



**St. Mary's College (Autonomous)**  
Reaccredited with 'A+' Grade by NAAC (Cycle IV)  
Thoothukudi



**Criterion: V - Student Support and Progression**  
**5.3 - Student Participation and Activities**  
Year: 2018-2023



**5.3.3 The institution conducts / organizes following activities:**

- 1. Sports competitions/events    2. Cultural competitions/events**
- 3. Technical fest/Academic fest    4. Any other events through Active clubs and forums**

### **Activities of Clubs and Forums** **2022 - 23**

#### **Food Adulteration Health impact**

On 29.07.2022 a drawing competition was organised on the topic 'Food Adulteration Health impact' by Centre for Eco-Feminine Excellence. Beneficiaries: 34



### **Colours of Creativity**

## **SWACHHATA PAKHUVADA**

On 14.09.2022 Swatchh Bharath Mission-Celebration of Swachhata Pakhuvada organized by Centre for Eco-Feminine Excellence. Dr. M. Johnson, Assistant Professor of Botany St. Xavier's College, Tirunelveli, Dr. R. Sri Priya, Assistant Professor of Zoology, St. Mary's College (Autonomous), Thoothukudi was the resource person. Beneficiaries: 78.

On 14.09.2022 Online Quiz competition Swatchh Bharath and Environmental Science organized by Centre for Eco-Feminine Excellence.

## **INTERNATIONAL YOUTH DAY**

On 12.08.2023 a State Level Online Quiz Competition- International Youth Day was organized by Red Ribbon Club online website tnsacs.in. Beneficiaries: 50 students

## **NATIONAL CADET CORPS**



**Pride in Every Stroke: NCC Cadets**

NCC cadets attended Annual Training Camp (ATC), Combined Annual Training Camp (CATC), Basic Leadership Camp (BLC), Ek Bharat Suraksha Bharat (EBSB), Nilgris Trekking Camp and Firing Camp this academic year.



### NCC Cadets Patriotism

S.No	Camp	Place & Date	No. of Cadets
1.	ATC	Sarah Tucker College, Tirunelveli	45
2.	CATC	NTA, Idaiyapatti, Madurai	28
3.	BLC	Coimbatore	5
4.	Firing Camp	Tirunelveli	93
5.	RDC- IUC	NTA, Idaiyapatti, Madurai	6
6.	TSC- IUC	NTA, Idaiyapatti, Madurai	3

SUO. Bhuvana of III English got selected among 2 cadets from our Battalion participated in the adventure camp, Trekking held at Ooty for 12 days from 27<sup>th</sup> October and reached the height of 8500 mts.



UO. P. Kamaladharshini of III Mathematics got selected among two cadets from TNP & AN Directorate to attend the Advanced Leadership Camp – VI at Delhi in the month of August. Sgt. Arney Infancia of III English participated in the EBSB camp held at Prayagrah, Madhya Pradesh for 12 days in June 2022 and won various prizes in the cultural and literary competitions.

- Sgt. Magdalena of III Commerce got selected for State level Shooting Competition which held in the month June 2023.



### Guardians of Discipline

- NCC cadets also organised and participated many competitions and events.
- NCC cadets organised and participated in CDP & Social service activities creating awareness to public.
- 65 cadets participated in an Awareness Campaign on Each One, Teach One on 5<sup>th</sup> September, 2022 and distributed 200 note books and pens to the students of St. Joseph's School, Cruzpurum, Thoothukudi.
- A team of 35 cadets along with APC college cadets and P.I staff members involved in beach cleaning activity and handed over 1 tonne plastic wastes to the Thoothukudi Corporation on 30<sup>th</sup> September 2022 under Punit Sagar Abhiyan Scheme and was appreciated by the Thoothukudi Commissioner.
- 50 cadets visited an old age home on 12<sup>th</sup> January, 2023 (National Youth Day). They cleaned their area, helped them with their daily needs, performed cultural programmes and spent a day with them. Our NCC unit provided them groceries for a

month.

- 60 cadets created awareness to the public of Threspuram area on 12<sup>th</sup> July about “Say No to Plastics” and distributed 250 cloth bags.

The NCC cadets attended the Annual Training Camp (ATC), Combined Annual Training Camp (CATC), Basic Leadership Camp (BLC), Ek Bharat Suraksha Bharat (EBSB), Nilgris Trekking Camp, and Firing Camp this academic year. Cadets also participated in the International Day of Yoga, Kargil Vijay Divas, Azadi Ka Mahotsav and Armed Forces Flag Day. The cadets organised and participated in the Community Development and Social service activities creating awareness to the public.



