



St. Mary's College (Autonomous)
Reaccredited with 'A+' Grade by NAAC (Cycle IV)
Thoothukudi



CRITERION IV– Infrastructure and Learning Resources
4.1 Physical Facilities. Year: 2018-2023

4.1 Physical Facilities

4.1.1 The Institution has adequate infrastructure and other facilities for

1. Sports facilities (indoor/outdoor), Play grounds, Fitness equipment, sports coaches, etc

S. No	Purpose	Court area in mts	Remarks
1.	Volley ball	18 X 9	Out door
2.	Ball Badminton	24 X 12	Out door
3.	Kabaddi	12 X 8	Out door
4.	Kho-Kho	27 X 16	Out door
5.	Track (200 mts)	120 X 80	Out door
6.	Long Jump Pit	40 X 1.30 5 X 3	Out door
7.	Shot Put Area	2.135 40*	Out door
8.	Discus & Hammer Throw Area	2.5 40*	Out door
9.	Javelin Throw Area	30 X 4 28'	Out door
10.	High Jump & Pole Vault Area	40 1.22	Out door
11.	Basket ball & Badminton	29 X 16	In door
12.	Table Tennis	9 X 5	In door
13.	Weight Lifting & Chess	9.70 X 10.10	In door

Fitness equipment like Power Station, Flexible Floor Exercise Mat, Horizontal Bar, Parallel Bars (Adjustable Wooden), Pommel Horse, Roman Rings, Vaulting Horse are available in the Gymnasium

