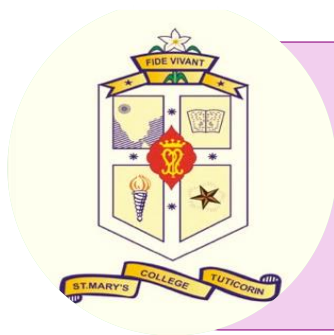




St. Mary's College (Autonomous)
Reaccredited with 'A+' Grade by NAAC (Cycle IV)
Thoothukudi



Criterion: V - Student Support and Progression
5.3 - Student Participation and Activities
Year: 2018-2023



5.3.1 List of awards/medals for outstanding performance in sports/cultural activities at University / state / national/international Level events (award for a team event should be counted as one) during the last five years

5.3.1 Number of awards/medals for outstanding performance in sports/cultural activities at University / State / National/International Level events (award for a team event should be counted as one) during the last five years								
SI. No	Name of the student	Name of the event	Date of the event	Team / Individual	University / state / National/ International	Position secured	Name of the Organising Institution	Link to the relevant document
2022 - 23								
1	A. Rixcy Kashifa Shankar	Ad-Mad	21.03.2023	Team	University	Second	Department of Business Administration and Shipping and	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-

							Logistics Management, Kamaraj College, Thoothukudi.	%2023/1.%20Rixcy.pdf
2	A. Maria Derana Fernando S. Sri Lakshmi Preethi K. Kavya K. Akshaya Meenakshi Kashifa Shankar AR A. Antony Reyashini	Corporate walk	21.03.2023	Team	University	Second	Department of Business Administration and Shipping and Logistics Management, Kamaraj College, Thoothukudi.	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/2.%20Maria%20Derana%2022%20-%2023.pdf
3	S. Sri Lakshmi Preethi D. Swetha K. Akshaya Meenakshi A. Rixcy A. Maria Derana Fernando	As you like it	21.03.2023	Team	University	First	Department of Business Administration and Shipping and Logistics Management, Kamaraj College, Thoothukudi.	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/3.%20Sri%20lakshmi.pdf
4	Selvi Aberna. A	Slogan Writing, International Women's Day Competition	08.03.2023	Individual	University	Winner	Department of Criminology and Criminal justice & Youth welfare, Manonmaniam Sundaranar	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/4.%20Selvi%20Aberna.%20A.pdf

							University, Tirunelveli	
5	Mary Stephy. G	Paper Presentation, Two days international Conference on Applied Biosciences - A Sustainable Developmental Goal.	29.03.2023	Individual	International	Best Paper Presenter	Department of Botany, St. Mary's College (Autonomous), Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/5.%20Mary%20Stephy.%20G.pdf
6	Gophika N	Creative Writing Competition	2022-2023	Individual	State	First	Shakespeare Publications, Coimbatore	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/6.%20Gophika%20N.pdf
7	Antony Navis Beula N	Creative Writing Competition	2022-2023	Individual	State	Second	Shakespeare Publications, Coimbatore	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/7.%20Antony%20Navis%20Beula%20N.pdf
8	Esther	Creative Writing Competition	2022-2023	Individual	State	Second	Shakespeare Publications, Coimbatore	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/8.%20Esther.pdf
9	Joshna T	Creative Writing Competition	2022-2023	Individual	State	Third	Shakespeare Publications, Coimbatore	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/9.%20Joshna%20T.pdf

								%2023/9.%20Joshna%20T.pdf
10	Keerthana S	Paper Presentation, A One Day National Seminar on "Technopreneurship: An Emerging Field of Entrepreneurship"	10.02.2023	Individual	National	Best Paper Presenter	St. Xavier's College (Autonomous), Tirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/10.%20Keerthana%20S.pdf
11	J. Muthuselvi	Elite Namma Thoothukudi Marathon	30.04.2023	Individual	International	Rs.7000 cash award	Junior Chamber International	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/11.%20J.%20Muthuselvi.pdf
12	Lakshmi Prabha M Seetha Lakshmi N	SOFTWARE MARKETING ,State Level Inter - Collegiate Technical Symposium	31.03.2023	Team	State	Second	Department of Computer Applications, Don Bosco College of Arts and Science, Keela Eral Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/12.%20Lakshmi%20Prabha.pdf
13	Catlina C	Paper Presentation, Spark '23 State Level Inter Collegiate	31.03.2023	Team	State	First	Department of Computer Applications, Don Bosco College of	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/13.%20Catlina%20C.pdf

