



St. Mary's College (Autonomous)
Reaccredited with 'A+' Grade by NAAC (Cycle IV)
Thoothukudi



Criterion: V - Student Support and Progression
5.3 - Student Participation and Activities
Year: 2018-2023



5.3.3 The institution conducts / organizes following activities:

- 1. Sports competitions/events**
- 2. Cultural competitions/events**
- 3. Technical fest/Academic fest**
- 4. Any other events through Active clubs and forums**

Activities of Clubs and Forums **2019 - 20**

Consumer Awareness Quiz Competition

Consumer Club has organized a Consumer Awareness Quiz competition conducted by on 3rd October 2019. The fourth meeting of the consumer club was held on 27th January 2020. The meeting was presided over by Dr. D. Kathiravan, Associate Professor of Economics, Research Centre in Economics, St. John's College, Palayamkottai. He delivered a speech on 171 "Consumer Awareness regarding Consumer Rights and Responsibilities".



Consumer Rights and Responsibilities

Water Conservation

Elocution, Slogan Writing and Poster Making competitions were conducted by NSS units on the topic “Water Conservation” on 22-01-2020.

Forest Conservation

On 24-01-2020 elocution, slogan writing and poster painting competitions were conducted by NSS on the topic Forest conservation.

NCC

National Cadet Corps in St. Mary’s functions with an aim to inculcate unity & discipline among the cadets and to develop character, courage and comradeship to build a better India. It instils a spirit of selfless service to mankind through various social service activities and also conscientize the people with awareness programmes.

- 40 cadets and ANO of our college attended CATC – May 2019 from 21.05.2019 to 30.05.2019 at Sarah Tucker College, Tirunelveli. Five got selected for Thal Sainik Selection Camp (TSC). Seven got selected for Republic Day Selection Camp (RDC).
- Five cadets attended TSC–IUCatNTA, Idaiyapatti.
- Fifty of our cadets performed Yoga on International Yoga Day at Holycross G.H.S. School on 21st June, 2019 which was organized centrally by our Battalion and they were provided with a healthy breakfast.
- Sixty of our cadets along with A.P.C college cadets participated in a rally on 26th June, 2019 from Thoothukudi New Bus Stand to Municipal Office, Old Bus Stand. It was conducted to create awareness of the ill effects of drug usage and on the hazards of illicit trafficking.
- Sgt. C. Jesintha Joselin of II English attended TSC – IGC and got silver medal in

Judging Distance and Field Signal (JD & FS). She attended eight selection camps and finally got selected for All India Thal Sainik Camp–2019 held at DGNCC, Delhi Cantt. from 16.09.2019 to 27.09.2019. Last time, two cadets attended TSC, Delhi in 2012. She has reached the pinnacle of TSC, by attending Delhi camp.

- Lt. Dr. F. Mary Priya, the Associate NCC Officer of our college is the Contingent Commander of TNP&AN Directorate for the All India Thal Sainik Camp (Girls) – 2019 which held at DG NCC, Delhi Cantt. in the month of September –2019. Overall, girls team secured fifth place among the seventeen other directorates. She was awarded a shield for her best performance as an ANO in the TSC – Launch camp at NTA, Madurai.
- Six of our cadets attended RDC – IUC at NTA, Idaiyapatti. Cdt. S. Agnes Jeba of II English attended RDC Training–I Camp in the month of August 2019.
- Eighteen of our cadets attended CATC camp at NTA, Idaiyapatti from 01.10.2019 to 10.10.2019. SUO. Ramani of III B.Sc. Physics got best company commander (Bravo) award among the other four companies. She also won the first prize in SW Firing Competition. Cdt. Abigal Shilba of II B.Sc Maths won second place in Drill Competition. They also have won various prizes in various cultural competitions.
- UO. Vijayalakshmi attended Rock Climbing camp at Gwalior in the month November 2019. Three SW cadets got selected from our Tamil Nadu Directorate, she is one among them. She gave her best and stood among the top10 cadets in the camp.
- Fifty of our cadets participated in CDP activity of NCC under Swatchata Pakhwada mission on 12th December, 2019. They cleaned the beach area around the Roach Park in Thoothukudi.
- 23 cadets appeared for B Certificate Examination and 16 cadets appeared for the C

Certificate Examination in February 2020.