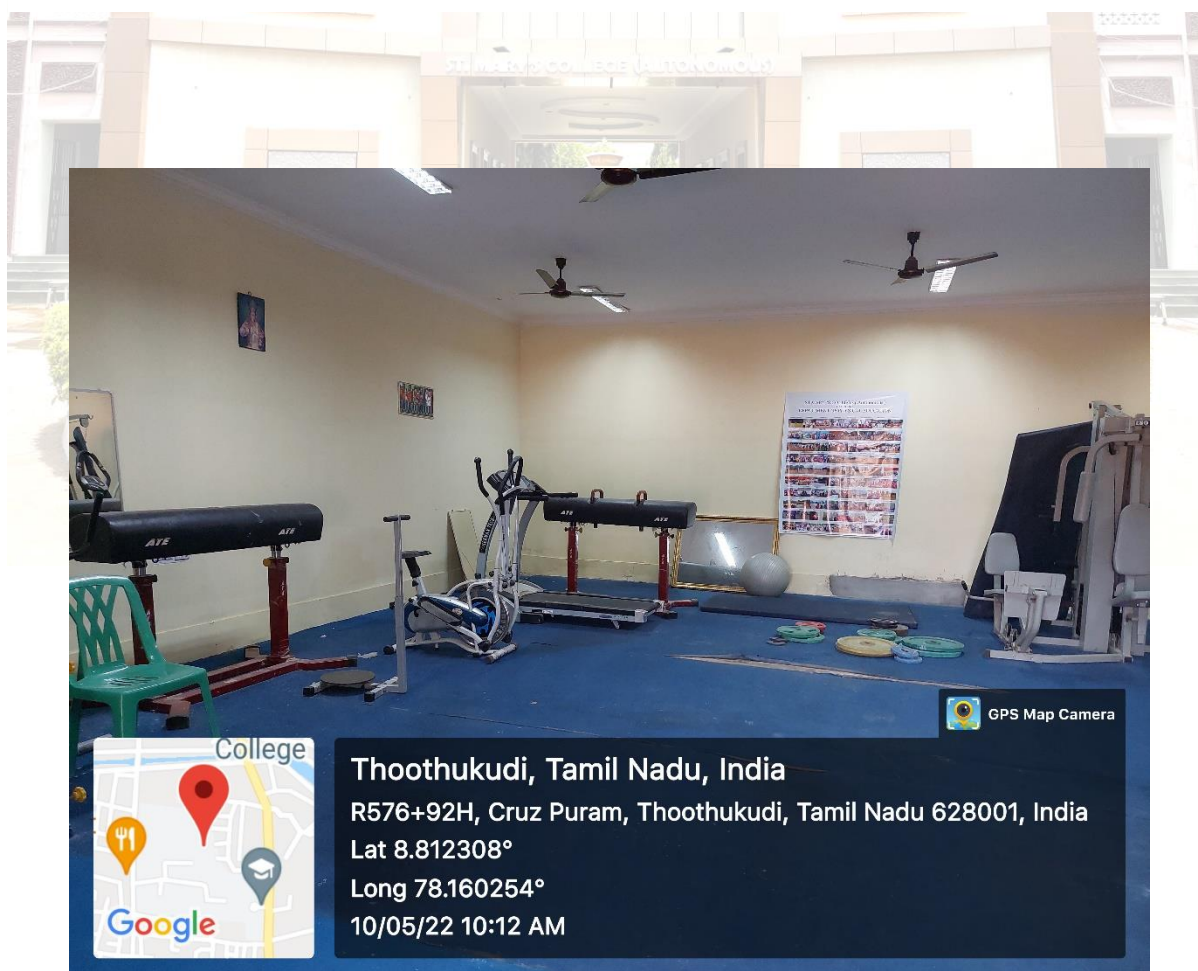
Sports Coaches

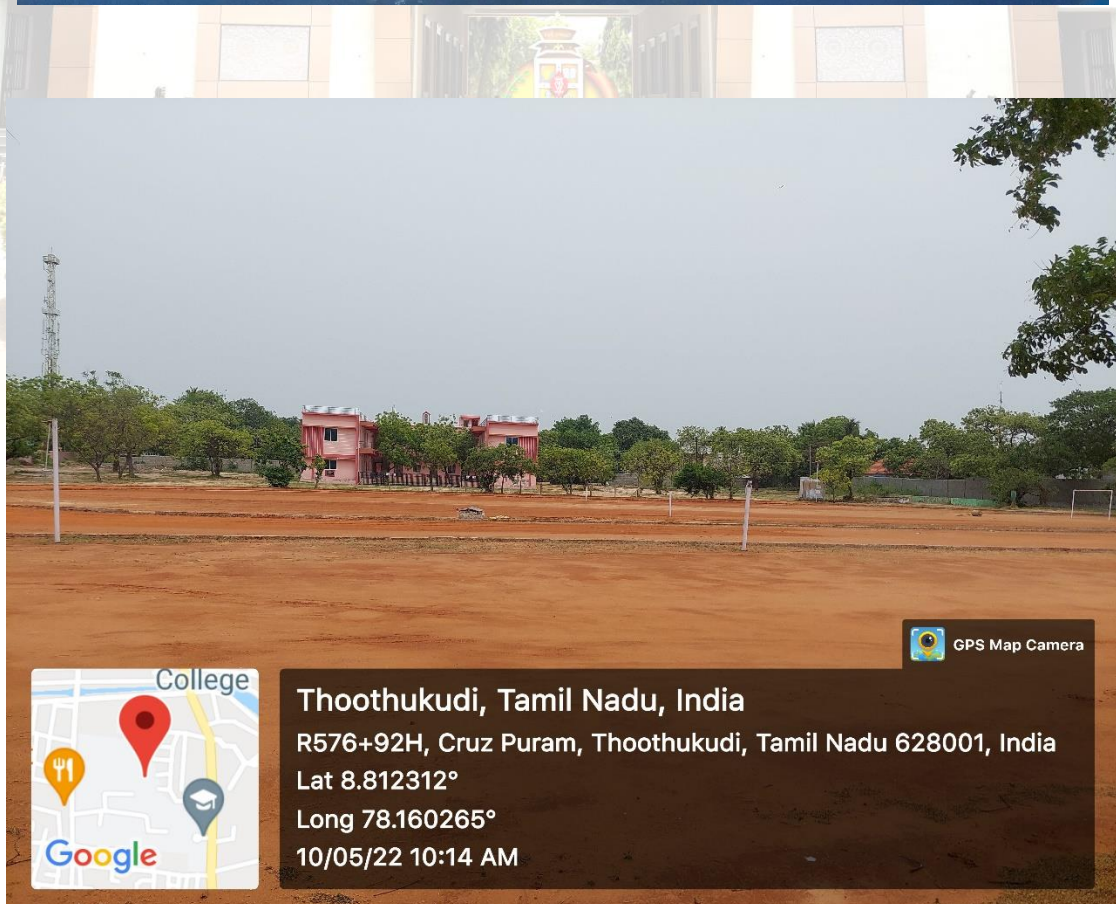
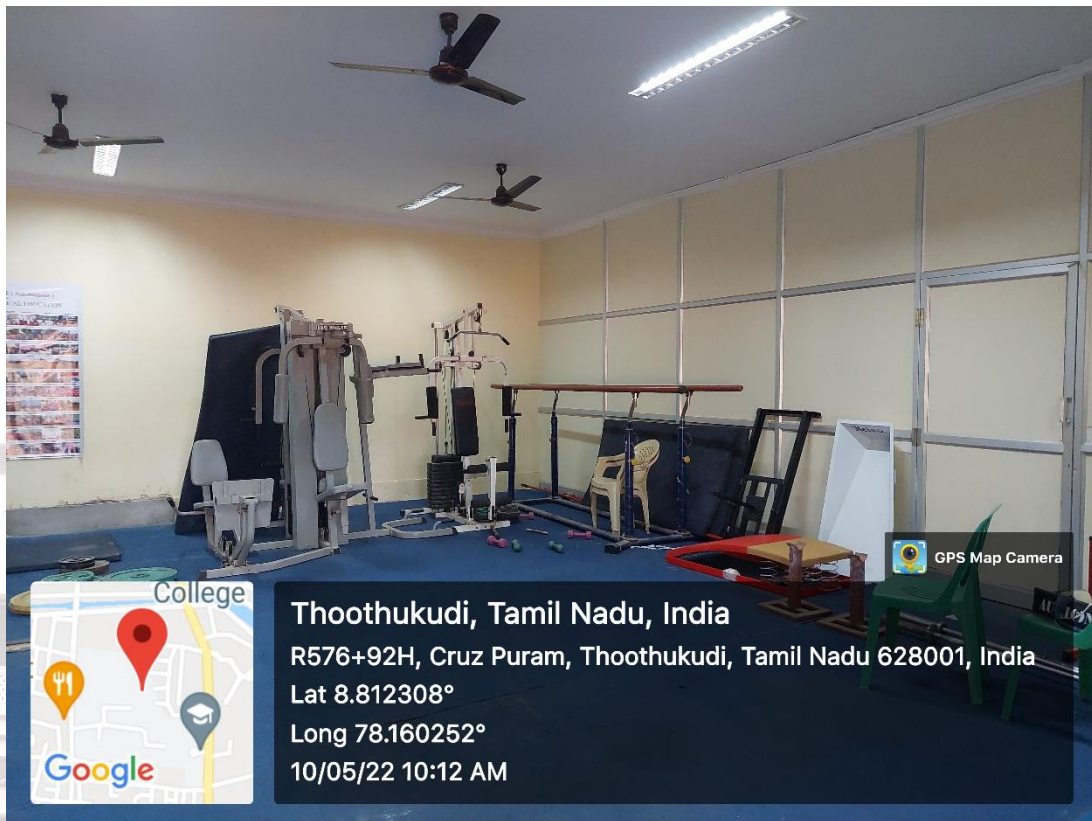
Sl.NO.	Name	Sports
1.	Mr. D. Thomson	Basket Ball
2.	Mr. George Easter Melvin	Hand ball & Hockey
3.	Ms. A. Mary Thangam	Kho-Kho
4.	Ms. M. Mary Josephal	Cross country race
5.	Mr. G. Bala Singh	Ball Badminton
6.	Mr. G. Raja	Kabaddi
7.	Mr. D. Navaraj Bulganin Daniel	Weightlifting
8.	Mr. S. Saravana Kumar	Badminton
2.	Mr. Mangala Jaya Paul	Volleyball
3.	Mr. P. Dharmaraj	Chess Coach
4.	Mr. Barnabas	Table Tennis
5.	Mr. Ramer	Foot Ball

