



St. Mary's College (Autonomous)
Reaccredited with 'A+' Grade by NAAC (Cycle IV)
Thoothukudi



Criterion: V - Student Support and Progression
5.3 - Student Participation and Activities
Year: 2018-2023



5.3.3 The institution conducts / organizes following activities:

- 1. Sports competitions/events**
- 2. Cultural competitions/events**
- 3. Technical fest/Academic fest**
- 4. Any other events through Active clubs and forums**

Activities of Clubs and Forums **2020 - 21**

NCC

National Cadet Corps in our college functions with an aim to inculcate unity & discipline among the cadets. It develops character, courage and comradeship among the cadets to build a better India. It instills a spirit of selfless service to mankind through various social service activities and also helps in regularising the people with awareness programmes. Because of the Pandemic period, almost all activities took place through online mode. On International Yoga Day, many of our cadets created with Vlogs on their Yoga performances.

- NCC unit along with Yoga team conducted Quiz Competition on 20th June, 2020.
- Conducted a webinar titled “Yogavum Vazhviyal Unmaigalum” on 21st June, 2020.
- This academic year began with the Online Ek Bharat Suraksha Bharat (EBSB) Camp in the month of August, 2020. Two of our third year cadets got selected for this camp and attended the camp in the first week of August. Ms. P. Shalu of III Chemistry won best presenter award

and Ms. Roselin Angel Mary of III Maths got the first prize in Folk Dance Competition. Thus proving that our cadets are forever bests both in Drill as well as in Cultural competitions.

- Few of our second and third year cadets got selected for RDC Selection camp this year and will be continued for further camps in the forthcoming year. Few of our cadets involved vigorously in the COVID - 19 awareness programmes. Sixty of our cadets participated in the awareness programme on the ill effects of plastics and its use which was conducted in our college premise on 18th December, 2020.
- A Cadre camp was conducted in our college premises from



Awareness Programme



Map Reading Class & Rifle Practice in Cadre Camp



Awareness Programme - Ill effects of Plastics and its Use

Drill Class in Cadre Camp

- 18th February to 22nd February, 2021 for third years and first three days for second year NCC cadets for their B & C certificate examinations. 18 cadets appeared for their C Certificate examinations and 20 cadets appeared for their B certificate examinations this year.



B & C Certificate Examinations

NSS

National Service Scheme is introduced in our college with the prime objective of infusing the spirit of selfless service to the poor and the needy in the juveniles. “Not Me but You” being the motto of NSS, the tender minds are groomed and trained to nurture the underprivileged and marginalized sections of the society and uphold nation building. The NSS units of St. Mary’s College strive to realize this with much focus and grit with well-planned awareness campaigns and drives. The four units – 66, 67, 129 & 130 of NSS develop a sense of social and civic responsibility among students. Camps, social awareness talks and visits to the underprivileged create an enriching concern for humanity among the students.



Not Me but You

The NSS units of St. Mary’s college kick started the academic year with an online Quiz on 13th July 2020 on “NSS and Important Days” to make the students aware of NSS, its motto and the national and international days to be observed.

On 15th August 2020 a webinar on “Role of Youth in Social Development” was organised. Dr. R. Princee, Assistant Professor of English, St. Xavier’s College, Palayamkotai, served as the resource person and insisted on the need of youth’s participation in the social developmental of a nation.

➤ On 19 November 2020, an Orientation was given to the newly enrolled NSS volunteers to chisel and involve them in voluntary services. Due to the spread of Covid 19, the N.S.S Volunteers actively involved themselves in taking thermal power scanning at the entrance of the college in order to detect the students' temperature as a precautionary step and provided hand sanitizers. This is a daily practice done by the N.S.S volunteers.