		Technical Symposium					Arts and Science, Keela Eral	
14	L. Siva Sundari	73 rd Men & 37 th Women senior Weight Lifting Championships	20.08.2022	Individual	State	Second	Tamilnadu Amateur Weightlifting Association	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/14.%20Siv a%20Sindari.pdf
15	L. Siva Sundari	Weight lifting	29.11.2022	Individual	University	First	Manonmaniam Sundaranar University, Tirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/15.%20Siv a%20Sundari.pdf
16	Nikiconzaha	Table Tennis for (women)	03.11.2022	Individual	University	Fourth	Manonmaniam Sundaranar University, Tirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/16.%20Nik iconzaha.pdf
17	Bharani Lakshmi	National Flag Drawing	15.08.2022	Team	International	GWR- Global World Record	GWR- Global World Record	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/17.%20Bha rani%20Lakshmi.p df
18	M.Rathimani	Silambam - Single Stick	28.05.2023	Individual	State	Noble Book of World Records	Noble World records	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/18.%20Rat himani.pdf

19	M.Rathi	Silambam - Single Stick	30.04.2023	Individual	State	Third	Nehru Yuva Kendra, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/19.%20Rathi.pdf
20	K. Pavithra	Silambam	01.10.2022 - 02.10.2022	Individual	National	Bronze	Young Sports of India	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/20.Pavithra.pdf
21	Anu Varshini.S.L	Poetry Writing	15.08.2022	Individual	National	Kavi Citarasu Award	Kurinchi Kabilar Tamil Sangam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/21.%20Anu varshini.pdf
22	Kanthimathi P	“Gender Equality and Women Self Reliance in Academic Environment: Current Perspectives	28.10.2022	Individual	State	Best Poster Presentation	Department of Animal Science, Manonmaniam Sundaranar University, Tirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/22.%20Kanthimathi%20P.pdf
23	Jenovin M	Women Junior Weight Lifting Championships	11.12.2022	Individual	State	First	Tamilnadu Amateur Weightlifting Association	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/23.%20Jenovin%20M%20sports.pdf

24	Kaliyammal V	National level Poetry Competition	15.08.2022	Individual	State	Fifth	Kurinchi Kabilar Tamil Sangam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/24.%20Kaliyammal%20V.pdf
25	P. Antony Thanga Sathana A. Micheal Selciya A. Premila M. Sneka C. Sathya S. Mani Megalai M. Anumalika P. Sanseela Evangelin Barabaral	Hockey	19.10.2022 - 20.10.2022	Team	University	Second	S.S.D.M College, Kovilpatti	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/25.Antony%20thanga%20sathana.pdf
26	S. Jasmine M. Maha V. Suba R. P. Asmitha M. J. Dharshana	Tennis	01.11.2022	Team	University	Third	Sadakathulla Appa College, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/26.Jasmine.pdf
27	B. Naciha Vijaya Dharshini R. Gowsiga Devi S. Gowsalya C. Sathya A. Karthika J. Muthu Selvi	Football	19.11.2022 - 20.11.2022	Team	University	Second	St. Judes College, Thoothoor	http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/27.Naciha.pdf

	M. Priya Varshini R. Ravishini Priya N. Antony Navis Buelah L. Jenithra M. Gayathiri P. Sanseela Evangelin Barbaral M. Ara Thilfer G. Murugeshwari D. Emima Varshini						
28	S. Jasmine M. Gayathiri L. Jenithra P. Antony Thanga Sathana R. Ravishini Priya R. Saratha S. Gowsalya J. Muthu Selvi M. Priya Varshini A. Karthika C. Asha K. Suba Chitra	Kho-Kho	06.01.2023 - 07.01.2023	Team	University	Fourth	St. Mary's College (Autonomous), Thoothukudi http://117.241.71.15/aqar/SSR/C%205/5.3.1/22%20-%2023/28.Jasmine.pdf