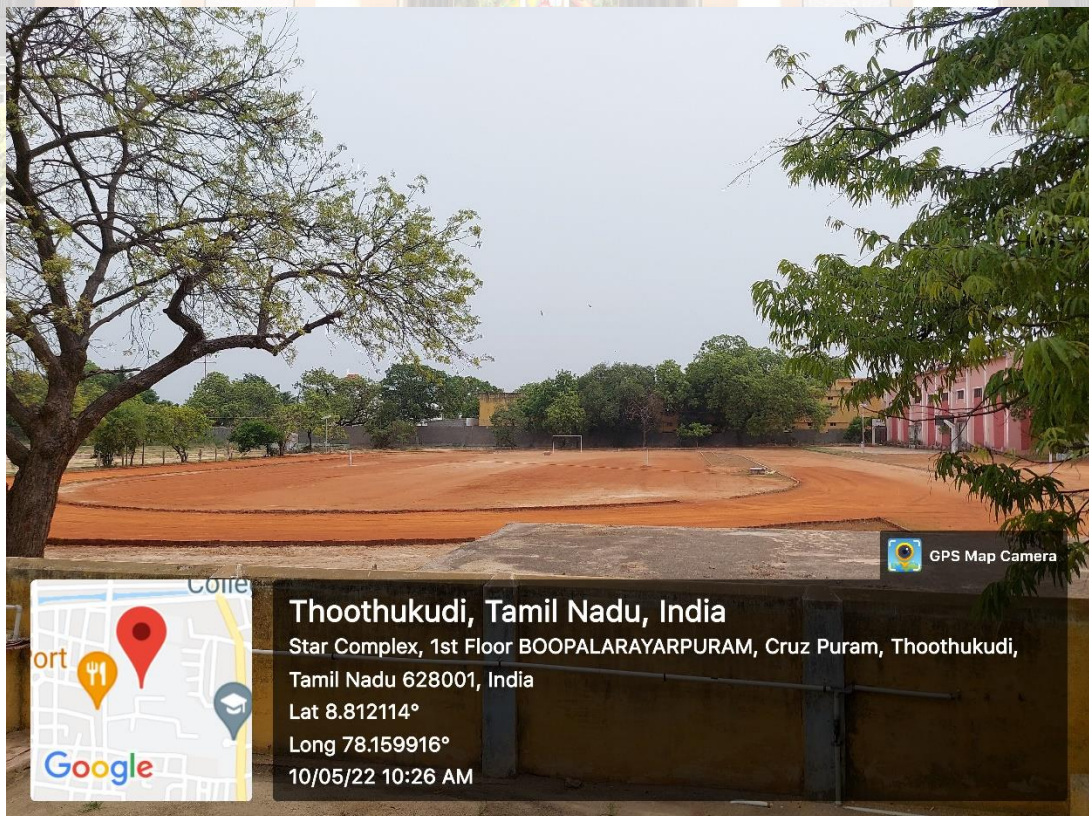
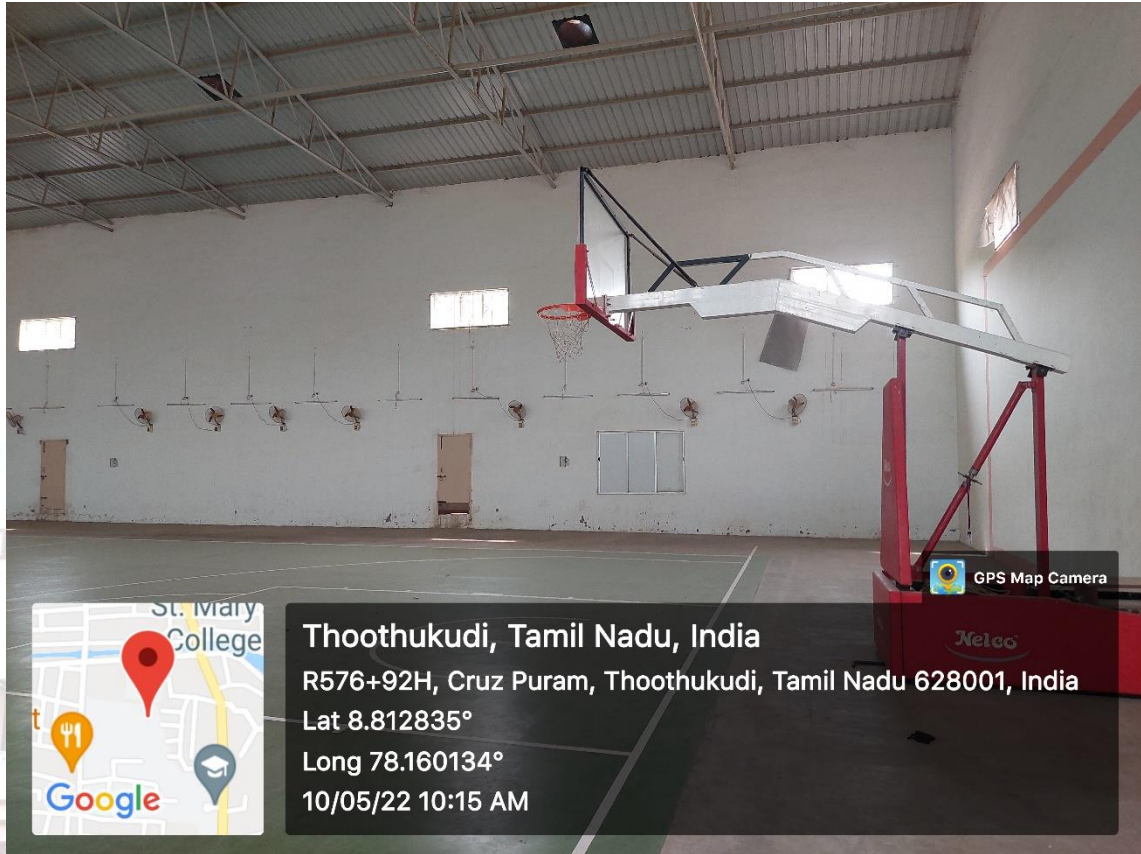
19. Physical Education