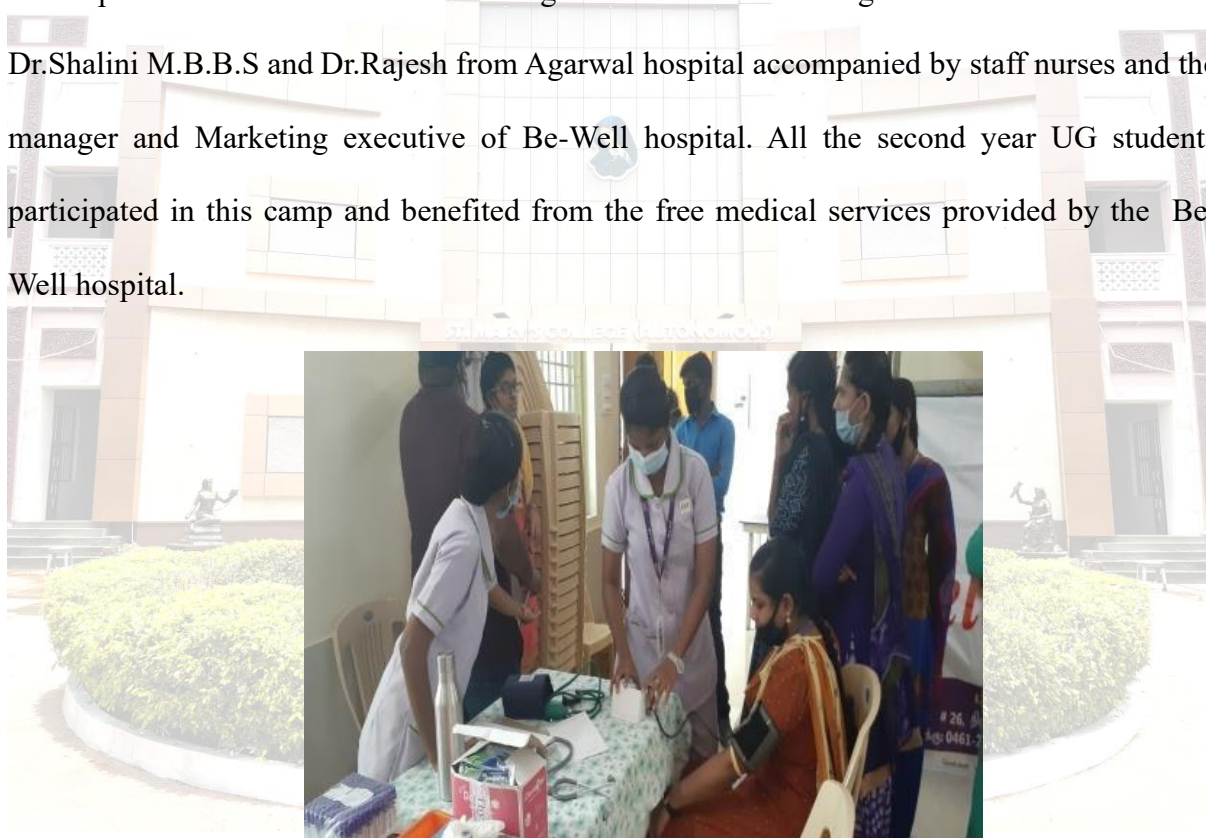
Thermal Power Scanning

➤ On January 20, 2021 various competitions such as essay writing, slogan writing and poster making were conducted for the students on the topic COVID 19 in order to give awareness about Corona virus and its heavy toll.

➤ A cancer awareness programme was organised on 22nd February 2021 with an objective to safeguard women from cancer especially breast cancer as early diagnosis is the most effective way to reduce morbidity and mortality of breast cancer. Considering that breast cancer is the most common type of cancer among women with an increasing incidence, there is a need to develop community-based, well-organized screening programs for breast cancer. Dr R. Synthia Saroja BSMS, Screening Medical Officer in Nellai Cancer Care Centre at Tirunelveli addressed all the I UG students on “cancer awareness” and emphasized the need to protect them by taking precautionary methods.

➤ Organised a free medical camp in collaboration with the Centre for Eco Feminine Excellence of the college under the guidance of the principal Rev.Dr. Sr. A.S.J Lucia Rose on 8th March 2021.

➤ Keeping in mind the good health of the women during this pandemic period, the free medical check-up was conducted by Be-Well Hospital on the auspicious occasion of International Women's Day on 8th March. The medical check-up included healthy devices like General physical examination, Ophthalmologist consultation, BMI and Glucose checkup. The doctors who rendered their great service to the college were Dr. Jeffie M.B.B.S, Dr. Shalini M.B.B.S and Dr. Rajesh from Agarwal hospital accompanied by staff nurses and the manager and Marketing executive of Be-Well hospital. All the second year UG students participated in this camp and benefited from the free medical services provided by the Be-Well hospital.



Medical Camp

➤ To commemorate 75 years of Indian Independence, an e-quiz on India's freedom struggle was organized on 12th March 2021 to give awareness about Indian leaders' contribution to India's freedom.

➤ In order to safeguard water and give awareness about the significance of water

and celebrate World Water Day on 22nd March 2021, a meeting was convened for the I Year students with the theme “valuing water” Dr. Shivakumar, Head and Assistant Professor of Tamil, Kamaraj College, Thoothukudi addressed the students on “The preservation of water”.

➤ To emphasize voting as a constitutional right and remove the negative attitude “my vote doesn’t make a difference” and give awareness on 100 percent voting, a voters’ awareness virtual meeting was organized for the II year students on 23rd March 2021. The resource person of the session Mr. K. Ganesan, a social worker cum District Secretary of Consumer Protection Council gave an address on “Voting Rights”.

Centre for Human Excellence

➤ A FSS meeting on the topic “Family and Profession Management with the Compassion of Mother Mary” was organised on 16-Feb-2021. Rev.Fr.Churchill, Assistant Parish Priest, Tharuvaikulam was the chief guest. Father in his speech, highlighted the role and responsibilities of a teacher in the society as well as the dual role in profession and at home and how it should be balanced.