### Social Service

#### NATIONAL SERVICE SCHEME

NSS units along with Yoga team and NCC of St. Mary's College (Autonomous), Thoothukudi organised a seminar on “Yoga for Women Well-Being on May 25, 2022 for all the second-year students. This event was conducted in view of celebrating International Yoga Day. Dr. N.Sethu, Assistant Professor, Department of Physical Education, Manonmaniam Sundaranar University, Tirunelveli is the Resource Person. The Resource person inculcates the importance of maintaining health. He explained how yoga helps during the pandemic situation. He interacted with the students and insisted on taking care of their breath and health daily.





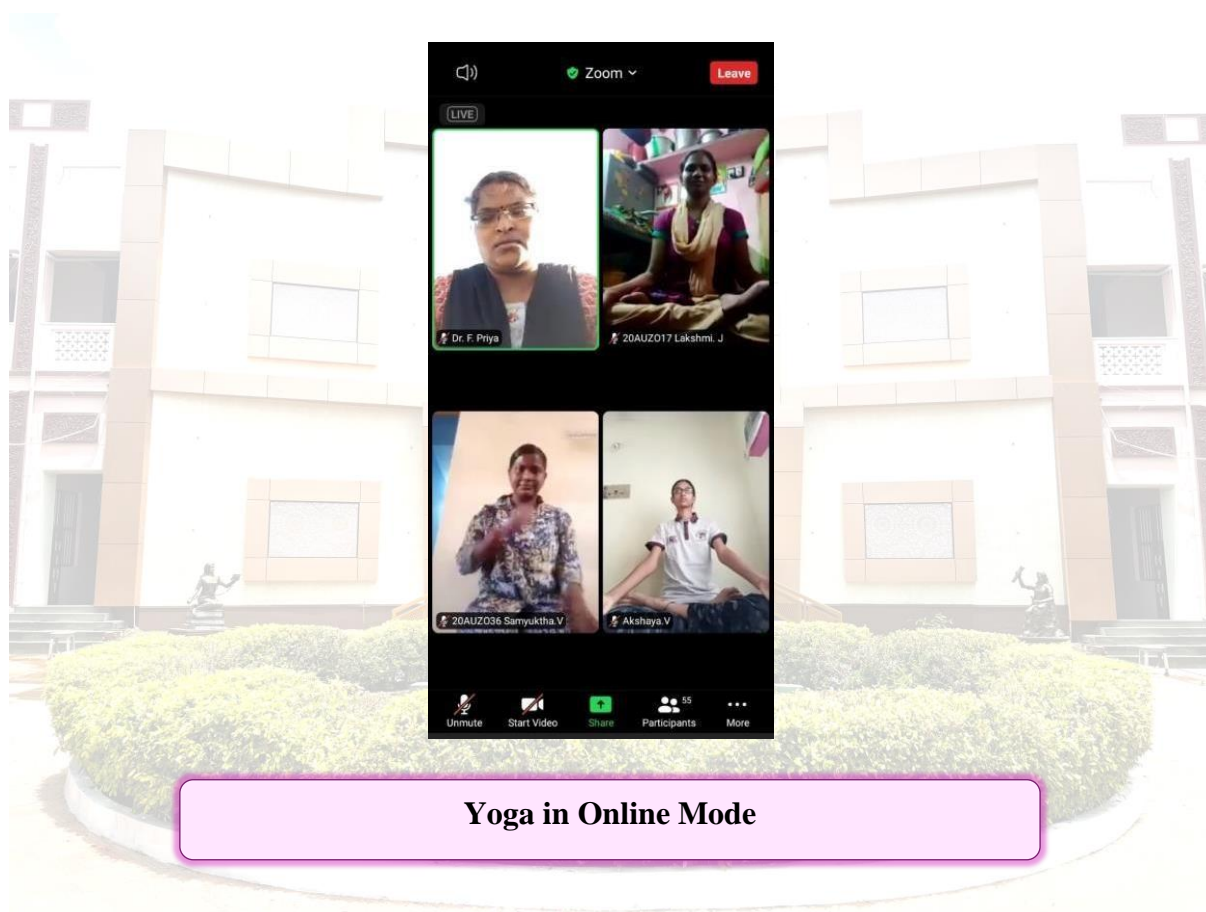
### Yoga for Women Well-Being

To celebrate Kalaigiar M. Karunanithi's birthday, a mass cleaning programme was arranged to clean our college campus on 03.06.2022. Thoothukudi municipality sanitary workers along with our college students cleaned our college. They separated bio decomposable and recyclable wastes. Sanitary officer explained the need for separating the waste and the harmful effects of plastics.



### Separating bio decomposable and recyclable wastes

International yoga day was celebrated on 21<sup>st</sup> June 2022. Yoga for all programme was conducted by NSS units along with the Yoga team of our college through zoom platform. NSS volunteers did their yoga from their home. Poster making competition and Video competitions were conducted and the results were announced on Yoga Day. Prize winners for poster presentation are: Vesta Serapha, II B.A English, Fathima Beevi. M, I B.Sc Chemistry, Anitha Ansara. A, II BSc Mathematics and Prize winners for video making competition are: Deepa. K, II B. Com, Jefina Gomez, II B.Sc Zoology and Preethi Paikaray, II B.Com.