2021 - 22

1	S. Sri Lakshmi Preethi	Corporate walk, Pesta 22	21.04.2022 - 22.04.2022	Team	State	First	Department of Business Administration and Shipping and Logistics Management, Kamaraj College,	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/1.%20S.%20Sri%20Lakshmi%20Preethi%20-%20Corporate%20Walk.pdf
2	S. Sri Lakshmi Preethi	As you like it, Pesta 22	21.04.2022 - 22.04.2022	Team	State	First	Department of Business Administration and Shipping and Logistics Management, Kamaraj College	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/2.%20S.%20Sri%20Lakshmi%20Preethi%20-%20As%20you%20like%20it.pdf
3	Eruthaya Abisha. C	Paper Presentation, National Conference on Outcome-Based Research – A Path to Innovation	30.05.2022	Individual	National	Best Paper Award	Marian Research Forum, St.Mary's College(Autonomous), Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/3.%20Eruthaya%20Abisha.%20C.pdf
4	M.Lishanthini	Paper Presentation, National Conference on Outcome-Based	30.05.2022	Individual	National	Best Paper Award	Marian Research Forum, St. Mary's College (Autonomous), Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/4.%20M.Li%20santhini.pdf

Criterion V

SSR Cycle V

		Research – A Path to Innovation						
5	L. Siva Sundari	Weight Lifting, 42 nd Men and 29 th Women Junior Weight Lifting	27.03.2022	Individual	State	Third	Tamil Nadu Amateur Weightlifting Association	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/7.%20Siva%20Sundari.pdf
6	L. Siva Sundari	Weight Lifting, Senior 63	23.10.2021 - 24.10.2021	Individual	State	First	Tamil Nadu Power lifting Association	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/5.%20Siva%20Sundari.pdf
7	L. Siva Sundari	Weight Lifting, 71 st Men and 35 th Women Senior Weight Lifting championship	28.03.2021	Individual	State	Third	Tamil Nadu Amateur Weightlifting Association	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/6.%20Siva%20Sundari.pdf
8	S. Gowsalya M. Jenovin	Beach Kabaddi, State Level Beach Games 2021 - 2022	02.04.2022 - 03.04.2022	Team	State	First	Sports Development Authority of Tamil Nadu	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/8.Gowsalya.pdf
9	K. Pavithra	Silambam Stick Fight, I WUSF National	21.10.2021 - 22.10.2021	Individual	National	First	World Union Silambam Federation	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/9.%20Pavithra.pdf

		Silambam Championship						
10	K. Pavithra	Global Mega Silambam World Record	27.02.2022	Individual	International	Global World Record	Global World Record	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/10.%20Pavithra.pdf
11	M.Jenovin	Weight Lifting	07.12.2021	Individual	State	Second	T. D.M.N.S. College, T. Kallikulam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/11.Jenovin.pdf
12	M.Jenovin	Hammer Throw	17.12.2021 - 19.12.2021	Individual	State	Third	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/12.Jenovin.pdf
13	S. Pavithra Meena	Weight Lifting	07.12.2021	Individual	University	First	T. D.M.N.S. College, T. Kallikulam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/13.%20Pavithra%20Meena.pdf
14	A. Augustina Jeniba	Weight Lifting	07.12.2021	Individual	University	First	T. D.M.N.S. College, T. Kallikulam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/14.%20Augustine.pdf
15	L. Murugananthi	Weight Lifting	07.12.2021	Individual	University	Second	T. D.M.N.S. College, T. Kallikulam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/15.LMurugananthi.pdf

								%2022/16.Muruganathi.pdf
16	M. Swetha	Weight Lifting	07.12.2021	Individual	University	Third	T. D.M.N.S. College, T. Kallikulam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/17.Swetha.pdf
17	S. Muthamil Selvi	Weight Lifting	07.12.2021	Individual	University	Third	T. D.M.N.S. College, T. Kallikulam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/18.Muthamil%20Selvi.pdf
18	R. Shobana A. Malarkodi A. karthika	4X400 mts Relay	17.12.2021 - 19.12.2021	Team	University	Second	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/18.%20Shobana%2021%20-%2022.pdf
19	J. Maria Dona	Pole Vault	17.12.2021 - 19.12.2021	Individual	University	Third	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/22.Maria%20Dona.pdf
20	M. Muthu lakshmi C. Selva Kani S. Helan Mary H. Vadakkuvaselvi A. mariya Pushpam	Hockey	21.12.2021 - 22.12.2021	Team	University	Third	Sarah Tucker College, Tirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/23.muthulakshmi.pdf