Family and Profession Management with the Compassion of Mother Mary

➤ The FSS wing arranged for a pilgrimage during the Lenten season to enrich our spiritual life. Considering each church as a station, we prayed the way of the cross right from our College chapel, Our Lady of Snow’s Church and Churches in Kovangadu, Palayakayal,

Kombuthurai, Amalinagar, Alanthalai, Manapad , Uvari , Periyathalai and Manal Madha Church.

Centre for Job Excellence

An orientation meeting on “Career Guidance and Placement Opportunities” meeting was organized in association with the District Employment and Career Guidance Centre, Thoothukudi on 13th October 2020. The meeting was organised in view of offering the right guidance to choose a desired career. The meeting was convened in the Google Meet Platform and was live-streamed in You Tube. All the UG final year students were the beneficiaries of the programme. Orientation was offered by three different resource persons belonging to the District Employment and Career Guidance Centre. Tmt. S.Prabavathy Assistant Director, District Employment and Career Guidance Centre Dindigul to address the students on the topic “Career Guidance and Employment Market Information”. She briefed out the guidelines that students should follow as they indulge in their quest for a desired job. Tmt.M. Petchiammal, Assistant Director, District Employment and Career Guidance Centre, Thoothukudi to address the students on the topic “Employment Related Activities”. She offered guidance to our students about the employment related activities.

- Mrs. S.R. Ramya, District Employment Officer, Thoothukudi addressed the students on the topic “Private Placements”. Nearly 570 students benefitted out of the meeting

➤ The Career Guidance and placement Cell organized a walk-in drive 2021 dated 4th February, 2021 in association with Edify Solution, Thoothukudi. Ms.Purnima, Managing Director, Edify Solution was the recruiter. The interview Started with an introductory and motivation session by Ms.Purnima, the Students were instructed about the job type and tenure. All UG Science Stream Students attended the interview and were the beneficiaries. Student participated actively. After the first screening and interviewing session the students were informed about the call for by the firms in near future. Nearly 80 students participated in the

walk- in drive.

➤ The Career Guidance and Placement Cell organised a One Day training programme on “Job Acquiring Skills” in collaboration with Don Bosco- Vazhikaatti, Career Guidance and Job Placement Centre, Trichy on 26.02.2021. Fr. Arul Anthony SDB, Director, Don Bosco- Vazhikaatti, Fr. Joseph Arulraj, Administrator, Don Bosco- Vazhikaatti, Mr.Christhu Michael Raja, Co-Ordinator, Don Bosco- Vazhikaatti addressed the final year UG and PG students. They offered guidance to the students on interview techniques, resume writing, personality development and communication skills, Career Planning, Career Trends and Opportunities in the present times.

➤ The Career Guidance and Placement Cell organised a One Day Webinar on Digital Disruption in Business in association with RVS Group of Institutions, Coimbatore and *TransformTech* (Research and Development of GenNext Technologies). Mr. J Christopher Xavier, Associate Professor & Chair, Dept. of Logistics and Supply Chain Management, RVS Institute of Management Studies & Research, Coimbatore, was the Expert Speaker. The UG and PG final year students of Commerce, English, Maths, Computer Science, Business Administration and Human Resource Management, aspiring for a job or higher education were the beneficiaries. Around 450 students attended the webinar. The webinar was organized with a motive of creating awareness among the students regarding the prevailing trends in the job market and acquiring the necessary skills to sustain the heavy competition in the field of business. The expert speaker addressed the students on “Machine Learning” and “Business Analytics”. The session remained interactive in order to help the students clarify their doubts with the resource person. The expert speaker also emphasized on the digital media platforms that disrupt the business.



Machine Learning and Business Analytics

Centre for Entrepreneurship & Skill Excellence

The first meeting of the Consumer Club was held on 10th November 2020. The main aim of the Consumer Club is to provide a platform to the students to give clear consumer awareness and to make them empowered consumers. The club has planned to take the students to the consumer court and educate them about the proceeding of the consumer court and conduct awareness programmes.

The Consumer Club organized three days' workshop on "Consumer Rights, Awareness, Protection and Women welfare" on July 09 to 11, 2020. The objectives of the workshop were to: acquaint the participants with the need and importance of consumer awareness, rights, protection and consumer welfare; enlighten the participants with consumer protection act and redressal mechanism available under the Act; critically analyse the effectiveness of consumer redressal forums in India and to analyse the role of civil society and curbing consumer exploitation. The Resource Persons are Dr. Sachin Sabharwa, Associate Professor, Tecnia Institute of Advanced Studies, Delhi, Dr. Leena Jenefa, Associate Professor, Tecnia Institute of Advanced Studies, Delhi, Dr. D. Amutha, Associate Professor, Department of Economics, St. Mary's College (Autonomous), Thoothukudi and Dr. Urvashi

Sharma, Associate Professor, Department of Commerce, University of Delhi gave in-depth information and gave their condensed material related to their topics such as consumer rights, consumer awareness, consumer protection and women welfare. Around the average of 250 participants participated in the workshop daily which included academicians, research scholars, students, business people and house wife from different states of the country including Rajasthan, Uttarpradesh, Delhi, Telangana, Andra Pradesh, Karnataka, Puducherry, Maharashtra, Kerala and Tamilnadu and also International participants from Turkey, Republic of Maldives, Malawi, Zambia, Malaysia, Thailand Philippines. Participants from the state of Tamilnadu includes Chennai, Kancheepuram, Coimbatore, Trichy, Salem, Namakal, Madurai, Virudhunagar, Kanyakumari, Thoothukudi and from Tirunelveli district.