Activities of NCC

Thus, our cadets grow in self-discipline & an integrated personality through regular parades, adventure activities, knowledge-oriented classes and various competitions.

NSS

The NSS units 129 and 130 organized seven days special camp at Punnaikayal and Seranthapoomangalam from 24.02.2020 to 01.03.2020. A team of 84 volunteers actively took part in rendering service to the villagers. The Special camp was inaugurated by Dr. A.Rajaratnam, NSS Co-ordinator of Manonmaniam Sundaranar University, Tirunelveli. Dr. D. Jockim, Assistant Professor of St. Xavier's College, delivered the keynote address.



NSS Volunteers in Community Development and Nation Building Activities

Rev. Sr. Dr. A.S. J Lucia Rose, Principal, St. Mary's College, Rev. Sr. Dr. C. Shibana, Vice Principal of St. Mary's College and Mr. Chandra Bose, President of Village administration committee, felicitated the gathering. Ms. M. Mangalaeswari, Programme Officer of Unit 129 and Dr. P. Maria Jenifer Thaya, Programme Officer of Unit 130, made arrangements for the successful and smooth conduct of the special camp.

Cleanliness drives were conducted in and around Punnaikayal and Sernthapoomangalam through mass cleaning at the beach, schools and streets. Rallies were conducted to create awareness on cancer and healthy living, the hazards of plastic usage and need to avoid it. A general medical camp was organized with Sundaram Arulraj Hospital, Thoothukudi. The villagers were given free medical checkup and medicines. Free Eye checkup camp was organized with the help of Vasan Eye Care, Thoothukudi. A special medical camp was arranged for the people of Sernthapoomangalam with the assistance of Primary Health Centre, Authoor. These camps proved beneficial to the public. In addition to these rallies and medical camps, invited talks and lecture were given to the people on healthy living.

CENTRE FOR HUMAN EXCELLENCE

Catechism and Ethics

- Catechism and Ethics classes are conducted on I day order during first hour regularly for all the students.
- Meetings are organized and Retreats are given to the students. PG and III UG students had their retreat on 28th September 2019. Br. Rajesh, Br. Alenso and Br. Nikhil were the resource persons. I UG and II UG students had their retreat on 7th March 2020.

Rev. Fr. Raja Jegan, Regional Secretary Commission for Evangelization &

Charismatic Renewal, TNBCLL, Tindivanam, Rev.Fr. Jeganathan, Professor cum Formatter, St. Paul's Regional Major Seminary, Trichy and Br. Britto, Brothers of the Sacred Heart of Jesus, Headmaster, St. Michael's High School, Sigampatti were the resource persons.

AICUF

- The AICUF members participated in the inauguration of the International Youth Year celebrated by the Tamil Nadu Catholic Youth Movement on 22nd January, 2020 at Kulaisal, Kanyakumari.



Inauguration of International Youth Year

- To render a helping hand to the people of flood affected area in Ooty, Nilgiris District, the unit members collected a lot of relief materials such as sanitary items, packed food items, clothes, bedsheets, blankets, etc. and distributed them to the people from 31st August to 2nd September, 2019.



Distribution of relief materials to the floods affected area - Ooty

- International Youth Day was celebrated in our college on 08.08.2019. Mr. Richard Armstrong, Social Activist, CMC Hospital, Vellore, was the chief Guest. He delivered a talk on, Youth Empowerment.
- The AICUF State Council meeting was held from 27.07.19 to 29.07.19. Four students from St. Mary's College unit participated and Shirly J.B and Sharone Shibi. B were elected as Secretary and Literary Coordinator respectively.
- Members of the AICUF attended a session on the New Education Policy conducted in the Roche Hall, Cathedral Campus, Thoothukudi on 21.07.2019.