**Yoga in Online Mode**

All the NSS programme officers along with NSS volunteers took Drug Free Tamil Nadu Pledge on 11.8.2022 for as instructed by Government of Tamil Nadu.





### Students taking Drug Free Pledge

National flag was distributed by NSS volunteers to the people of the village Anthoniarpuram on 12.08.2022. NSS volunteers distributed 100 flags to the houses in that area. Also insisted the people to hoist the flag in their houses on Independence Day.



### Distribution of National Flags



Drive Against Drugs – E-Pledge was taken by NSS Programme coordinators on 17.08.2022. To promote national integration and communal harmony among the people of all religions, languages and regions, Sabdhavava Diwas is observed nationwide on 20.8.2022. NSS volunteers and programme officers took pledge for “Sabdhavava Diwas” on 18.8.2022 at 11.00 a.m.



### Drive Against Drugs – E-Pledge

Beach cleaning was done in Inigo Nagar on International Coastal Cleanup Day 17.09.2022. 100 NSS volunteers from all the four units along with the municipal workers cleaned the sea shore. Students collected and separated waste materials found in the beach.



### Beach Cleaning

A talk on solid waste management was held on 29.09.22 in the college auditorium. Officers from municipal addressed the students about solid waste management. They instructed the students about the separations of garbage into biodegradable and non-biodegradable. They also explained the volunteers about the need for the reuse of biodegradable wastes and recycling of the non- biodegradable wastes. Certificates were also distributed for the students who cleaned the sea shore on coastal cleanup day.



### Solid Waste Management

On 13.10.22, Dr. T. A. Manjula, MBBS, DGO, DHA, Chief civil surgeon (Rtd), Tuticorin Medical College hospital addressed the volunteers about health and hygiene of adolescent girls. NSS volunteers from both first and second years attended the meeting. Students participated enthusiastically and asked various doubts to the doctor.



### Health and Hygiene of Adolescent Girls



To celebrate Youth Awakening Day on 15.10.2022 in remembrance of Dr. A.P.J Abdul Kalam, our college NSS organized Essay writing competition on the Topic The responsibilities of the youth in the advancement of Science and Drawing competition on the Topic A tribute to Bharat Ratna Dr. A.P.J. Abdul Kalam. The following students won the prizes.



**Youth Awakening Day - Prize Winner**

Mass cleaning campaign was conducted by the students of all NSS units. 71 students from Unit No 67 and 129 cleaned SS Pillai market in Thoothukudi on 17.10.22. Students collected and separated biodegradable waste and plastic waste and handed it over to the municipality. Counselor of that area attended the program and took pledge with students and people. Students also went around the houses in that area and gave awareness about solid waste management. 50 volunteers of units 66 and 130 cleaned the coastal area in Thoothukudi. They collected and separated waste and handed it over to Thoothukudi municipality.



**Mass Cleaning Campaign**

On 27.10.2022, a meeting was organized for the all the NSS volunteers about female health care and empowerment. J. Esther, Product advisor from Femi Health Care, Female Empowerment Movement of India addressed the students about health care and female empowerment.



### Women Health Care and Empowerment

To know the meaning and value of unity, pledge was taken by the NSS programme officers, NSSvolunteers with other students on National Unity Day which is celebrated on 31.10.2022.



### National Unity Day - Oath



An awareness programme on 'Prevention of Drug Abuse' was conducted at St. Mary's College (Autonomous), Thoothukudi on 5<sup>th</sup> January 2023 in Star Hall. Dr. L. Sriram MD., Assistant Professor, Department of Psychiatry, Government Thoothukudi Medical College Hospital, Thoothukudi was the chief guest. The active participants were the volunteers of NSS, Youth Red Cross and Red Ribbon Club. A realization on consumption of alcohol and its negative impacts was conveyed to the participants by Dr. L. Sriram. The volunteers were asked to help the alcoholics, by directing them for a medical observation, counseling, mental and physical health support from a Psychiatrist. At the end volunteers were interrogated regarding their understanding towards the message conveyed by Dr. L. Sriram. Nearly 300 students from various disciplines were the beneficiaries.



### **Awareness programme - Prevention of Drug Abuse**

To celebrate national youth week, a quiz competition was conducted on 17.01.2023 through onlinemode. More than 200 students attended the quiz. A Pledge on National voter's day were taken on 25.1.2023. NSS Volunteers along with other students took pledge at 11.am.