ST.MARY'S COLLEGE (Autonomous)
(Re-accredited with 'A+' Grade by NAAC)
Thoothukudi – 628001, Tamilnadu.

CONSUMER CLUB
is organising
Three Days Workshop on
Consumer Rights, Consumer Awareness, Consumer Protection and Women Welfare on
9.7.2020 to 11.7.2020.

Best Wishes

Secretary
Rev. Sr. Flora Mary

Registration Link :
<https://forms.gle/UQDu6HF aTg3unZPQA>

Principal
Rev. Dr. Sr. A.S.J. Lucia Rose

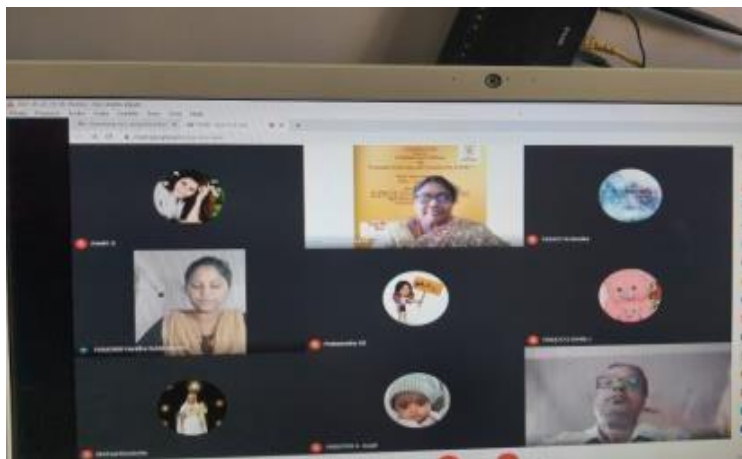
Resource Person

- Dr. Unvishi Sharma, Associate Professor Dept. of Commerce, DRE University of Delhi,
- Dr. Sachin Sabharwal, Associate Professor, Techno Institute of Advanced Studies, Delhi
- Dr. Leena Jindal, Associate Professor, Techno Institute of Advanced Studies, Delhi

- No Registration Fee.
- Registration through Google Forms only
- E-Certificate will be provided to the participants who score 50% and above in Assessment

Convener : Dr. D. Amutha, Associate Professor, Department of Economics

The third meeting of the consumer club was held on 19th November 2020. Dr. D. Amutha expressed her opinion to create awareness among the students about the consumer rights and responsibilities. Dr. T. Priyanka expressed the fundamental rights among all consumer segments of a citizen and make them realize and learn the fundamental duties of good citizen. Mrs. S.S. Anuja insisted that consumer rights awareness is now an integral part of our lives like a consumerist way of life.

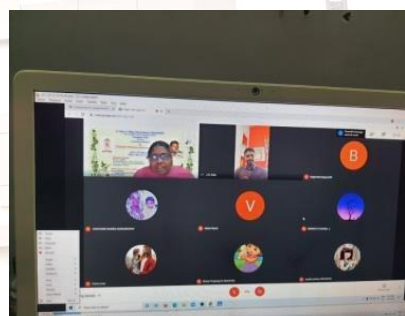
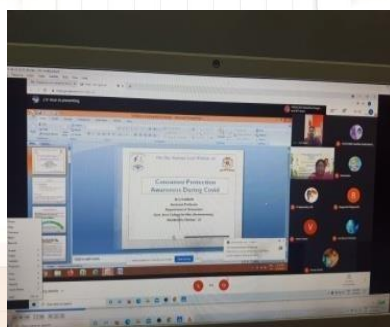


Consumer Rights and Responsibilities

The Consumer Club organized a National Level Webinar on the topic “Consumer Protection and Consumerism in India” on 25th January 2021 at 3.00 pm. Dr. Shibu N.S., Head, PG & Research Centre of Management Studies, Bharathidasan University College, Perambalur has addressed the students about the importance and effects of consumerism in India. He insisted in his address that as consumers, we face enormous problems related to defective goods, service deficiency, food adulteration, spurious goods, hoarding, use of deceptive and fractional weights, late deliveries, variations in package contents, poor after-sales service, misleading advertising, hidden price components, price discrimination, etc. He expressed his opinion that it is the government's primary responsibility to protect consumers' rights and interests by formulating appropriate policies, laws and administrative frameworks. He concluded that the Consumer Protection Act is a compassionate social law that provides for consumer rights to be protected and consumer disputes to be resolved. 77 students and professors have attended this webinar.