	C. Sujitha						
	A. Premila						
	M. Sneka						
	M. Priya						
	Dharshini						
	C. Sathya						
	R. Nivetha						
	A. Afrin Asha						
	S. Mani Megalai						
	S. Muthamil Selvi						
	J. Maria Dona						
21	R. Gowsika Devi	Hand ball	02.01.2022	Team	University	Second	K. R. College, Kovilpatti
	A. Micheal		-				
	Selciya		03.01.2022				
	P. Antony Thanga						
	Sathana						
	R. Nivetha						
	S. Brindha						
	N. Antony Navis						
	Buelah						
	A. Karthika						
	M. Blessy Rinisha						
	S. Jerlin						
	A. Mariya						
	Pushpam						
	A. Arney Infancia						
	A. Snowin						
	Brindha						
	K. Kaviya						

<http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/24.%20Gowshika%20Devi.pdf>

	S. Subayca							
	M. Jemima							
	S. Jeya Durga							
22	J. Muthu Selvi	Cross Country Race	20.02.2022	Team	University	Third	M. S. University, Tirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/25.Muthuselvi.pdf
	J. Maria Dona							
	R. Nandhini							
	C. Asha							
	A. Karthika							
	J. Muthu Lakshmi							
23	V. Muthu Meena	400 mts	04.03.2022 - 06.03.2022	Individual	National	Third	Tamil Nadu Physical. Education & Sports University, Chennai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/26.%20Muthu%20Meena.pdf
24	V. Muthu Meena	Long Jump	04.03.2022 - 06.03.2022	Individual	National	First	Tamil Nadu Physical. Education & Sports University, Chennai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/27.%20Muthu%20Meena.pdf
25	V. Muthu Meena	Shot Put	04.03.2022 - 06.03.2022	Individual	National	First	Tamil Nadu Physical. Education & Sports University, Chennai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/21%20-%2022/28.%20Muthumeena.pdf
2020 - 21								
1	V. Muthu Meena	Shot Put, 16 th State Senior Para Athletic Championship	14.02.2021 - 16.02.2021	Individual	State	First	Tamil Nadu Paralympic Sports Association	http://117.241.71.15/aqar/SSR/C%205/5.3.1/20%20-%2021/1.%20Muthu%20Meena.pdf

2	V. Muthu Meena	Long Jump, 16th State Senior Para Athletic Championship	14.02.2021 - 16.02.2021	Individual	State	Third	Tamil Nadu Paralympic Sports Association	http://117.241.71.15/aqar/SSR/C%205/5.3.1/20%20-%2021/2.Muthu%20meena.pdf
3	V. Muthu Meena	Discus Throw, 17th National Para Games for Cerebral Palsy	21.03.2021 - 23.03.2021	Individual	National	First	Indian Sports Federation of Cerebral Palsy	http://117.241.71.15/aqar/SSR/C%205/5.3.1/20%20-%2021/3.%20Muthumeena.pdf
4	V. Muthu Meena	800mtr, 17th National Para Games for Cerebral Palsy	21.03.2021 - 23.03.2021	Individual	National	First	Indian Sports Federation of Cerebral Palsy	http://117.241.71.15/aqar/SSR/C%205/5.3.1/20%20-%2021/4.%20Muthumeena.pdf
5	V. Muthu Meena	Shotput, 17th National Para Games for Cerebral Palsy	21.03.2021 - 23.03.2021	Individual	National	First	Indian Sports Federation of Cerebral Palsy	http://117.241.71.15/aqar/SSR/C%205/5.3.1/20%20-%2021/5.%20Muthumeena.pdf
6	V. Muthu Meena	Shot Put, 19th National Para Athletic Championship	24.03.2021 - 27.03.2021	Individual	National	First	Paralympic Committee of India	http://117.241.71.15/aqar/SSR/C%205/5.3.1/20%20-%2021/6.Muthu%20meena.pdf
2019 - 20								
1	D. Karpaga Nandhini M. Muthu Lakshmi R.Shobana	Cross Country Race	14.08.2019	Team	University	Third	Thiruvalluvar College, Papanasam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/1.D.Karpaga%20Nandhini.pdf