Youth Empowerment



New Educational Policy

An awareness meeting on New Education Policy was arranged on 01.07.2019. Ms. Raji, AICUF Full Time visited the college unit and motivated the students.

FSS

On 13th September 2019 a Prayer Service was organized by the FSS Wing of St. Mary's College in the college Chapel. The prayer service was conducted to commemorate the Novena of our Mother of Sorrows Feast. All the Catholic staff participated in the Prayer Service. Rev. Dr. Sr. Kulandai Therese, the FSS Coordinator addressed the gathering. At the end of the prayer service, Sr. Kulandai Therese elaborated the birth and growth of the Congregation of Mother of Sorrows. A short game activity exemplifying the virtues of Mother Mary was conducted for the staff members and they actively involved in it.

On 12th October 2019, a prayer service along with rosary was arranged for the II and III year Catholic students during the Catechism hour. Before the prayer, Ms. Selvi, Assistant Professor of Zoology and Treasurer of the FSS Wing narrated the life history of our Lady of Fatima, her visions and miracles of the students. Members of the choir enhanced the spiritual

ambience with their songs.

After the rosary, the catholic staff gathered near the grotto of our Lady of Fatima at the College entrance and offered prayers. This service was organised to commemorate the Feast of our Lady of Fatima.



Group Dynamics and Value Learning

YOGA AND MEDITATION

To help the students concentrate on mind, body and soul, the Yoga and Meditation wing gives regular practices to students on Yoga techniques.



Holistic Yoga

CENTRE FOR JOB EXCELLENCE

Career guidance & Placement guidance & Counselling

The college **Counselling Forum** is active from the year of 2015. Various counselling is given to the students as per their needs. We have one full time counsellor and three parttime counsellors in this academic year. The counselling room is free from outside disturbances and gives a comfortable and relaxed atmosphere to the clients.

TYPES OF COUNSELLING given to the students.

1. Entry counselling
2. Exit counselling
3. Individual counselling
4. Personal counselling
5. Parental counselling
6. Counselling on Reference
7. Sports counselling
8. Pre and Post –Marital counselling



Colourful Counselling Activities

Suicide Prevention Day

The Counselling Forum in association with the Psychology Department organized an awareness program on **Suicide Prevention** on **12.09.2019** in the college auditorium from 11.30 a.m. to 1.30 p.m. International Speaker and Psychotherapist **Mr. Vasantha Kumar** addressed all the III UG students on the topic “**Nerkonda Paarvai**”.

World Mental Health Day

The Counselling Forum in association with the Psychology Department organized an Awareness Program for **World Mental Health Day** on **25.10.2019** in the Fatima Hall from 9.30 a.m. to 11.00 a.m. **Dr. Bharathi Mathan**, MBBS, MD, Assistant Professor in General Medicine, Thoothukudi Medical College, addressed the Psychology students and the III UG BBA students on the topic “**Psychological Resilience**”. Posters made by the students on Mental Health were displayed in the hall.

World Tourism Day

On 26th September 2019 world Tourism-day was celebrated **Dr. Gousalya**, former H.O.D of History department and present counsellor delivered a speech on her experiences during her **European Tour**.

CENTRE FOR ENTREPRENEURSHIP & SKILL EXCELLENCE

Certificate Courses

Skill oriented certificate courses focus on increasing employability through series of inputs such as equipping the students with appropriate hands-on skills which helps them to be job-ready, focusing on job-based skills which leads to comprehensive specialization, thereby increasing efficacy of the candidate, training interventions which raises confidence, productivity & competency through focused outcome-based learning. In order to increase the life skills and employment opportunities of the students, the college conducts a number of

skill-oriented certificate courses. Certificate course is conducted for all the I, II, III-year UG students twice in a week from 2.30 p.m. to 4.00 pm.