### National Voter's Day - Pledge

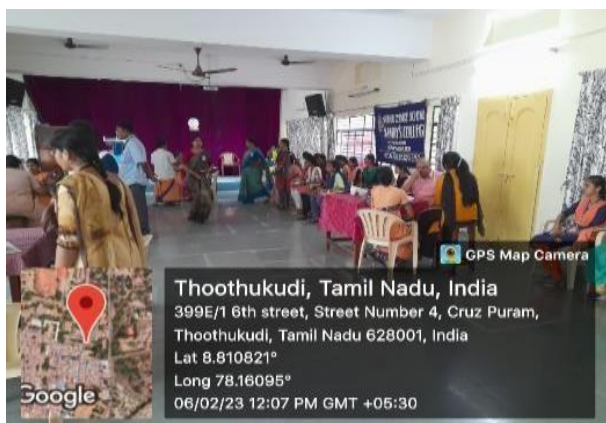
A pledge on 30.01.2023 was taken by all the students and staff members of our college to commemorate Martyr's Day.



### Martyr's Day - Pledge

A Pledge on prevention of slavery against labourers was taken by NSS volunteers along with programme officers on 9.02.2023. NSS units in association with Vasan Eye care, hospital, Thoothukudi organized an eye camp on 06.02.2023 in college campus from 10am to 4 pm. Dr. Sr. A.S. J. Lucia Rose, Principal inaugurated the camp. Dr. Sugumar with this team members checked the eyes of the students and gave them suitable advices. 328 students participated in the camp.





### Vasan Eye Care - Eye Camp

An awareness program on cleanliness was organized on 13.02.2023. Mr. V. Ariganesan M.sc, MBA, sanitary officer, North zone, Thoothukudi Corporation and Mr. Rajasekaran, sanitary officer, East zone, Thoothukudi Corporation were the resource persons. They insisted the not to use plastics. They also explained the safe methods to dispose plastics Students interacted with them cleared their doubts about plastic waste disposal.



### Awareness Program on Cleanliness

## **CENTRE FOR DIGITAL EXCELLENCE**

The college's digital excellence fosters an innovative culture of learning and teaching. Around 57 activities from various departments at the college have been live streamed, with around 53725 people benefiting. The Centre looks after the Digital board which allow information to be shared within the college grounds regarding the events conducted in the college, providing a more spatially appropriate context for the data.

The events organized by various Clubs and forums of the college and various community updates are posted in social media like Twitter and Facebook. The College ERP streamline and automate processes, creating a more accurate and efficient operation of conducting Online exams for students and fee payment. Regular update of the College website and scroll events conducted by the college are managed by the Centre.

## **CENTRE FOR ECO-FEMININE EXCELLENCE**

On 29.07.2022 a drawing competition was organised on the topic 'Food Adulteration Health impact' by Centre for Eco-Feminine Excellence. Beneficiaries: 34



**Food Adulteration Health impact**



On 14.09.2022 Swatchh Bharath Mission-Celebration of Swachhata Pakhuvada organized by Centre for Eco-Feminine Excellence. Dr. M. Johnson, Assistant Professor of Botany St. Xavier's College, Tirunelveli, Dr. R. Sri Priya, Assistant Professor of Zoology, St. Mary's College (Autonomous), Thoothukudi was the resource person. Beneficiaries: 78. On 14.09.2022 Online Quiz competition Swatchh Bharath and Environmental Science organized by Centre for Eco-Feminine Excellence.



### Swatchh Bharath Mission - Celebration

On 15.10.2022 World Food Day was organized by Health and Hygiene Club. Dr. S. Mariappan M.B.B.S., Designated Officer of Tamil Nadu food safety department, Thoothukudi was the resource person. Beneficiaries: 800



### World Food Day

On 2.11.2022 Tree Plantation was organised by Green campus club. Beneficiaries: 64.

On 10.11.2022 Charity Virtue - World Food Day organized by Health and Hygiene Club. Beneficiaries: 35



### Tree Plantation

On 14.02.2023 a Guest Lecture on 'Green Gold Live Treasure' was organized by Centre for Eco-Feminine Excellence and Department of History, St. Mary's College (Autonomous). Dr. S. Francisca, Former Associate Professor and Research Director, St. Ignatius College of Education (Autonomous) was the resource person. Beneficiaries: 52 students



### Green Gold Live Treasure



On 17.02.2023 Coastal Cleaning was organized by Centre for Eco-Feminine Excellence and Swachh Bharath Mission of the Municipal Corporation. Mr. C. Rajasekar, Sanitary officer, Municipal Corporation, Thoothukudi and Mr. A. Ashok Kumar, Zonal Supervisor, Swachh Bharath Mission was the resource person. Beneficiaries: 52 students



**Coastal Cleaning**

On 09.03.2023 free medical camp was organized by Centre for Eco-Feminine Excellence. Dr. ELA. Kalairasan, Resident Medical Officer, Bewell Hospital, Thoothukudi was the Resource person. Beneficiaries: 300 students and faculties



**Free Medical Camp**

On 13.03.2023 an Awareness campaign – Beat Plastic Pollution was organized by: Centre for Eco-Feminine Excellence. Mr. C. Rajasekar, Sanitary officer, Municipal Corporation, Thoothukudi was the resource person: Beneficiaries: 42 students



### Beat Plastic Pollution

## CENTRE FOR JOB EXCELLENCE

### COUNSELLING FORUM

On 10.09.2022, "Life is a gift unwrap it" an awareness program was organized by the Counselling forum and the Psychology department. Sr. Kenzy, Counsellor was the resource person. All the women in Kokkirakulam Prison, Palayamkottai, and all the Psychology students attended the program.