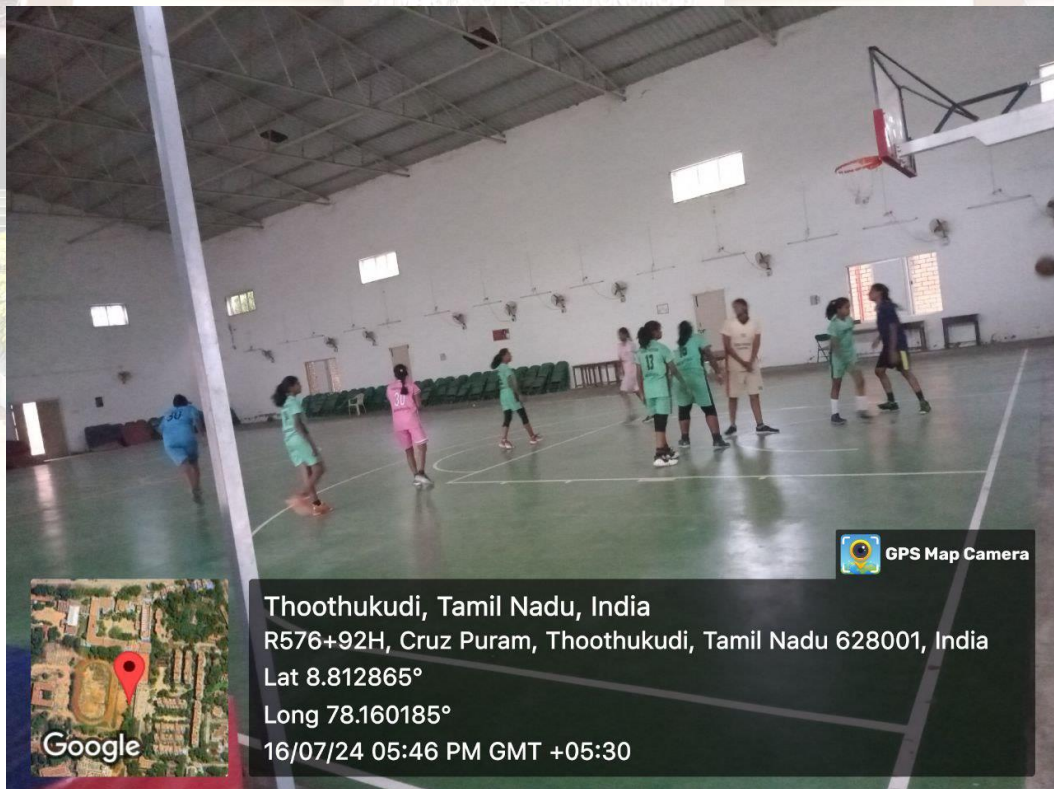
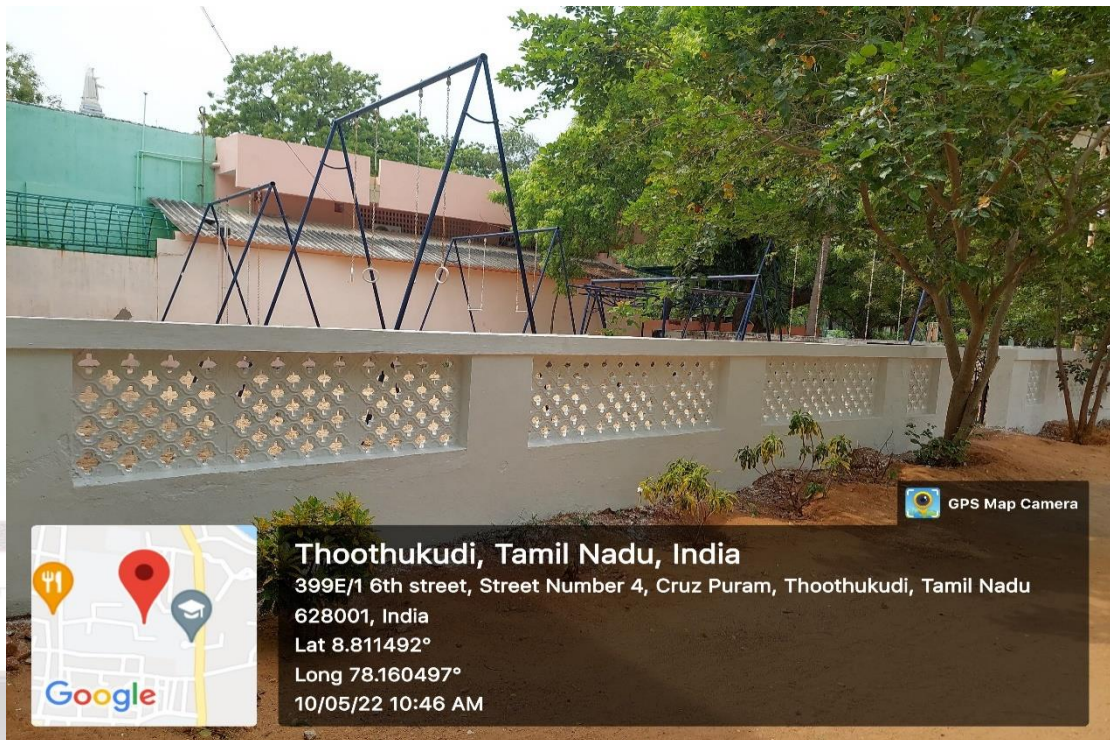
Sl. No.	Description	Details
1	Total area of the play ground	Three Acres
2	Details of the outdoor games available	1 Volley Ball
		2 Ball-Badminton
		3 Handball
		4 Kabaddi
		5 200 mts Track
		6 Kho-Kho
3	Details of the Indoor games available (also mention the total area allocated for each game in sq.ft.)	1 Badminton
		2 Chess
		3 Weight Lifting
		4 Basket Ball
		5 Table Tennis
4	Details of gymnasium available	1 Vertical Bar,
		2 Parallel Bar
		3 Pommel Horse
		4 Medicine Ball
		5 Medicinal Ball
		6 Iron Dumbbells
		7 Station Exercise (4 station)
		8 Bar-Bell apparatus (Indian Olympic
5	Fund allotted to Physical Education/year	

