



St. Mary's College (Autonomous)
Reaccredited with 'A+' Grade by NAAC (Cycle IV)
Thoothukudi



Criterion: V - Student Support and Progression
5.3 - Student Participation and Activities
Year: 2018-2023



5.3.3 The institution conducts / organizes following activities:

- 1. Sports competitions/events**
- 2. Cultural competitions/events**
- 3. Technical fest/Academic fest**
- 4. Any other events through Active clubs and forums**

Activities of Clubs and Forums

2018 - 19

Centre for Eco Feminine Excellence

Centre for Eco Feminine Excellence in connection with World Ozone Day Celebration, competitions on slogan writing, essay writing and painting were conducted on 12th September 2018.

On 22nd October Slogan Writing, Poster Making and Pencil Drawing competitions were conducted by NSS on the theme Election Day to make the students aware of their voting rights.

National Cadet Corps

The National Cadet Corps of our college functions with an objective of inculcating unity and discipline among the cadets. It instils a spirit of selfless service to mankind through various social service activities. Apart from the regular training in the institution the cadets have got a wide exposure to interact with other cadets all over the country by participating in

various camps across the country. The cadets won many accolades by attending camps held at national level



NCC Cadets demonstrating Rifle handling skill

About 48 Cadets attended CATC camp held at Sarah Tucker College (Autonomous), Tirunelveli from 21st to 30th May 2018. In this camp four cadets got selected for TSC training camp and eight cadets got selected for RDC training camp

International Yoga Day was celebrated on 21st June, 2018 in the college campus from 6 a.m to 8 a.m. and around sixty cadets participated in it. The objective is to have good health by promoting world peace and harmony.

CUO. Poulet Manusha III B.Sc. Physics and Sgt. Sahaya Saniya III B.Sc. Computer Science attended five camps in TSC and attended TSC Training III which was held at NTA, Idayapatti, Madurai. All the five cadets attended TSC IUC and CUO. Poulet Manusha won the medal in Judging Distance and Field Signa

About 40 of the cadets attended CATC camp held in the month of August and showed their skills and talents in various competitions and won many prizes. SUO. Shalini III B.A. History got the best senior award at NTA, Idayappatti from our Commanding Officer (OC), 3 TN Girls NCC, Tirunelveli.



Honouring Best Senior Awardee SUO. Shalini

RDC selection camp

Under the headship of Sgt. Sheeba Ebenezer III B.Sc. Physics, our cadets participated actively in RDC selection camps. Six cadets attended RDC-IUC at NTA, Idayappatti and four got selected for next level camps. They have attended seven camps altogether and reached the level of RDC IGC. Sgt. Sheeba Ebenezer III B.Sc. Physics, Sgt. Sobiya III B.Sc Zoology, L/Cpl. Ramani II B.Sc. Physics attended RDC-IGC th th held at Coimbatore from 8th to 17th October 2018.

Swachhata Hi Sewa

On extension of CDP and Social service programmes in NCC, our cadets conducted an awareness campaign on Swachhata Hi Sewa Best Hygienic Practices in the Labour colony, Thoothukudi. They also asked the residents to keep their environment clean and as part of it they also cleaned the beach and Port Hospital by being models/examples for others.



Awareness Campaign - Best Hygienic Practices

Army Attachment Camp

About 45 best cadets from all over our directorate (Tamilnadu, Pudhuchery and Andaman & Nicobar) participated in the Army Attachment Camp for SW cadets. NCC senior, SUO. E. Shalini of the college cleared the interview from Madurai Group and stood first in our Battalion and got selected for this vacancy. Our ANO, Lt. Dr. F. Mary Priya and SUO. Shalini attended AAC from 1st February to 16th February 2019 at Secunderabad. The cadets were trained and motivated to become Army Officers. She attended the camp with strong determination and hard work, stood as one of the best cadets and leader.



Army Attachment Camp

Home for the Aged - Visit

Every year the cadets visit Home for the Aged during the Christmas season with entertainment programmes. They extend their helping hands to the needy and the poor. They participate very actively in various social service activities, awareness campaigns and community development programmes.

The cadets involve themselves in all the programmes of the college like honouring special guests during committee visits, college functions and Independence Day, Republic Day ceremonies, etc., 23 and 21 cadets appeared for their 'B' and 'C' certificate examinations and all cleared the examinations with good grades.



Steady Hands, Strong Resolve: NCC Cadets

National Service Scheme (NSS)

International Yoga Day

The NSS units set its ball rolling for the academic year 2018-2019, with the observation of st the International Yoga Day on 21 June 2018. Dr. Stella Beatrice Nirmala and Ms. Muthu Selvi instructed and directed the students on various Asanas and Mudhras.