### Life is a gift unwrap it



On 12.09.2022 "The Value of life an awareness talk was organized by the Counseling forum. Sr.Lily Antony and Ms. Rohini the college counsellors addressed all the students during morning prayer. On 10.10.2022 "Harmony of mind and body" a mental health boot camp was organized by the Counselling forum. Dr.S.Sivasailam, Senior Consultant Psychiatrist was the resource person. 55 players of the college attended the program.



### **The Value of Life**

On 10.11.2022 "Challenges in Modern Society" an insight program was organized by the Youth Red Cross and the Counselling forum. Mr. S. John Moses Giritharan, Assistant Professor, Department of Criminology, Kamaraj College, Thoothukudi was the resource person. YRC and RRC students attended the program.



### **Challenges in Modern Society**

On 09.02.2023 "Let's spread positive vibes" an insight program was organized by Youth Red Cross and the Counselling forum. Mr.S.John Moses Giritharan, Assistant Professor, Department of Criminology, Kamaraj College, Thoothukudi was the resource person. YRC first- year 35 students and the Thattaparai Government children home 38 students attended the program.



### Let's Spread Positive Vibes

On 15.2.2023 "Anti-drug awareness- Frozen Frame" was organized by the Counselling forum, Anti-drug club, YRC, and RRC club. Students displayed the health hazards associated with the use of drugs and the importance of leading a healthy and safe lifestyle. All the college students visited the frozen frame.



### Anti-drug awareness- Frozen Frame



## CAREER GUIDANCE AND PLACEMENT CELL

In association with Department of Computer science organized a programme on Career Opportunity which are available for computer students on 24<sup>th</sup> August 2022, from 10 a.m. to 11 p.m. The session was handled by Mr. Deivanayagi Sundar, Director MINEMAN Management Systems Pvt. Ltd. The students from III UG and II PG Computer Science students were the beneficiaries in total they were 56.



### Career Oriented Programme

In association with Tamil Nadu Graduates Federation, Chennai organized an Awareness Programme on “Preparation of TNPSC Examinations” on 01<sup>st</sup> September 2022. Mr. Benjamin Franklin from Tamil Nadu Graduates Federation (TGF) visited UG Freshers of each department in their respective classrooms and instructed them how to prepare for TNPSC Exams, where to refer ~~sths~~ how to face personal interview and so on. The students of I UG were the beneficiaries.



### **Awareness Programme - Preparation of TNPSC**

One day programme on “Skill Development Programme on Career Opportunity” was organised on 30<sup>th</sup> September 2022. Mr. P.Muthu Kumar, M.A., M.Phil., M.B.A., Ph.D., Director, Annam Education & Dean of Infant Jesus College of Engineering was the resource person. About 350 students of Post Graduate and Under Graduate final year students participated and benefited.



### **Skill Development Programme**



An Awareness Programme on Career Opportunity through National Integrated Rural Movement for Action Network (NIRMAN) was organised on 15<sup>th</sup> October 2022. Dr. M. Glory, Associate Professor of Botany, St. Mary's College addressed the gathering. All the UG and PG final year students were the beneficiaries.



### **Awareness Programme - Career Opportunity (NIRMAN)**

In collaboration with National Integrated Rural Movement for Action Network (NIRMAN) have inaugurated the Training programme for the selected candidates of Interested students through online on 3<sup>rd</sup> November 2022. About 35 students of Post Graduate and Under Graduate final year students of selected candidates attended the Inauguration ceremony of NIRMAN through Online.



### **Inauguration Ceremony of NIRMAN**

An Orientation on Career Guidance was organised on 9<sup>th</sup> November 2022 for the UG Final year Arts Students and on 16<sup>th</sup> November 2022 for the UG final year Science Students. Mr. S. Lingam from TNPSC team, Verenda race, Tirunelveli was the guest speaker. The chief guest gave a detailed description of the "Naan Mudhalvan Scheme".



### Naan Mudhalvan Scheme

Career Guidance and Placement Cell program on Staff Selection Commission (SSC) was organised on 21<sup>st</sup> December 2022 through Zoom platform. Mrs. M. Petchiammal, Assistant Director, Mr. S. Syed Mohammed, District Employment Officer of District Employment and Career Guidance Centre, Thoothukudi and Mr. G. Haribaskar, Assistant Director, Career Guidance Centre for SC/ST, Tirunelveli were the Resource Persons. 78 members were connected in the meeting.