Skill oriented Courses

The courses offered in common for the I UG students are Spoken English, Spoken Hindi, Basics of Computer, Tailoring, Fashion Designing, Cookery, Dance Art. Each department offers two different certificate courses for II & III UG students as Skill Development and Career Oriented Programme respectively. II year skill development courses are English Language Teaching (CELT), Soft Skills, Employability, Skills for Economics Graduates, Tally, Basic Computer Hardware & Networking, Basic Computer Techniques in Chemistry, Hospital Instrumentation and Management, Share Trading, Functional English, Mushroom Technology, Business Administration, Fairy Craft, Media

Psychology. III year Career oriented programme includes English for Professional Competence, Tally, Desk Top Publishing, Android Application, Nutritional Food Science, Mushroom Cultivation, Entrepreneurship, Proficiency in competitive Exams (NET/SET), Food Processing Technology, CA. Inter (Group I), TNPSC, Bank Exams, Quantitative Aptitude and Numerical Ability, Consumer Psychology, Crime Psychology, Video Editing.

Consumer Club

The first meeting of the Consumer Club was held on 1st July 2019. The Sole Objectives of the Consumer Club is to create awareness among the consumers regarding the quality of commodities, the price, etc.



Awareness Meeting – Consumer Club

The second meeting of the consumer club was held on 26th September 2019. The meeting was presided over by Mr. S. Ruban Kishore, Advocate, Member, Juvenile Justice Board, Thoothukudi. He delivered a speech on “Legal status and rights of women and children in Indian constitution”.



Legal status and rights of women and children in Indian Constitution

Consumer Club has organized a Consumer Awareness Quiz competition conducted by on 3rd October 2019. The fourth meeting of the consumer club was held on 27th January 2020. The meeting was presided over by Dr. D. Kathiravan, Associate Professor of Economics, Research Centre in Economics, St. John's College, Palayamkottai. He delivered a speech on "Consumer Awareness regarding Consumer Rights and Responsibilities".



Consumer Rights and Responsibilities

Quiz Club

The Quiz Club has been actively working on encouraging students to come out of their shell and shine as beautiful pearls in various quiz competitions held in and around the city. Quiz Club of our college comprises of staff advisers and interested students from various departments take active part in quiz club activities within and outside of the campus. Interested students from both regular and SSC were oriented to participate in the Quiz competition on the agenda “General Quiz” by V.O. Chidambaram College, Thoothukudi on 22nd October 2019. Selected students were sent to Holy Cross Nagercoil to participate intercollegiate quiz on the topic “Crossing -2019” on 6th September 2019. Three students forming a team and participated in GK and Aptitude test conducted by Adhithanar College, Tiruchendur on 28th February 2020. Our college students from Physics department participated in the quiz competition conducted by Fisheries College, Thoothukudi on 5th March 2020. Students of our college continuously trained to compete with the quiz world outside.

CENTRE FOR WOMEN’S EXCELLENCE

The Centre for Women’s Excellence ensures active functioning of all the forums that comes under its functioning regularly, under the guidance of Dr. S. Sudha Rani and Dr.P.Banumathi, the Director and Assistant Director for this centre. The Anti- Ragging Cell conducted an awareness meeting on 23rd July 2019. Mr I. P. Balasekar B. Sc., BL, Advocate and Guest Lecturer, Kamaraj College, Thoothukudi delivered a lecture on “Tamil Nadu Prohibition of Ragging Act”.



Lecture on Tamil Nadu Prohibition of Ragging Act

He instructed the students regarding the definitions of ragging, prohibition, penalty, dismissal and suspension of the student and deemed abetment. The students took Ragging Prohibition Oath to make the College Free Ragging Zone. 884 students and 36 staff were beneficiaries.

The Anti-sexual Harassment Cell of the College organised an awareness programme on 'Sexual Assault Prevention' on 8th July 2019 at 2.30 p.m. in the auditorium. Mr. Prakash, Deputy Superintendent of Police, Thoothukudi Town, addressed the I & II year students on the ways to oppose the sexual harassment and the supportive laws to prevent sexual abuse. He also revealed the latest technologies created for the security of women. Mrs. Muthulakshmi, Inspector, All Women Police station, Thoothukudi, explained the current issues against women with various examples from life. The Principal, Rev.Dr.Sr. A.S.J Lucia Rose and Dr. C. Shibana presided over the programme.



