reading and posited how books could render a remedy for the stress.



On **7 th January 2023**, a one day training programme on “Effective Public Speaking” was organized jointly with the Rotary Club, Spic Nagar. **The Rotarian cum Corporate Trainer Mr. M. A. P. R Rengasamy** addressed the students and held a lively and interactive session on public speaking skills. Nearly 50 students from different disciplines benefitted from the programme.



On **16 February 2023**, The Rotaract Club and Rotary Club of Seaside, Thoothukudi jointly organized a special lecture on the topic “**The Role of Physiotherapy in General Fitness**” under the guidance of Rotarian A. Constan, the President of Rotary Club, Thoothukudi. Dr. S. **Mohammed Nazeer, Physiotherapist**, Sugam Physiotherapy Centre, Thoothukudi addressed all the I and II Year part V students on how to promote health awareness and to increase the health status of the society. (Beneficiaries part V students except N.S.S & N.C.C students)