The Consumer Club organized a National Level Webinar on the topic “Consumer Protection Awareness during Covid 19” on 10th March 2021 at 4.00 pm. The meeting was

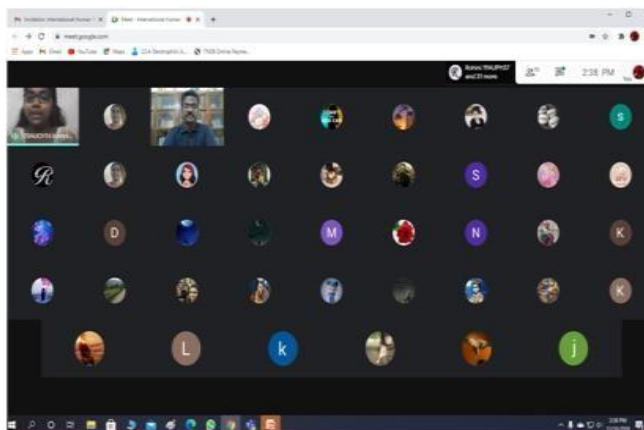
presided over by Dr. J.V. Arun, Assistant Professor of Economics, Government Arts College for Men, Nandanam, Chennai. In his address he insisted that during the Covid-19 crisis, the digital economy has provided customers with the most opportunities. He expressed his opinion that consumers are increasingly relying on digital networks for online shopping, virtual meetings, and educational purposes, and electronic commerce of goods and services is booming. He concluded that the online information campaigns are the quickest and most cost-effective way to meet millions of people. 104 students and professors have attended this webinar.



Consumer Protection Awareness during Covid 19

Centre for Women's Excellence

The Anti-sexual Harassment Cell organised a special address on "*Vinnil Pathi Mannil Pathi*" on 31st March 2021 at 5.00 p.m. through online mode. Ms. A. Arulmozhi, Advocate, Madras High Court addressed the first and second year students about the freedom of women. She discussed two important declarations for women and how to make proper and right use of the technology. She also added that women should be aware of the right to speech and to know when and where to use it. She insisted that women are to be inculcated with the knowledge of politics.



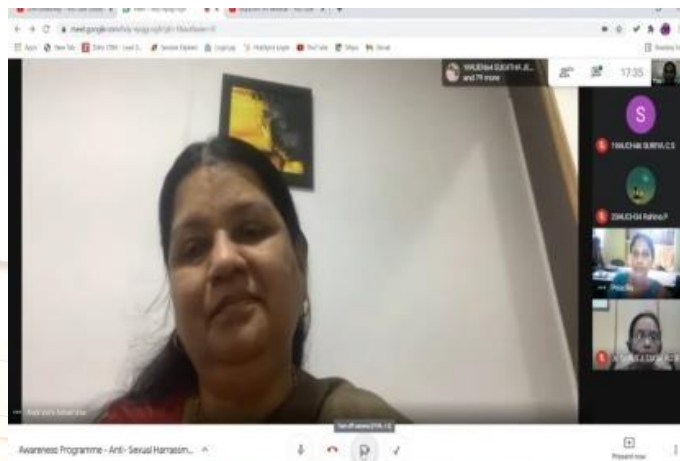
Vinnil Pathi Mannil Pathi

In view of the Women's Day Celebration, Women's Cell – Center for Women's Excellence conducted various competitions on 2nd March 2021 on the title 'Hope for Women'. 74 students participated in the competition. The Women's Day Celebrations were held on 8 March 2021. The theme was - "Hope: She Believed She Could So She Did". Rev. Dr. Sr. Mary Gilda, Principal, Holy Cross Home Science College, Thoothukudi was the Chief Guest. In her address, Dr. Sr. Mary Gilda highlighted virtues of womanhood and insisted on giving respect to mothers especially. She made the day significant by honoring mothers who selflessly sacrificed their lives for their children. Then a visual representation - "*Penmai Enbathu Peyarchol Alla, Athu Vinaichol*" was depicted effectively. It focused on powerful women who made their history with their tolerance and noble virtue which was a combination of classic feat, song, pathos and success.



Hope: She Believed She Could So She Did

Human Rights Forum conducted its first meeting on 19th November 2020. The aims and objectives of the forum were introduced to the first year undergraduate students. The previous year activities were discussed with the students in an online mode through Google Meet. The students were motivated with a power point presentation on Human Rights.