Mr. Prakash, Deputy Superintendent of Police, Thoothukudi - 'Sexual Assault Prevention'

The Human Rights Forum organised an awareness programme on 16th September 2019. Ms. J.Eskalin ML., Advocate Thoothukudi District Court, gave a talk on „Human Rights and Human Values“. Students came to know about the judiciary laws and social security. They were given awareness on how women are entitled to the full and equal enjoyment of their rights and are to be free from all kinds of discrimination. Ms. Nirmala Shirley, Ms. Zozimus Divya and Ms. Alfreeda organised the meeting. Human Rights Day was commemorated on 10th December 2019 by Human Rights Forum in collaboration with Siragugal Viriya- Shout for Freedom and Child Line (1098), Thoothukudi District. Mr. Samuel Benjamin, Senior Civil Judge was the Guest of Honour. Mr. C. J. Rajan Senior Advocate and President, Samam Kudimakkaliyakam, Madurai, was the Key speaker. Dr. N. Rajendra Prasath Director, PAD, Vembar, gave a special address on basic human rights. As a special feature, there was a cultural feat by Kodangi Kalai Kuzhu, Chennai.



Human Rights and Values

The programme was observed in the presence of the Principal Rev. Dr. Sr. A. S. J. Lucia Rose, Deputy Principal Rev. Dr. Sr. Shibana and Director of Self-Supporting Stream Rev. Sr. Mary Joyce Baby. The programme was organized by Mrs. A. Nirmala Shirley Co-ordinator of Human Rights Forum, Dr. C. Zozimus Divya Lobo and Ms. T.A. Alfreeda under the able guidance of Dr. Sudha Rani, Director of Centre for Women Excellence.

The Women's Cell, organized a meeting on 23rd January 2020 at 2.30 pm. Advocate Ms. K. Paasamalar M.Phil., M.L., Guest Lecturer in Govindammal Adithanar College and practising lawyer in Tirunelveli High Court was the Chief Guest. She delivered a speech on "Laws for Women" and oriented the students on many new laws useful for women. She also advocated the students to boldly face issues and challenges. The meeting was organised under the guidance of Dr. Stella Arputha Mary, Dr. Sudha and Ms. Aspin Chithra.



Laws for Women

The Anti-Ragging Cell organised a meeting on 3rd February 2020 at 2.30 pm. Mr Vijaya Sundar Senior Advocate and Legal Advisor, Thoothukudi delivered a lecture on “Ragging Cases in Legal Perspectives”. He quoted instances of ragging cases and the Supreme Court order on ragging acts. He stressed that ragging offence would come under IPC. He also highlighted that students indulged in ragging can be suspended or dismissed from the college terminating their educational career. The meeting was organised under the guidance of Dr. S. Sudha Rani, Ms. S. M. Rojapoo, Ms. P. Anuradha and Ms. M. Reeda Albin Mary.

Anti-sexual harassment Cell organised an awareness programme on 'Prevention of sexual harassment of women' on 24th February. Mrs. V. Subashini B.A., B.L., Public Prosecutor, Mahila court, Thoothukudi addressed the I year students on how to oppose the sexual harassment and on the supportive laws to prevent sexual abuse. Students enquired the resource person about ways of approaching the authority and report the abuse. Dr. Sr. C. Shibana, Deputy Principal presided over the function. Dr. G. Priscilla, Ms. K. Saravana Devi and Ms Maria Nevis Jeyaseeli organised the meeting and motivated the students to raise their voice boldly against any sort of abuse meted out by them.



Mrs. V. Subashini B.A., B.L., Public Prosecutor, Mahila Court - Address

Women's Day was celebrated on 9th March 2020 at 11.30 p.m. Dr. Sr. A. S. J. Lucia Rose presided over the function. Chief Guest, Rev. Eben Jason, Counsellor and Social Service Advocate, in her powerful address highlighted the virtues and values of womanhood. She exhorted the students to face challenges with courage and spirituality. Guest of Honour, Sr. Lillian Mary Osm, Director, Servite Social Service Society, Trichy brought to light the problems faced by women and the need to work together as women with solidarity. The meaningful cultural performances highlighted the power of women. Dr. C. Shibana, Deputy Principal, Sr. Mary Joyce Baby, Director Self-Supporting Stream graced the occasion. The event was coordinated by Dr. S. Sudha Rani, Dr. Banumathi, Dr. Stella Arputha Mary, Dr. Sudha, and Ms. Aspin Chithra. All the Arts students were present.