In Collaboration with Puthiya Thalaimurai Foundation, EG Forum, and Rotary Club of Tuticorin organized a Job-opportunities in Banking Sector on 31<sup>st</sup> January 2023. Mr. S. Murugesan, Director – Training, Madurai Soft Skill Training Academy, Madurai and P. Ganesan, Deputy General Manager Projects, Puthiya Thalaimurai Foundation were the resource persons. Rtn. T. Malarvizhi, President, Rotary Club of Tuticorin Trailblazers and Rtn. A. Prathima, Secretary, Rotary Club of Tuticorin Trailblazers were the guest of honours.



Nearly 340 students of final yearUG and PG were the beneficiaries.



### **Job-opportunities in Banking Sector**

On 6<sup>th</sup> March 2023, in collaboration with FOXCONN PVT. LTD., Chennai, an Apple iPhone Mobile Accessories Manufacturing Client Firm organised a Campus Drive for the post of Trainee Assembler and Trainee Quality control. Nearly 25 Final year Arts Under graduate and Post Graduate students of our college attended the Campus drive along with their updated resume. Mr. Durai, Senior HR Manager of FOXCONN PVT. LTD., conducted the personal interview. Ms. S. Seles of ILM.A. English got selected for the post and received her appointment order at spot and she was asked to join the post after the completion of her final year exams.

### **CENTRE FOR ENTREPRENEURSHIP AND SKILL EXCELLENCE**

#### **CERTIFICATE COURSE**

Certificate courses were conducted for first year UG students for 15 days from 2.00 p.m. to 4.00 p.m. in the month of September and October. The courses offered were Spoken English, Spoken Hindi, Basics of Computer, Tailoring, Jewellery making, Fashion Designing, Cookery, Folk dance, Western dance, Classical dance and Aari work. Both theory classes

and practical training were given for each course by skillful tutors. At the end of the course, separate theory and practical exams were conducted. Based on the performance of the students, grades were given. The valedictory function for the certificate courses were held on February 2<sup>th</sup> 2022. Students gave feedback for all the courses. Students also exhibited the work done by them.

## CONSUMER CLUB

The consumer organized a meeting on 20.10.2022 on the topic “Consumer Protection Act” and the resource person was Ms. Jothimani, Advocate, District court, Thoothukudi and the no of participants were 72 students.



**Consumer Protection Act**

The consumer organized a meeting on 15.11.2022 on the topic “Consumer Preference for Nutrition and Health Claims” and the resource person was Ms. J. Stephy Carolin, Counsellor, AshaChartiable Trust, Thoothukudi and the no of participants were 75 students.





### **Consumer Preference for Nutrition and Health Claims**

The consumer club organized a meeting on 06.03.2023 on the topic “E Commerce and Consumer Protection” and the resource person was Ms. S. Sorna Latha, Senior Advocate, Notary Public, Thoothukudi and the no of participants were 80 students.



### **E Commerce and Consumer Protection**

## **QUIZ CLUB**

On 24.09.2022, Quiz Club in collaboration with Marian Research Forum and Library Committee organized a Quiz on the title “National Educational Policy -2020” in online mode. 668 students were the participants of this event.

On 11.01.2023, Quiz Club in collaboration with IQAC and Library Committee organized a Quiz on the title “Millets” in online mode. 303 students were the participants of this event.

On 26.01.2023, Quiz Club in collaboration with Department of History and Library Committee organized a Quiz on the title “National Leaders” in online mode. 521 students were the participants of this event.



### Quiz Competition

On 21.02.2023, Quiz Club and Library Committee organized a Quiz on the title “Crack the Net 2023” in online mode. 85 students were the participants of this event. On 06.03.2023, Quiz Club and Library Committee organized a Quiz on the title “Innovations and Events from 2020 till date”. The preliminary exam was conducted on 02.03.2023. 22 students were the participants and the selected 10 students participated in the Quiz.



## CENTRE FOR SERVICE EXCELLENCE

### ROTARACT CLUB

On 29<sup>th</sup> September 2022 the Rotaract club organized a meeting on the topic Iraivi – a programme on “Physical, Intellectual and Social Transformation” under the guideship of Shri. S.R. Ramakrishnan, SPIC & Greenstar Fertilisers Ltd., Director of Rotary Club and Mr. Rathakrishnan, Member of Rotary Club, Spic Nagar. Dr. Flora Nelson M.D.R.D and Ms. J. Kumutha Sithiraputhiran, Soft Skills Trainer were the resource persons. The number of beneficiaries was 500.