Finding Inner Peace

Orientation Programme

With the advent of the first-year students an Orientation was given to students on 23rd July. Dr. Vaijo Latha, Assistant Professor of Arignar Anna College, channelized the young minds in the direction of voluntary service.

Swachh Bharath

On 13th August 2018, NSS units in association with AICUF and Clean Campus club organized a cultural programme on Swachh Bharath. Kalaimamani Kailasa Moorthi and his troop created awareness on clean India through their folk art.

HIV, TB and Blood donation

On 20th August 2018, NSS in collaboration with RRC and Health and Hygiene club conducted an awareness programme on HIV, TB and Blood donation. Dr. Selva Rathnam, Block Medical Officer, and Mrs. Banumathi Nachiyar, Counsellor, Primary Health Care

Centre, Pudukkotai, and Ms. Uma, Counsellor, District TB Centre, Thoothukudi, were the resource persons

Anti-Ragging Act

On 27th August, NSS with the Anti-Ragging cell conducted a legal awareness meet. Mrs. Escalin, Advocate and Guest Lecturer of Tirunelveli Law College, enlightened the students on Anti-Ragging Act.

Ozone day

Ozone day was observed on 17th September, Fr. Sagesh, Parish priest of Jeevanagar, highlighted the need of the hour

Enrollment of New Voters

On 16th October, a special campaign was organized to enroll new voters. Hundreds of students handed over their filled in forms to Ms. Ramya, Election Deputy Tahsildar

Election Day

On 22nd October Slogan Writing, Poster Making and Pencil Drawing competitions were conducted on the theme Election Day to make the students aware of their voting right

Coastal Cleaning

A team of teens took up the task of cleaning the Muthu Nagar Beach on 24th October with the assistance of Thoothukudi Corporation

Adverse Effects of Plastics

On 10th Dec. 2018, NSS with Eco-feminine cell organized an awareness programme on the “Adverse Effects of Plastics”. Dr. John Prince, Associate Professor of Physics, V.O.C. College, Thoothukudi, highlighted the hazards of plastic to human beings as well as to the environment

Rally - Swachh Bharat

In an effort to create awareness and insist the need to keep the environment clean and free from plastic, a rally was organized on 13th December 2018. The rally was flagged off by Dr. Sr. A.S.J. Lucia Rose, Principal of St. Mary's College. The rally began from the college via Mattakadai and ended in front of municipal office with the Swachh Bharat oath

Blood Donation Camp

NSS units organized a blood donation camp on 21st Dec 2018 with the assistance of HDFC bank and Thoothukudi Government Hospital blood bank. The Blood donation camp was inaugurated by the Principal, Dr. Sr.A.S.J. Lucia Rose. Interested students volunteered and donated blood.

National Voter's Day

National Voter's Day was observed on 24th January 2019. Fr. Sagesh, Parish priest of Jeeva nagar, addressed the students on their rights and encouraged them to enroll and get their voter's ID



Future Citizens taking Voter's Day Oath

First Aid

NSS with Red Ribbon Club organized awareness on first aid on 4th February 2019. Dr. Vaseegaran, Chairman of Indian Red Cross Society, Thoothukudi, demonstrated how to give first aid on emergencies.

Cancer Awareness

On 7th February 2019, NSS units with Health and Hygiene club organized a “Cancer Awareness” programme. Dr. R. Sinthiya Saroja of Nellai Cancer Care Centre addressed the students on reduction of life style diseases through healthy living and made the students aware of the symptoms of cancer, early diagnosis and its treatment.

Voter's Awareness and Voter's Verification

On 23rd February, 130 students attended “Voter's Awareness and Voter's Verification” special camp organized by Thoothukudi District Collectorate at Muthu Nagar beach.

Legal rights of Women in India

In connection with International Women's Day, a legal awareness programme was arranged on 7th March 2019. Ms. Snabaga Sheela, Advocate of Thoothukudi District Court, addressed the students on “Legal rights of Women in India”.

Special Camp

Units 66 and 67 organized a seven-day special camp with 92 student volunteers from 3rd March to 9th March 2019 at Mukkani and Gandhi nagar.

In addition to these awareness drives and camps students were periodically involved in maintaining the cleanliness of the campus.

CENTRE FOR HUMAN EXCELLENCE

Campus Ministry

As the city's first catholic institution, St Mary's lives in the way of Mother Mary's spirituality by ministering not only to Catholic students but also to those of other faiths. Campus Ministry encourages the students to exercise their spirit, intellect and body. Campus Ministry's primary mandate is to help students deepen their faith through worship, reflection and service.