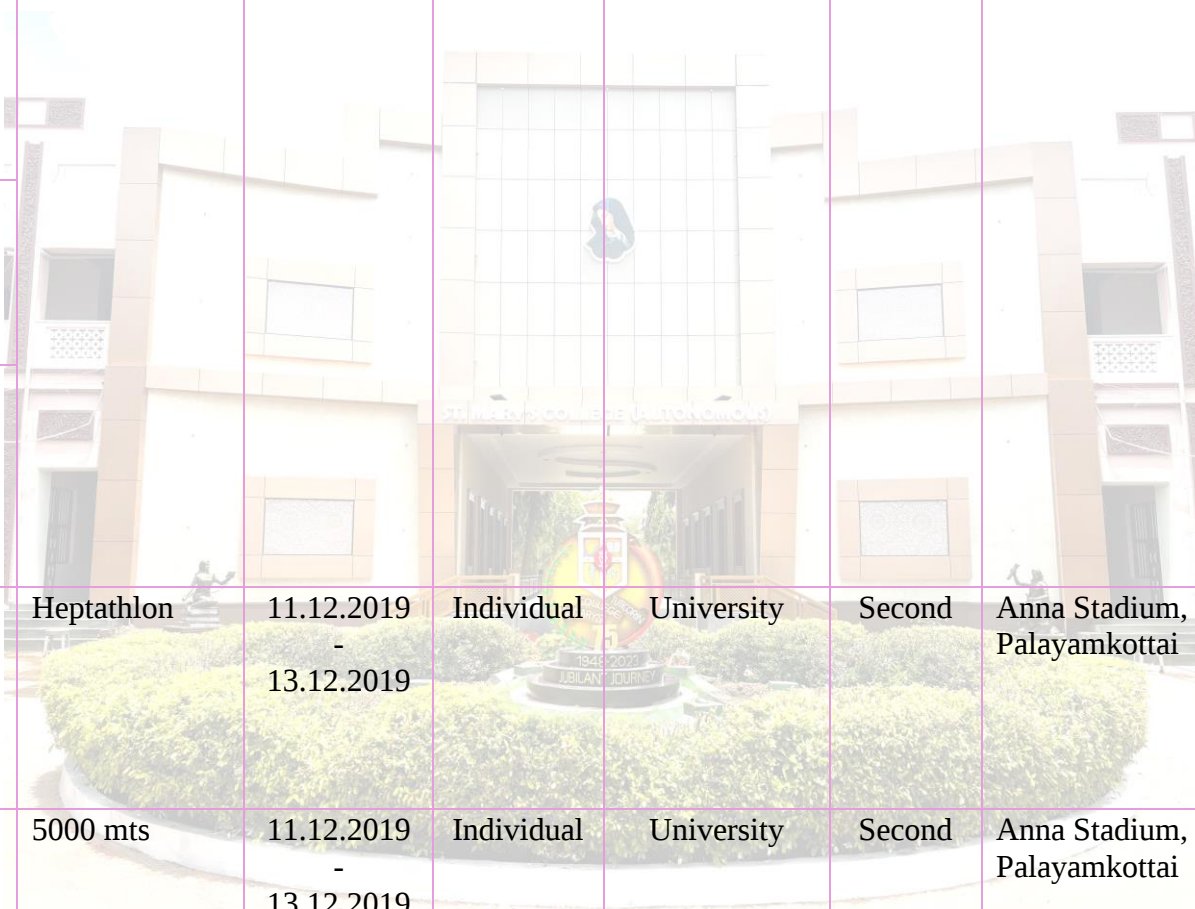
	C. Asha A. Mary Thangam Y. Rubithra							
2	R. Sakthi Maheswari A. Maria Roselin Angel Mary K. Priya Dharshini I. Ramu Gokila I. Subarani	Table Tennis	26.08.2019 - 28.08.2019	Team	University	First	Vyasa Arts & Science College, Tenkasi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/2.sakthi%20maheswari.pdf
3	E. Manju S. Ubahara Nimmi A. mary Thangam Y. Rubithra A. Snowber A. Malakodi R. Shobana A. Maria Pushpam D. Karpaga Nandhini P. Antony Thanga Sathana S. Vidhya Sree	Kho-Kho	26.08.2019 - 28.08.2019	Team	University	Fourth	Vyasa Arts & Science College, Tenkasi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/3.%20E.Ma nju.pdf
4	S. Raja Nandhini D. Karpaga Nandhini M. Mari Gowsalya	Kabaddi	04.09.2019 - 05.09.2019	Team	University	Second	Sri. K. G. S College, Srivaikundam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/4.sri.k.g.s.college.pdf