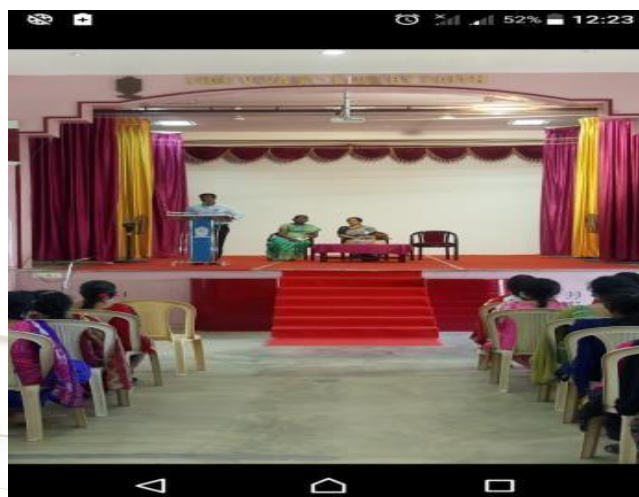
Human Rights Forum Meeting

Anti - Ragging cell awareness meeting was held on 25th August 2020 for the freshers through the Google Meet. Ms. S. M. Rojapoo, Assistant Professor of History highlighted the college as Ragging free zone. She also traced out Anti-Ragging affidavit, Prohibition measures and Complaint mechanisms with reference to the UGC regulations and Supreme Court verdict.

Anti - Ragging Cell meeting was organised on 19th November 2020. Ms. Anuratha Assistant Professor of Economics explained the importance of Anti - Ragging cell and the activities of the Anti - Ragging cell. A short film 'Say No to Ragging' was played and it was informative to the students.

Anti- Ragging cell organised an awareness meeting on 22nd February.2021 for the freshers. Mr. S. Rajesh Bharati M. A. M. L., Assistant Professor of Law, Government Law

college, Tirunelveli addressed on the title "Legal Perspectives of Ragging in Educational Institutions" and elucidated the various ways of Prohibition, Prevention and Punishment of Ragging. 700 students were the beneficiaries. He highlighted the legal perspectives of Ragging in Educational Institutions and its impact on the career of the students.



Legal Perspectives of Ragging in Educational

Centre for Digital Excellence

The Centre for Digital Excellence looks after the digital transformation of the college activities that happens day to day. The Centre offers to upgrade the mode of teaching from offline to online. Ms.A.Patricia Romila, Assistant Professor, Department of English demonstrated the usage of MS Teams for the members of Centre for Digital Excellence, Star Programme Co-ordinator and department representative from each department on 28th November 2020.

The Centre strengthens the comprehensive knowledge of students and Career advancement of faculties by including MOOC courses, an affordable and flexible way to learn new skills and deliver quality educational experiences.

The College ERP system improves operational efficiency and institutional outcomes by

automating Student Faculty Life cycle and campus administration.

Centre for Cultural Excellence

Marian Orchestra 2020-2021 batch was started with 14 students from various disciplines. The first meeting of the Marian Orchestra was held on 19th November 2020 through online mode via Google meet platform. Few students were trained for vocal singing. Fabulous performance was given by our students during Christmas celebrations on 23rd December 2020.

Marian choir is a wonderful way for students who enjoy singing to keep music in their lives. It strives to inspire students to imbibe the culture of praise and worship and make it part of their daily routine, to create a heavenly presence in Eucharistic celebrations especially in first Friday mass, sing patriotic songs on national days. Prayer songs are sung during Marian art fest also. During December and February choir students actively participated in the Eucharistic celebration. On Republic day also students sang patriotic songs.



Evergreen Marian Choir

Dance

Catholic colleges online Youth Fest 2021 conducted by St. Joseph's College (Autonomous), Tiruchirappalli, from 22nd to 24th of January 2021. Our college students actively participated in all competitions and our III B.Sc Computer Science students won the first place in short film competition and received the cash award of Rs.3000. The participants of other competitions like poster competition and Theme song competition received the participation e-certificates.

The International level Kathir Awards online competition conducted by JCI Salem Inspires on 12-02-2021. The following students participated in various competitions and received the participation e-certificates.

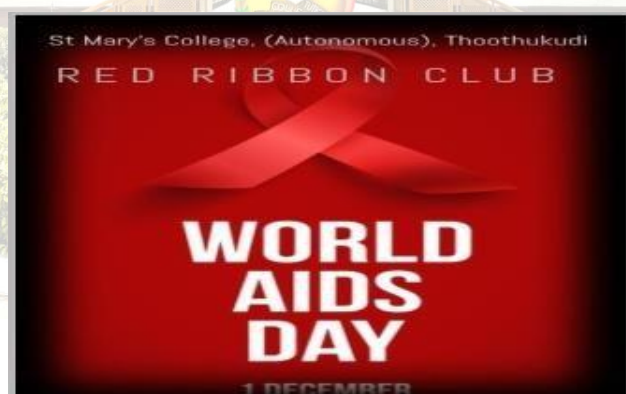
The English Drama Committee worked together in the creation of an exclusive visual representation for the Women's Day Celebration on 8th March 2021. It evolved characters from Greek myth and Indian epics depicting women of virtue. The dramatization also focused on representations of women who made history and created legacy with their tolerance, wisdom, courage and art. The classic feat was a combination of acting, song, dance, pathos and tableau. It was well received by the audience.