Inculcating the spirit of intellect and mind

A meeting on life skill programme was organised for the non - catholic students of III UG on 3rd October 2018. Rev. Fr. Benjamine was the resource person. 400 students participated in this programme. The session focussed on “live in nature

A Retreat was arranged on 18th October 2018 for all PG and III UG Catholic students. Around 450 students participated in the retreat. Rev. Fr. Selva SJ, Rev. Fr. Jeyaseelan OFM, Rev.Fr. Casmir SDB, Rev.Fr. Santhiya addressed the students.

On 21st January 2019, the members of Campus Ministry visited cyclone “Gaja” hit areas in and around Trichy, met the people and gave a relief package of Rs. 1,50,000/- to the affected families. About 100 bedsheets were distributed to the people. The local Parish priest guided the members of the Campus Ministry

All India Catholic University Federation (AICUF)

AICUF unit of the college organized a meeting on 18th June 2018 to pay tribute to the 13 people who lost their lives in the Anti-Sterlite protest Thoothukudi. On 16th of July Mr. Hercules, State Advisor of Tamil Nadu AICUF, Trichy addressed the students.

On 27th July 2018 a meeting was organised for the AICUF representatives in Trichy. Four students represented the college in the meeting.

On 13th of August 2018 Mr. Kailashamoorthy and his team entertained the AICUF students by performing Oyillattam, Karagattam and Thappattam



Folk Performance - Mr. Kailashamoorthy & team

World Food Day was celebrated on 24th October. Mr. Selvam Silva, Teacher, St Francis Xavier Higher Secondary School, Mr. Robert, Leader, Nattu Padagu Sangam and Ms Raja Lakshmi, Social worker were the chief guests.

AICUF students visited Child Labour Schools in Lourdammal Puram, Inigo Nagar, MGR Nagar and TSunami Colony and distributed food packets to 105 children on 24th October.



Distribution of Food Packets – Child Labour School

On 15th & 16th December AICUF unit advisors' meeting was held in Kanyakumari.

Rev. Sr. Ezhilarasi participated in the program.

Criterion V

SSR Cycle V

Friends of Servite Sisters (FSS)

On 20th July 2018 the members of the FSS assembled in the college chapel for a spiritual orientation on “Mother of Sorrows and the Seven Graces”

In view of celebrating the feast of Mother of Sorrows, the members of the FSS wing recited the Rosary of Mother of th Sorrows in the college chapel on 12th September 2018.

On 26th January 2019, three of our teaching faculty attended a seminar organised by the FSS wing of Tamil Nadu at Child Jesus School, Palayamkottai.

Yoga & Meditation

Meditation classes were conducted regularly and the members of the healing club were given training to cure themselves and others. All the outgoing students were briefed on “Techniques for Curing Ailments”. On all Fridays, the students of the college meditate for 15 minutes during the Morning Prayer.



Techniques for Curing Ailments

CENTRE FOR JOB EXCELLENCE

Career Guidance & Placement Cell

Career Guidance and Placement Cell arranged various career-oriented seminars for all the final year students.

IDBI Federal Life Insurance Co Ltd., Chennai conducted an interview for the post of Team Leader/Team Manager for the final year UG & PG students on 24th & 25th August 2018. About 81 students participated in the training and some of them were selected to appear for the competitive examinations.



Selection Process – Team Leader

Launch of Tuticorin Branch of India Post Payments Bank

About 10 students participated in the Launch of Tuticorin Branch of India Post Payments bank on 1.9.2018 at Arumugam Nadar Rajammal Thirumana Mahal near Head Post Office, Tuticorin. Prime Minister Narendra Modi launched the Post Payment Bank. It was screened. It was presided by Smt.P Geena Jeevan, Honourable Member of Legislative Assembly, Tuticorin Constituency.



Post Payment Bank – Thoothukudi Branch

Career Guidance & Placement cell has conducted a motivational speech for the final year UG and PG Science students on 19.09.2018. Mr. Thirumalaiappan Shankar, Director of JEENIUS, delivered the employability skills among the students. The students were enlightened with various skills. He advised the students to identify their individual talent and excel in their chosen fields with self-confidence and self-determination. In his address, he pointed out that success is the basic right for everyone. Knowledge, skill, punctuality, time management and positive attitude are the important factors for student's success. He also encouraged our students and provided opportunity for the PG students who are interested to join as a part time tutors in his Educational Institute JEENIUS. The meeting came to an end with the College Anthem.