	M. Muthu Lakshmi						%2020/4.S.Raja%20nandhini.pdf
	L.Murugananthi						
	T.Muthu Jeeva						
	K.Suba Chithra						
	M.Jenovin						
	P.Anantha Jothi						
	A.Maha lakshmi						
	M.Gowsalya						
	M.Micheal Princiya						
5	G. Santra	Football	11.09.2019	Team	University	Fourth	St. John's College, Palayamkottai
	B. Mariya Jenifa		-				
	J. Cathrine Tehila		13.09.2019				
	K. Sangeetha						
	A. Amisha Kumari Sigh						
	M. Muruga Jothi						
	T. Jelciya						
	K. Sudalaiyammal						
	R. Kowsiga Devi						
	K. Saranya						
	K. Amirthavalli						
	M. Malarkodi						
	V. Banumathi						
	K. Santhiya Devi						
	E. Jenifer						



6	M. Michael Princiya	Weight Lifting	24.09.2019	Individual	University	First	T. D.M.N.S. College, T. Kallikulam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/6.%20Michael%20Princiya.pdf
7	T. Jelciya	Weight Lifting	24.09.2019	Individual	University	First	T. D.M.N.S. College, T. Kallikulam	
8	P. Anantha Jothi	Weight Lifting	24.09.2019	Individual	University	First	T. D.M.N.S. College, T. Kallikulam	
9	J. Cathrine Tehila	Weight Lifting	24.09.2019	Individual	University	Second	T. D.M.N.S. College, T. Kallikulam	
10	P. Antony Thanga Sathana	Weight Lifting	24.09.2019	Individual	University	Third	T. D.M.N.S. College, T. Kallikulam	
11	A. Shalom Abinaya	Volleyball	03.10.2019	Team	University	First	V. O. C. College, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/7.%20Shalom%20Abinay.pdf
	J. Priya Dharshini		04.10.2019					
	C. Asha							
	T. Veera Santhiya							
	S. Pavithra Meena							
	A. Micheal Selciya							
	P. Maria Amirtha							
	M. Ancia							
	R. Jeya Nisha Sweety							
	P. AntonynThanga Sathana							
	A. Micheal Ebina							

12	E. Manju P. Uma Rani R. Jeniba Shibi A. Agnes A. Mariya Pushpam P. Nithya R. Mariya Prasanna H. Vadakkuvaselvi U. Manimegalai P. Chandra M. Anumalika S. Muthamil Selvi K. Muthumari Y. Rubithra M. Sona E. Vijaya Lakshmi T. Arulmozhi	Hockey	17.10.2019 - 18.10.2019	Team	University	Third	Sarah Tucker College, Tirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/8.%20Manju.pdf
13	C. Asha A. Snowber	4X400mts Relay	11.12.2019 - 13.12.2019	Team	University	Second	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/12.C.Asha.pdf

							%2020/13.A.Snow ber.pdf	
	D. Karpaga Nandhini						http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/9.karpaga%20nandhini.pdf	
	J. Sureka						http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/15.J.sureka.pdf	
	R. Jeya Nisha Sweety						<a href="http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/17.R.Jeya%20Nisha%20sweet
y.pdf">http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/17.R.Jeya%20Nisha%20sweet y.pdf	
14	D. Karpaga Nandhini	Heptathlon	11.12.2019 - 13.12.2019	Individual	University	Second	Anna Stadium, Palayamkottai	<a href="http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/10.%20D.k
arpaga%20nandhin
i.pdf">http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/10.%20D.k arpaga%20nandhin i.pdf
15	C. Asha	5000 mts	11.12.2019 - 13.12.2019	Individual	University	Second	Anna Stadium, Palayamkottai	<a href="http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/11.C.Asha.
pdf">http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/11.C.Asha. pdf

16	J. Sureka	200 mts	11.12.2019 - 13.12.2019	Individual	University	Second	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/14.J.sureka.pdf
17	J. Sureka	100 mts	11.12.2019 - 13.12.2019	Individual	University	Second	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/16.J.sureka.pdf
18	R. Jeya Nisha Sweety	100 mts Hurdles	11.12.2019 - 13.12.2019	Individual	University	Second	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/18.R.jeya%20Nisha%20sweet y.pdf
19	J. Micheal Ebina	Javelin Throw	11.12.2019 - 13.12.2019	Individual	University	Third	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/19.A.Micheal%20Ebina.pdf
20	R. Jeya Nisha Sweety	400 mts Hurdles	11.12.2019 - 13.12.2019	Individual	University	Third	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/20.R.Jeya%20Nisha%20sweet y.pdf
21	K. Kanagavalli	5 Km Race Walk	11.12.2019 - 13.12.2019	Individual	University	Third	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/21.K.kanaga%20valli.pdf