An orientation on Hazards of Using Cosmetics was organised on 9th March 2020 at 2.30 pm by the Human Rights Forum. Dr. Gopalakrishnan, Tirunelveli addressed the students on the chemical hazards present in cosmetics. Mrs. Rajam of OXI-9 presented the benefits of natural care. The meeting was organised under the guidance of Dr. S. Sudha Rani, Ms. S.M. Rojapoo, Ms. P. Anuradha and Ms. M. Reeda Albin Mary.

CENTRE FOR DIGITAL EXCELLENCE

The centre for digital excellence strives hard in equipping our students with technical knowledge by exposure to the digital world. Online attendance for Classes, Certificate Course, Part-V, Mentor – Mentee meetings and online payment of semester and exam fee, e- hall tickets and online mark entries are in practice. Results are published online. In collaboration with ICTACT and Step Hindu, 92, I and II UG students undertook National Communication Skill Challenge online test on 13th and 14th December 2019. 165 I PG students attended online courses offered by NPTEL, CEC, UGC, & IGNOU under SWAYAM portal and appeared for examinations conducted on 9th, 16th and 17th November 2019. More than 30 students secured 80% with Elite Silver certificate and more than 70 students secured Elite certificate scoring above 60 percentage. 8 students have been recognized as National Toppers by the NPTEL team and selected to attend a free one-week workshop on soft skills from 16th to 21st March in IIT Madras.



Orientation - NPTEL

MOOC

165 I PG students appeared for the online examination on November 9, 16, 17 offered by NPTEL, CEC, UGC, IGNOU under SWAYAM portal more than 70 students secured Elite certificate scoring above 60 percentage. More than 30 students secured Elite Silver certificate securing above 80. 8 national toppers have been selected by the NPTEL team from IIT Madras to attend a free one-week workshop on Soft Skills from 16.3.20 – 21.3.20 in IIT Madras campus.

This certificate is computer generated and can be verified by scanning the QR code given below. This will display the certificate from the NPTEL repository, <https://nptel.ac.in/noc/>

Roll No: NPTEL19HS48S32220046

To
J. JESLIN SAGHANA
49A, ANNA NAGAR XI STREET,
THOOTHUKUDI
TAMIL NADU
628008
PH. NO :9894801349

| Score | Type of Certificate |
|-------|------------------------|
| >=90 | Elite+Gold |
| 75-89 | Elite+Silver |
| >=60 | Elite |
| 40-59 | Successfully Completed |
| <40 | No Certificate |

No. of credits recommended by NPTEL:3
An additional 1 credit may be awarded if the University deems it fit, based on the actual student effort involved.

Elite
NPTEL Online Certification
(Funded by the Ministry of HRD, Govt. of India)

This certificate is awarded to
J. JESLIN SAGHANA
for successfully completing the course
Short Fiction in Indian Literature

with a consolidated score of **83** %

| | | | |
|--------------------|----------|----------------|----------|
| Online Assignments | 23.44/25 | Proctored Exam | 59.25/75 |
|--------------------|----------|----------------|----------|

Total number of candidates certified in this course: 366

Prof. Devendra Jaliha
Chairman
Centre for Continuing Education, IITM

Jul-Oct 2019
(12 week course)

Prof. Andrew Thangaraj
NPTEL Coordinator
IIT Madras

Indian Institute of Technology Madras

swayam

Roll No: NPTEL19HS48S32220046 To validate and check scores: <https://nptel.ac.in/noc/>

CENTRE OF CULTURAL EXCELLENCE

BAND

Our college music band has been functioning effectively and efficiently with great fervour and fanfare since 2015. With the effective and enthusiastic involvement of the band mister Mr. Jebin, the students are well trained to produce exemplary and noteworthy performance with 34 instruments at various important occasions of the college.