**Physical, Intellectual and Social Transformation**



On 20<sup>th</sup> October 2022, a meeting was convened jointly by Rotaract Club, Youth Red Cross and Library Committee. Dr. G. Antony Suresh, Assistant Professor of Tamil, Sadakathullah Appa College, Tirunelveli, the guest speaker of the day delivered a speech on “Bibliotherapy - A Solution to Stress”. Nearly 90 students benefitted from this.



### **Bibliotherapy - A Solution to Stress**

On 7th January 2023, the Rotaract club and the Rotary Club, Spic Nagar jointly organized a one-day training programme on “Effective Public Speaking”. The Rotarian cum Corporate Trainer Mr. M. A. P. R Rengasamy addressed the students and held a lively and interactive session on public speaking skills. Nearly 50 students from different disciplines benefitted from the programme.



### **Effective Public Speaking**



On 16<sup>th</sup> February 2023, The Rotaract Club and Rotary Club of Seaside, Thoothukudi jointly organized a special lecture on the topic “The Role of Physiotherapy in General Fitness” under the guidance of Rotarian A. Constan, the President of Rotary Club, Thoothukudi. Dr. S. Mohammed Nazeer, Physiotherapist, Sugam Physiotherapy Centre, Thoothukudi was the resource person. No of beneficiaries were 550.



### **The Role of Physiotherapy in General Fitness**

### **RED RIBBON CLUB**

On 12.08.2023 a State Level Online Quiz Competition- International Youth Day was organized by online website tnsacs.in. Beneficiaries: 50 students



### **International Youth Day**

On 13.10.2023 an awareness programme on “Blood Donation- Beyond to Basic” in commemoration with National Voluntary Blood Donation Day was organised. Ms. Caroline, M.sc,Head and Assistant Professor, Food Science and Nutrition, Holy Cross Home Science College, Thoothukudi, was the resource person. Beneficiaries: 280 Students.



### Blood Donation- Beyond to Basic

On 21.11.2022 a State Level Online Quiz Competition was organized by online website tnsacs.in. Beneficiaries: 50. Shalini. K of I B.Sc., Department of Microbiology won the first prize under the district level and awarded Rs. 5000 cash price.



### State Level Online Quiz Competition



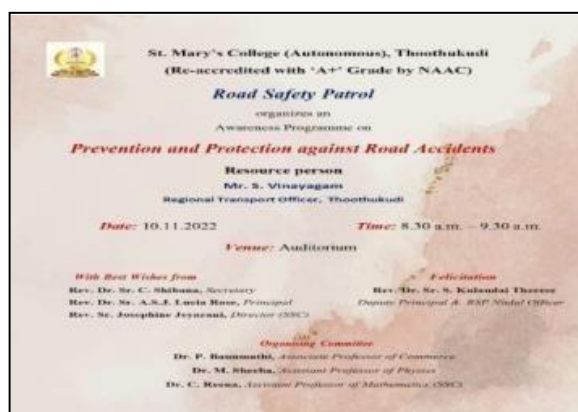
On 20.02.2023 an Awareness programme on “HIV Infection and Cancer Risk” was organised. Dr. Manikandan Dhanushkodi, Medical Oncologist, Thoothukudi Cancer Care, Thenmani Hospital and Mr. A. Amalavalan, MSW and MBA, District Programme Manager, District AIDS Prevention and Control Unit (Thoothukudi, Thenkasi, Tirunelveli) were the resource person. Beneficiaries: 350 Students



### HIV Infection and Cancer Risk

### ROAD SAFETY PATROL

Road Safety Patrol is a part of human education, which prepares the students to adjust well to society and contribute to the well-being of society. It is a service to mankind that ensures an accident-free life. Nowadays, the volume of traffic has increased in a variety of ways. So, the RSP students deployed the traffic outside the college premises during the morning. The Road Safety Patrol Program was held on November 10, 2022, in the auditorium at 8.30 a.m. The session was then taken over by Mr. S. Vinayagam, Regional Transport Officer, who gave a lecture on "Prevention and Protection against Road Accidents".



### Prevention and Protection against Road Accidents

On February 2, 2022, the RSP students prepared banners for each department and hang it in the respective places in the parking lot and encouraged the students to arrange in an orderly manner. Dr. Sr. Kulandai Therese, Deputy Principal and RSP Nodal Officer, and Dr. Banumathi, Coordinator and Associate Professor of Commerce, prepared the parking tokens and distributed them to all the students and faculty who come to the college by two-wheeler. On March 13 2023 RSP organized an awareness program titled "Follow Traffic Rules, Save the Future" at 2.15 p.m. in the college auditorium. An awareness talk was given by Mrs. Malarkodi, Special Inspector of Police, All Women Police Station, Thoothukudi.