22	M. Jenovin	Hammer Throw	11.12.2019 - 13.12.2019	Individual	University	Third	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/22.M.Jenovin.pdf
23	P. Antony Thanga Sathana	Heptathlon	11.12.2019 - 13.12.2019	Individual	University	Third	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/23.P.Antony%20thanga%20sathana.pdf
24	J. Carmel Ashika	Shot Put	11.12.2019 - 13.12.2019	Individual	University	Third	Anna Stadium, Palayamkottai	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/24.K.carmel%20Ashika.pdf
25	T.Veera Santhiya A.Micheal Ebina R,Leena josephine pearl A.Micheal selciya P.Mariya Amirtha M.Ancia S.Ubahara Nimmi A.Malarkodi P.Antony Thanga Sathana K.Saranya	Volleyball	28.03.2020 - 29.03.2020	Team	Regional Level	winner	Einstein College of Engineering, Tirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/19%20-%2020/25.T.veera%20Santhiya.pdf

2018 - 19

1	M. Maha Lakshmi	AD MANIA, 8th State Level Management Fest	25.02.2019	Team	State	First	Francis Xavier Engineering College, Tirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/1.Mahalaks hmi.pdf
2	G. Varathalakshmi	Rangoli Competition	21.08.2018	Team	State	First	Sri parasakthi college for women, Courtallam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/2.%20Varat ha%20Lakshmi.pdf
	G. Pasungkili							
3	Sri Nardhini.S	HERACLES'1 9)- Corporate walk	23.02.2019	Team	State	Second	Holy Cross Home Science College, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/3.%20Sri% 20Nandhini.pdf
	Anushiya.K							
4	Danisha.R	HERACLES'2 1-Logo Designing	23.02.2019	Individual	State	Second	Holy Cross Home Science College, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/4.%20Dani sha%20R.pdf
5	A Noodhana Indus	Groove it up	23.02.2019	Team	State level	Second	Holy Cross Home Science College, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/5.%20Noor dhus.pdf
	B Sneha							
	S Anju							
	S Kausalya							
	B Pavatharani							
6	S Saffri	Business Model	23.02.2019	Team	State level	Third	Holy Cross Home Science College, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/6.%20Saffr i.pdf
	A Arul Meena							

7	M.Micheal Princiya	Weight Lifting	01.10.2018	Individual	University	Third	T. D.M.N.S. College, T. Kallikulam	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/7.%20Michael.pdf
8	D. Karpaga Nandhini	Heptathlon	24.10.2018 - 26.10.2018	Individual	University	Second	Anna Stadium, Tirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/8.%20karpaga.pdf
9	K. Kanagavalli	45 Kgs. Weight Lifting	15.02.2019 - 17.02.2019	Individual	State	First	Nehru Arts and Science College, Coimbatore	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/9.%20kanagavalli.pdf
10	K. Kanagavalli	39 th & 26 th Women Junior Weightlifting Championship	19.01.2019	Individual	State	Second	Tamil Nadu Amateur Weightlifting Association	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/10,%2011%20kana.pdf
11	K. Kanagavalli	45 Kgs. Weight Lifting	13.10.2018	Individual	State	Second	Tamil Nadu Amateur Weightlifting Association	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/10,%2011%20kana.pdf
12	A. Mary Thangam	District Junior Athletic Meet	18.07.2018	Individual	University	First	Sports Development Authority of Tamil Nadu	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/12.%20Mary.pdf
13	S.Ubahara Nimmi	Hand Ball		Team	University	Second		

	B.Raja Reegam A.Micheal Ebina S.Jenifer T.Arul Mozhi K.Kiruthika k.Saranya T.Veera Santhya B.Mariya Jenifer M.Maheswari P.Antony Tanga Santhya R.Jeniba Shibi T.Muthu Selvi R.Ramya M.mariya Prasana		10.09.2018 - 12.09.2018				A.PC. Mahalaxmi College for Women, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/13.Ubhara%20Nimi%20S.pdf
14	D.Karpaga Naandini M.Micheal Princya S.Raja Nandhini A.Maha Lakshmi M.Muthu Lakshmi k.Saranya K.Kanagavalli B.Jaya parvathi M.Marri Gowsalya A.Subashini	Kabbadi	14.09.2018 - 15.09.2018	Team	University	Second	V.O.C College, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/14.%20D.karpaga%20Nanthini.pdf