Precision & Harmony – Marian Band

ORCHESTRA

Marian Orchestra 2019-2020 batch was started with 31 students from various disciplines. Dr. Josephine Alangara Betsy, Dr. J. Antony Rajam, Ms. L. Smila and Ms. Jenitta were the In-charges. Instruments training was given by Mr. Ramani and vocals by Mr. Dalton. Part of the students was trained with different instruments such as Keyboard, Guitar, Rhythm Pad and Manual Drum. Remaining students were trained for vocal singing. During Christmas season, we trained our Orchestra troop to sing the Christmas carol songs for Christmas celebrations.



Melodious Blend of Talent & Teamwork

CHOIR

Marian choir is a wonderful way for students who enjoy singing to keep music in their lives. It inspires students to imbibe the culture of praise and worship and make it part of their daily routine. Students have regular practice every Monday and Thursday. Creating a heavenly presence in Eucharistic celebrations especially in first Friday mass, singing patriotic songs on national days like Republic Day and Independence Day, singing Prayer songs during Marian art fest sports day and graduation day are their incredible contributions towards the holistic moments of our college.



Voices in Harmony

DANCE

Our college students participated in various competitions held at more than ten colleges and bagged many individual prizes. On 27.09.2019, our students won Overall Runner-Up Shield in Inter- College Competition ACEFEST-2K19 conducted by Annammal College of Education for Women, Thoothukudi, second overall shield in 44th Coast Guard Day celebrated on 29th January 2020 and won overall shield in the Intercollegiate Youth Festival held at Aditanar College of Arts and Science on 10th January 2020.



Joy and Unity

CDP

The rural development programme of St. Mary's College is engaged for the empowerment of women. Our institution has been registered as a participating Institute in Unnat Bharat Abhiyan. It concentrates on the social and economic upliftment of the rural people in the adopted villages Korampallam, Maravanmadam, Palayakayal, Servaikaranmadam and Tharuvaikulam. About 928 students and 22 faculty actively involve themselves in this scheme.

Key progressive works undertaken in the rural areas:

At Anthoniarpuram, in Korampallam village, with a population of 1190 people we offered training in palm leaf craft and product making to the women. We have also helped them to start units of their own.

In Servaikaranmadam, we provided tailoring machines and started three months training programme. This has given them confidence to meet their financial requirements.

In Tharuvaikulam we oriented the people on roof and home gardening, and also created provisions in 10 houses. It was heartening to note that they have cultivated and reaped the benefits of their first harvest.



Community Development Programme

In Palayakayal we initiated the programmes on water harvesting, roof garden making, cloth bag distribution and spoken English training to village students.

Pond cleaning in Tharuvaikulam and environment cleaning in other areas were undertaken. All these productive undertakings were done after convening the Grama sabha meeting and consulting with the members, about the needs of the village people. Apart from these we offered 66 total number of programmes in the past one year.

Preparation of Handworks using Waste Materials, paper bag making, soap making and Vermicompost. Providing psycho-social inputs with therapies like Laughter, Clapping and Body- Movement Therapies. Health awareness on the importance of Medicinal Plants and eradication of Dengue. Academic enlightenment given to young students by tutoring, spoken English and eradicating Math Phobia. Eco-consciousness promoted with Water Conservation, Area Cleaning, Seeds Distribution, Ban plastic awareness campaigns and Digital Awareness programmes.



Productive undertakings - CDP

These progressive measures empower the rural poor, particularly women by enhancing their skills to have an earning of their own. We try to empower families and thereby villages as a whole socially and economically by giving ample importance to environmental conservation. We act as a bridge by bringing the needs of village people to the authorities, particularly the District Collector. Students disseminate their skills to the deserving people for bringing a social change, to empower the needy, to enhance their skills and to make them earn for themselves so as to make them economically independent.



Empowering Rural People



Louis Rose

Principal

**St. Mary's College (Autonomous)
Thoothukudi-628 001.**