Captivating Drama Celebrating the Legacy of Women

Centre for Service Excellence

- Road Safety Patrol in Collaboration with Rotary Club of Pearl city conducted an awareness meet on road safety on 4th November 2020. The keynote address was given by Rotarian. PDG. Major Donor. J. P. Joe Villavarayer. The Chief Guest was Rotarian. D. Nagendran, Retired Principal of VSVN Polytechnic College, Virudhunagar.
- On 12th January 2021, the birth anniversary of Swami Vivekananda was celebrated as “National Youth Day”. As a part of this Road Safety Patrol in association with the Centre for Service Excellence of St. Mary’s College (Autonomous) conducted a poetry recitation competition on the topic of “Inspiring ideas of Swami Vivekananda”, through Google Meet.
- Road safety Patrol volunteers distributed face masks at the entrances of the college to the students to prevent the spread of Covid-19 in the campus.
- Red Ribbon Club on 1st December 2020 due to a pandemic situation a PowerPoint presentation regarding AIDS Day awareness programme was shared with all the First year students of the college through online medium.



Red Ribbon Club Meeting

- On 29th January 2021 a webinar on the topic 'Attitude Cost Health' was organised through google meet and also streamed through YouTube. The Guest Lecture was given by Dr M Lucy Nirmal Medina, MBBS, MD, HOD of Microbiology

Dept, Government Medical College and ESIC Coimbatore.



- On 12th January 2021, the birth anniversary of Swami Vivekananda was celebrated as “National Youth Day”. The Centre for Service Excellence and Youth Red Cross of St. Mary’s College (Autonomous)-Thoothukudi organized a webinar. Dr.A.M.Sonal, Assistant Professor, Department of Tamil, St.Mary’s College (Autonomous)-Thoothukudi was the resource person. She gave a lecture on the topic “Vivekananda A Role Model for Youth”.
- Rotaract Club: On 12th January 2021, the ‘National Youth Day’ was celebrated in memory of the birth anniversary of Swami Vivekananda by Rotaract Club of St.Mary’s College (Autonomous) in association with the Centre for Service Excellence. As a part of this, elocution and poetry writing competitions were conducted. Rotaract Club of St. Mary’s college (Autonomous) organized an online elocution competition in English on the topic “The Ideas and the Principles of Swami Vivekananda”. Students from various departments of St. Mary’s College (Autonomous), Thoothukudi actively participated in it and sent their video presentations on Swami Vivekananda.
- Scribes Forum and Centre for Service Excellence of St. Mary’s college (Autonomous) conducted an essay writing competition in English and Tamil through online mode. 25 students from various departments of St. Mary’s College (Autonomous), Thoothukudi, registered for the competition. The topic for the competition was “Youth Contribution in

celebration of New India”.



ST. MARY'S COLLEGE (AUTONOMOUS)
(Re-accredited with "A" Grade by NAAC)
Thoothukudi-628001, Tamil Nadu

Centre for Service Excellence & Scribes forum
organizes

AN ONLINE ESSAY WRITING COMPETITION

In Commemoration of Birth Anniversary of
Swami Vivekananda

Language: Tamil/ English
Date: 12th January 2021
Time : 2.30-3.30p.m
Registration link:
<https://forms.gle/9FUfKsMtrJqfpDb9>

Rules

- UG students can participate
- Registration is mandatory
- Essay must be your original work and free from grammatical errors
- Topic will be given on spot through Google meet link
- The essay has to be written in hand using blue or black ink pen.
- The essay has to be written neatly in an A4 sheet (maximum of 4 pages having 25 lines each) and sent to the mail id.
- The writings should be sent in pdf format
- Essay sent after one hour will be discarded
- Decision of the judges will be final

e-certificates will be provided

Centre for ECO Feminine Excellence

The Clean campus and Eco club of our college jointly organized a one day training programme on seed ball preparation and horticultural techniques for the students on 19th April 2021. Dr. M. Glory, Head and Associate Professor of Botany and Dr.SriPriya, Assistant Professor of Zoology were the resource persons. They trained the students individually in the preparation of seed ball and horticultural techniques regarding pot preparation of cactus.

The centre for Eco Feminine Excellence and NSS units of our college organised a free medical camp under the guidance of the principal Rev. Dr. Sr. A.S.J Lucia Rose on 8th March 2021. Keeping in mind the good health of the women during this pandemic period, the free medical check-up was conducted by Be-Well Hospital on the auspicious occasion of International Women's Day on 8th March. The medical check-up included healthy devices like, General physical examination, Ophthalmologist consultation and BMI and Glucose

checkup. The doctors who rendered their great service to the college were Dr.Rajesh from Agarwal hospital, Dr.Jeffie M.B.B.S, Dr.Shalini M.B.B.S accompanied by staff nurses and the manager and Marketing executive of Be-Well hospital. All the second year UG students and staff members participated in this camp and benefited from the free medical services provided by the Be-Well hospital.