15	A. Subashini B.Jaya parvathi P.Sahaya preethy B.Mariya Jenifa J.Catherin Theila M.Muruga Jothi K.Saranya T.Muthu Selvi R.Anantha ponmari L.Infaant Lizy G.Santra M.Suwathi K.Raj Priyadharshini J.Brethin A.Jasmine Leethiyal A.Qunista R.Gowsiga Devi	Football	18.09.2018 - 20.09.2018	Team	University	Fourth	M.S. University Thirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/15.A.subhashini.pdf
16	A. Mary Thangam	400 mts	20.09.2018 - 23.09.2018	Individual	University	Second	V.O.C College, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/16.A.Mary%20thangam.pdf

17	A. Mary Thangam	100 mts Hurdles	22.09.2018 - 23.09.2018	Individual	University	Second	V.O.C College, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/17.A.Mary%20thangam.pdf
18	A.Snowber	100 mts	22.09.2018 - 23.09.2018	Individual	University	Third	V.O.C College, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/18.A.Snowber.pdf
19	A.Snowber	Long jump	22.09.2018 - 23.09.2018	Individual	University	Second	V.O.C College, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/19.A.Snowber.pdf
20	F.Queen Rock Jenifer Y.Rubithra E.Manju T.Muthu Selvi A.Mariya Thangam Y.S.Subashini	Cross Country Race	22.09.2018	Team	University	Second	M.S University Abishapatti	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/20.F.Queen%20Roke%20jenifer.pdf
21	T.Muthu Selvi R.Jeniba Shibi X.Meritta R.Mariya Prasana M.Sathya P.Nithiya J.Jaini	Hockey	27.09.2018 - 29.09.2018	Team	University	Third	Sara Tucker College, Thirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/21.%20T.Muthu%20selvi.pdf

	R.Catheline Christel							
	K.Pon Karthika							
	T.Arul Mozhi							
	A.Agnes							
	P.Uma Rani							
	U.Mani megalai							
22	R.Anantha pomari	Volleyball	03.10.2018	Team	University	First	St. Mary's College, Thoothukudi	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/22.R.Anantha%20pomari.pdf
	T.Arokia Helena Fancy		-					
	R.Jeya Nisha Sweety		05.11.2018					
	R.Ramya							
	P.Antony Tanga Santhya							
	J.K.Jebitta Packiyavathi							
	J.Priya Dharshini							
	R.Leena Josphine Pearl							
	A.Micheal Ebina							
	T.Veera Santhya							
	S.Carolin kayalvizhi							
23	J.Sureka	200 mts	24.10.2018	Individual	University	Second	Anna Stadium, Thirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/23.J.Sureka.pdf
			-					
			26.10.2018					

24	J.Sureka	4x100 Relay	mts	24.10.2018 - 26.10.2018	Team	University	Third	Anna Stadium, Thirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/24.J.Sureka.pdf
	F.Queenn Rock Jenifer								http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/25.F.Queen%20Roke%20Jenifer.pdf
25	A.Mariya Thangam	Pole vault		24.10.2018 - 26.10.2018	Individual	University	Third	Anna Stadium, Thirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/26.A.Mary%20Thangam.pdf
26	F.Queenn Rock Jenifer	200 mts		24.10.2018 - 26.10.2018	Individual	University	Third	Anna Stadium, Thirunelveli	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/27.F.Queen%20Roke%20Jenifer.pdf
27	S.Ubahara Nimmi	Kho-Kho		09.10.2018 - 10.10.2018	Team	University	First	Women's Christian College, Nagercoil	http://117.241.71.15/aqar/SSR/C%205/5.3.1/18%20-%2019/28.S.Ubahara%20Nimmi.pdf
	F.Queenn Rock Jenifer								
	Y.Rubithra								

R.Kiruba Thangam
R.Subhashini
D.Karpaga Naandini
A. Mariya Thangam
S. Vidhya Sree
A. Subashini

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sa%20nimmi.pdf](#)



Louis Rose
Principal
St. Mary's College (Autonomous)
Thoothukudi-628 001.