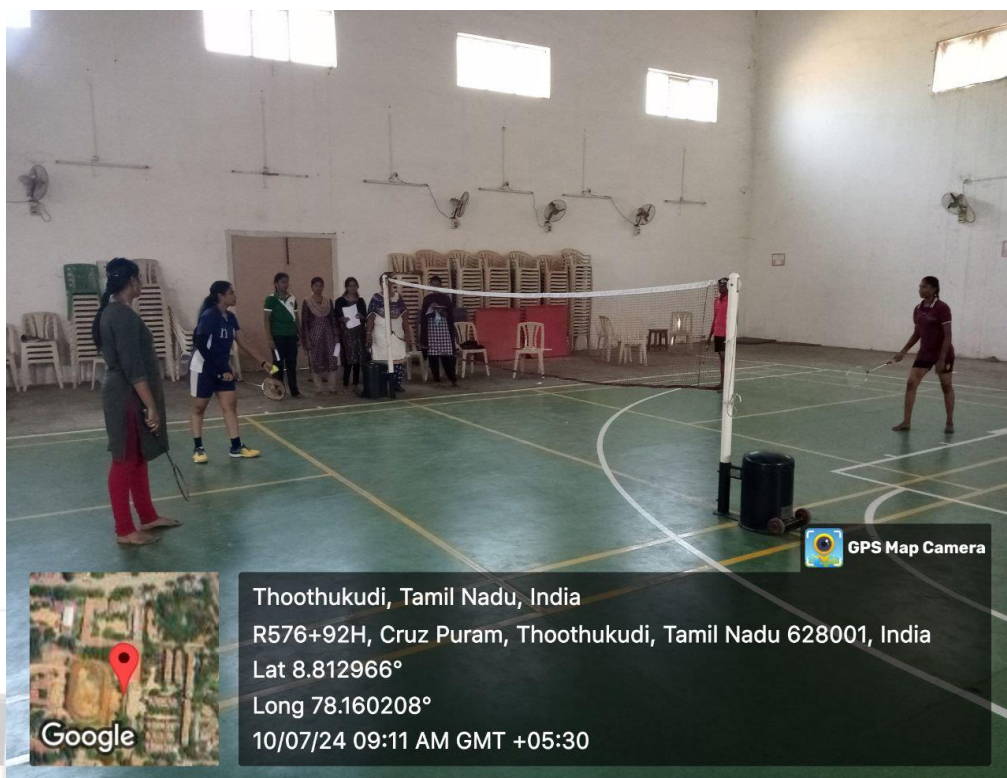
Srinivas Reddy
Signature of the Principal













Lynn Rose
Principal
St. Mary's College (Autonomous)
Thoothukudi-628 001.