Enlightening Session on Employability Skills

Final year students participated in the 'Career Fest' organised by the IT Companies on 13 October 2018 at AVM Mahal



Career Fest - 2018

Mr. N. Sethuraman, Team Leader, Mr.Prabhahar, Team Co-Ordinator and Mr.D.Benjamin Franklin from The Tamilnadu Graduate Foundation, Chennai, enlightened the students on the topic "Writing Competitive Exams" from 3rd to 5th December 2018



Preparation for Writing Competitive Exams



Knowledge Sharing Session

Mr.P.K. Kamaraj, Tamilnadu Students Employment Service, Trichy addressed the II and III UG students on “State and Central Government of India Examinations, Information and Preparation” on 30th January 2019.

On 21st February 2019, a campus placement for teaching profession was organised for the final year UG and PG students of various disciplines by The VSR International School, Thisaiyanvilai.

On 22nd February 2019, Mr. M.P RajaVarman briefed the students of the Mega Job Fair that was planned to be conducted in the following week by Karunai Trust.



Special Lecture - Mr. M.P RajaVarman, Karunai Trust

Karunai Trust and Career Guidance & Placement Cell jointly organised a Mega Job Fair on 24th February 2019. Nearly 75 companies conducted the interview. Out of 6500 candidates enrolled, 2000 were selected. Mrs. Kanimozhi Karunanidhi, Member of Parliament presided over the Fair and issued the Job offer letters. About 50 students of our college were selected



Mega Job Fair - 2019

On 5th March 2019, a Tally course was conducted for the students

Guidance and Counselling Forum

The Counselling Forum is active with counsellors Mrs. Rohini and Dr. S. Gousalya. Students with multifarious problems like inferiority complex, lack of self-confidence, lack of concentration were identified and directed to the counsellors. The counsellors help the students to overcome their difficulty through proper counseling

An awareness programme on “The World Suicide Prevention Day” and “The World Mental Health Day” was conducted by the Counselling Forum and the Department of Psychology

CENTRE FOR ENTREPRENEURSHIP AND SKILL EXCELLENCE

Certificate Courses

Our college offers innovative job-oriented courses to all UG students that are being handled by the experts of various fields. The courses are usually scheduled from Monday to Thursday every week.

Consumer Club

Consumer Club provides education about consumer protection and also creates awareness in the student community of the rights and responsibilities of the consumer. The Club organises a number of events and field visits for the students.

On 23rd October 2018, Dr. A. Ashok, The Head and Associate Professor of Economics, Kamaraj College, Tuticorin addressed the students of the consumer club on “Consumer Protection Rights



Consumer Protection Rights

On 12th February 2019 Ms. Pasamalar, Advocate, District Court, Tirunelveli, addressed the students on “Consumer Protection Act”.

Quiz Club

The Quiz Club is not only a platform of several formal quiz competitions but it's a platform of current affairs, discussions and debates. The Quiz Club of St. Mary's College aims to foster a desire for knowledge among students and make the students more competitive increasing their confidence level. The Club organizes various competitions in the campus. Quiz Club is leaping forward with strong guidance of teachers and active participation of all students.

CENTRE FOR WOMEN EXCELLENCE

Human Rights Forum

In keeping with the mission of the college which focusses on holistic education the Human Rights Forum seeks to engage students with like interests and goals to inform and educate the greater community about issues of human rights, tolerance and compassionate outreach to others.

On 24th September 2018, Mr. B. Kannan, an Advocate of Tirunelveli District Court addressed the members of the Human Rights Forum on the topic, “Rights of Women”.



Rights of Women

On 29th October 2018, an awareness meeting was organised in collaboration with BSNL and Directorate of Vigilance on the topic “Anti-Corruption” by Sri. Hector Dharmaraj, DSP, DVAC, Thoothukudi and Sri. Narayanan, Rtd. Vigilance Officer, BSNL, Tirunelveli in view of “The Vigilance Awareness Week”.



Anti-Corruption Vigilance Awareness Week

On 10th December 2018, in view of the Human Rights Day, Mr. A. Athisaya Kumar, Advocate, Thoothukudi District court addressed the students.



Human Rights Day Celebrations

Women's Cell

The Women's Development Cell of the College undertakes a variety of activities to promote Women's empowerment and awareness.

On 18th September 2018, Dr.Vanitha, Assistant Professor of Commerce, APC Mahalakshmi College, Thoothukudi delivered a speech on the topic, “Top Ten Rights of Women”



Top Ten Rights of Women

On 8th March 2019 International Women's Day was celebrated. Dr. Lalitha Subramanian, Professor and head of Department of Oncology and Radiology, Government Medical College, Thoothukudi, presided over the function

Anti-Sexual Harassment Cell

On 1st October 2018, Mr. David Prathiban addressed the students on the topic “Sexual Abuse”



Anti-Sexual Harassment Meeting

On 15th February an awareness programme on Cyber Crime was organized. Ms. Kohila, Inspector, Cyber Crime, addressed the students.



Cyber Crime

Louis Rose
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