Be-Well Hospital - Free Medical Services

Health and Hygiene club in collaboration with Tamil Nadu Food Safety and Drug Administration Department organized a training programme on “Food Adulteration techniques” for the students of Health and Hygiene club. The programme started with prayer song. Mr. Sakthi urugan, Mr. P. Kalimuthu, Mr. K. Rajarajan and Mr.S. Ganesh ram from Tamil Nadu Food safety and Drug Administration Department explained various techniques to identify the food adulteration in dhal, pepper, oil, ghee, milk, chilly, coffee and tea powder. Students are actively participated and clarified their doubts.



Training Programme on “Food Adulteration

Green Campus: One day workshop (Offline and online) on “Urban and Peri – Urban Farming” was organized by Green Campus, St. Mary’s College (Autonomous), Thoothukudi in collaboration with Department of Biotechnology, Ministry of Science and Technology on 25th February, 2021. Agri. Dr. Y. Raja Kumar was the resource person. He gave a lecture on “Urban and Peri – Urban Farming”. Dr. Y. Raja Kumar explained the importance of gardening and how it can be done at low cost. During session II the participants in offline mode were given the task of identifying green leafy vegetable plants and gardening implements. A total of two hundred and twelve students (offline and online) were benefitted from the workshop. Sales of seeds, grow bags and books on home gardening were available during the workshop. Totally the participants enjoyed and learned a lot in a comfortable environment. The style and the knowledge of the presenter was totally amazing.



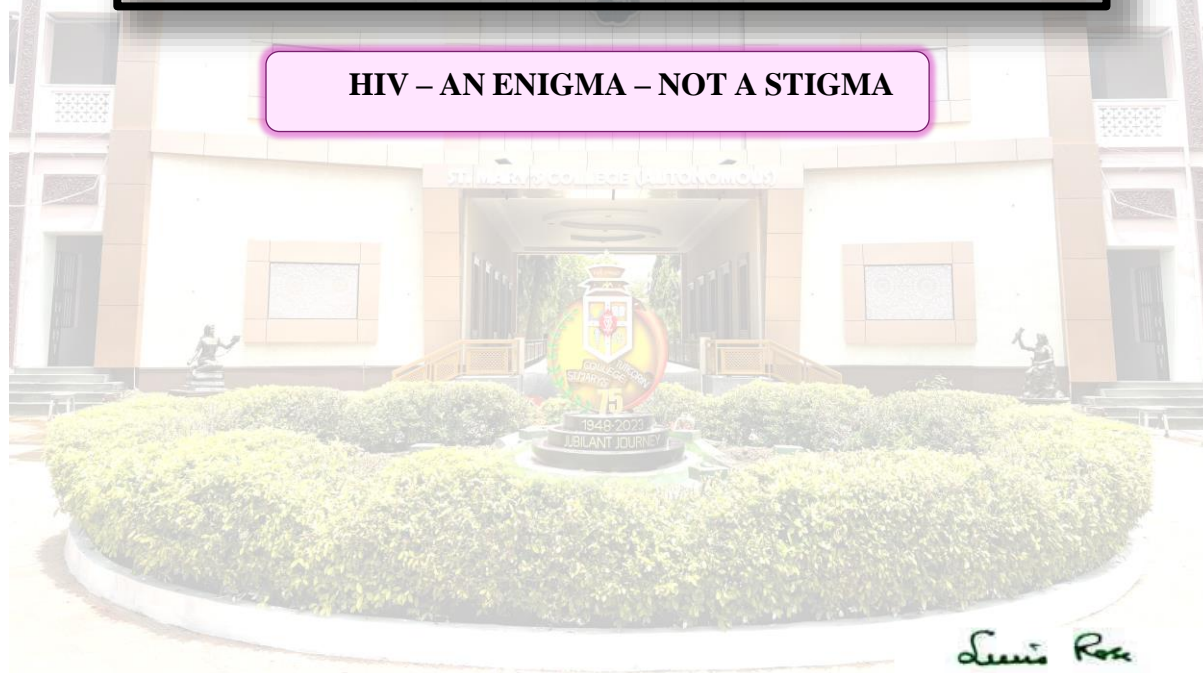
Urban and Peri – Urban Farming

- A webinar on the topic “HIV – AN ENIGMA – NOT A STIGMA” was conducted by Centre for Eco – Feminine Excellence on 22.12.2020. Dr. Roshan Rayen, M.D.S., FICCDE (USA) Rayen Dental and Kidznteenz, Nungambakkam, Chennai delivered the lecture on AIDS awareness. He deliberated the origin and structure of Human Immune Virus. His speech elaborates the various myths related to HIV spreads. He also

expounded why are women more vulnerable to infection. He finally intricated various types of preventive measures of AIDS.



HIV – AN ENIGMA – NOT A STIGMA



Louis Rose

Principal

**St. Mary's College (Autonomous)
Theothukudi-628 001.**