### Follow Traffic Rules, Save the Future



## SCRIBES FORUM

The First Mid Term examination for SSLC and HSLC students held at Caldwell Higher Secondary School from 17.08.2022 to 26.08.2022. The following six students from II B.Com. A (SSC), Ms. R. Roja, Ms. B. Lavanya, Ms. S. Sara Abina, Ms.V. Sri Dhanalashmi, Ms. V. Suvitha Souahakini, Ms. K. Mariamma@malini rendered their help as the scribe for the 10<sup>th</sup> and the 12<sup>th</sup> students.



### Helping visually Challenged Students

The First CIA for the academic year 2022-2023, odd semester commenced for III UG from 22.08.2022 to 30.08.2022. Ms. P. Virgin Pratheepa and Ms. A. Alagu Chella Keerthana of M.Phil.English rendered their help as the scribe for Ms. S. Mookkammal, III B.A. English Literature.

The Second CIA for the academic year 2022-2023, odd semester commenced for III UG from 20.09.2022 to 28.09.2022. Ms. H.R. Aneesha and Ms. P. Subithra, Research Scholars of Mathematics rendered their help as the scribe for Ms. S. Mookkammal, III B.A English Literature.

The Quarterly examination for SSLC and HSLC students held at Caldwell Higher Secondary School from 22.09.2022 to 30.09.2022. K. Maria Antony Princy of I M.A. History, S.Nanthini of I M.A. History, T. Ashish Praisy of II M.Sc. Mathematics, M. Bency of II M.Sc. Mathematics, S. Sneha of II M.Sc. Mathematics, P. Rajapushpa of III B.A English Literature and T. Sharan Jeya Shekina of III B.A English Literature rendered their help as the scribe for the 10<sup>th</sup> and the 12<sup>th</sup> students.

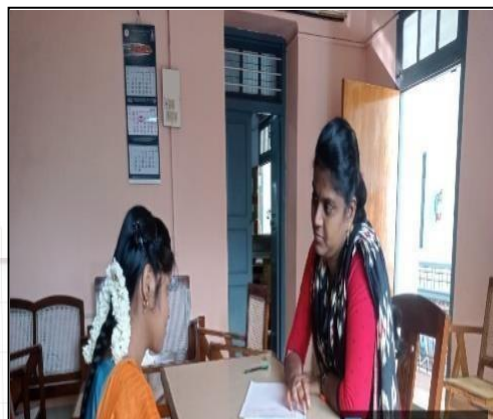
The Third CIA for the academic year 2022-2023, odd semester commenced for III UG from 01.11.2022 to 08.11.2022. Ms. K. S. Yaamini and Ms. P. Subithra Research Scholars of Mathematics rendered their help as the scribe for Ms. S. Mookkammal, III B.A English Literature.

The End Semester Examination commenced from 24.11.2022 to 09.12.2022. Ms. B. Bala Yoga Meena and Ms. Albansin Viviliya, Assistant Professor, Department of English (SSC) and Ms. A. Patricia Romila, Assistant Professor, Department of English rendered their help as scribe for Ms. Haseena Barakath. M, II B.A. Economics. Dr. J. Angel Beulah Gracelin and Ms. T. Manuel Infany, Assistant Professor, Department of Commerce (SSC) and Ms. S. Andrews Felicita, Assistant Professor, Department of Computer Science rendered their help as the scribe for Ms. S. Mookkammal, III B.A English Literature.

The Half Yearly Examination for SSLC and HSLC students held at Caldwell Higher Secondary School from 15.12.2022 to 23.12.2022. The following students rendered their help as the scribe for the 10<sup>th</sup> and the 12<sup>th</sup> students. N. Angel Mary - I M. A. Economics, M. Nanthini - I M. A. Economics, A. Trifana – I M. A. Economics, A. Sherlin - II M. A. Economics, P. Grace Sheeba Rani- I M.Sc. Psychology, M. Jenifer– I M.Sc. Psychology



The First CIA for the academic year 2022-2023, Even semester commenced for III UG from 18.01.2023 to 27.01.2023. Ms. K. S. Yaamini, Ms. M. Karthika, Ms. Aneesha and Ms. P. Subithra Research Scholars of Mathematics rendered their help as the scribe for Ms. S. Mookkammal, III B.A. English Literature.



### Helping Physically Challenged Students

The Second CIA for the academic year 2022-2023, Even semester commenced for III UG from 24.02.2023 to 03.03.2023. Ms. K. S. Yaamini, Ms. Karthicka, Research Scholars of Mathematics and Ms. M. Mohamad Shifana of II M.Sc Physics rendered their help as the scribe for Ms. S. Mookkammal, III B.A English Literature.

The Public Practical examination for HSLC students held at Caldwell Higher Secondary School on 2.02.2023. P. Rajapushpa and Ms. Aruna @ Sangeetha of III B.A English Literature rendered their help as a scribe.

*Lina Rose*  
**Principal**  
St. Mary's College (Autonomous)  
Thoothukudi-628 001.