



St. Mary's College (Autonomous) Reaccredited with 'A+' Grade by NAAC (Cycle IV) Thoothukudi



CRITERION 7 - INSTITUTIONAL VALUES AND BEST PRACTICES Year 2018-2023 7.1 Institutional Values and Social Responsibilities.



7.1.10 The Institution has a prescribed code of conduct for students, teachers, administrators and other staff and conducts periodic programmes in this regard

➤ Handbooks on human values and professional ethics

Academic Year	Human Value and Professional Ethics followed
2022-2023	Gratitude
2021-2022	Faith
2020-2021	Норе
2019-2020	Honesty
2018-2019	Harmony

The institution follows every year the Values drafted in the College policy. Accordingly, we have followed for the year 2022-2023 Year of Gratitude, for the year 2021-2022 Year of Faith, for the year 2020-2021 Year of Hope, for the year 2019-2020 Year of Honesty and for the year 2018-2019 Year of Harmony.

> Core Values of the Institution

The core values of the institution are centered in the Servite charism 'Compassion', its motto 'Fide Vivant - Live by Faith' and the belief system of human values and ethics. They are incorporated into all the programmes and activities of the institution.

Commitment → Concern → Competence

 $Duty \rightarrow Discipline \rightarrow Dignity$

Enlighten → Emancipate → Empower

Criterion VII SSR Cycle V

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Gratitude \rightarrow Guidance \rightarrow Goodwill

 $Hardwork \rightarrow Happiness \rightarrow Harmony$

 $Teamwork \rightarrow Trustworthiness \rightarrow Transparency$

These values guide the internal conduct of the Marians and also help to establish a meaningful relationship with the society.





Criterion VII SSR Cycle V



ST. MARY'S COLLEGE (AUTONOMOUS)

(Re-accredited with A+ Grade by NAAC)

Thoothukudi - 628001, Tamilnadu.





Year of Gratitude

Academic Calendar

2022–2023

(Re-accredited with A+ Grade by NAAC)
THOOTHUKUDI



2022 - 2023

Postal Address St. Mary's College (Autonomous),

104, North Beach Road, Thoothukudi - 628 001.

2022 - 2023 Administrators

Secretary - Dr. Sr. C. Shibana

Principal - Dr. Sr. A.S.J. Lucia Rose

Deputy Principal - Dr. Sr. S. Kulandai Therese

Controller of Examinations - Dr. A. Punitha Tharani

Director of SSC - Sr. Josephine Jeyarani

Greetings from the Principal!

Dear Marians,

"Gratitude is the ability to experience life as a gift" - John Ortberg

St. Mary's College (Autonomous) is resolutely propelled by its vision 'to make young women agents of an egalitarian society through liberative education'. The college nurtures its ideals in empowering women adopting a holistic view of the texts and traditions and imparts quality education to students following the right global practices. It undertakes various initiatives consciously coping with current curricula and firmly adhering to academic norms. In this perspective, the management and staff members are singular as a team for over seven decades.

We cherish this new academic year 2022- 2023, which begins close after the prolonged pandemic, as the 'Year of Gratitude' to reflect upon all the blessings bestowed on us. Gratitude is a beautiful way of enriching our lives. It is the feeling and attitude of appreciation and thankfulness for the good we receive in our life. It is a powerful source of inspiration encouraging a prosocial response to help others. As the institution steps into the Platinum Jubilee Year, we very fondly and gratefully remember those marvellous stalwarts behind the making and excellence of the College over years.

The Marians are consistent achievers and they successfully withstood the formidable and devastating pandemic. The extension of Autonomous Status to our College by the University Grants Commission for a further period of five years from 2022-23 to 2026-27 is a remarkable feat which is the recognition for the commitment and excellence of the entire team of the college.

Let us cultivate the habit of being grateful and work happily steadfast taking advantage of the ample opportunities available within and beyond classroom at St. Mary's.

"Gratitude is the sign of noble souls" (Aesop); embrace it as a virtue and a duty and nurture your future.



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Year of Fuith Academic Calendar 2021-2022



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THOOTHUKUDI



2021 - 2022

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2021 - 2022 Administrators

Secretary - Sr. Flora Mary

Principal - Dr. Sr. A.S.J. Lucia Rose

Deputy Principal - Dr. Sr. S. Kulandai Therese

Controller of Examinations - Dr. A. Punitha Tharani

Director of SSC - Sr. Josephine Jeyarani

Dear Marians,

forms a majority.

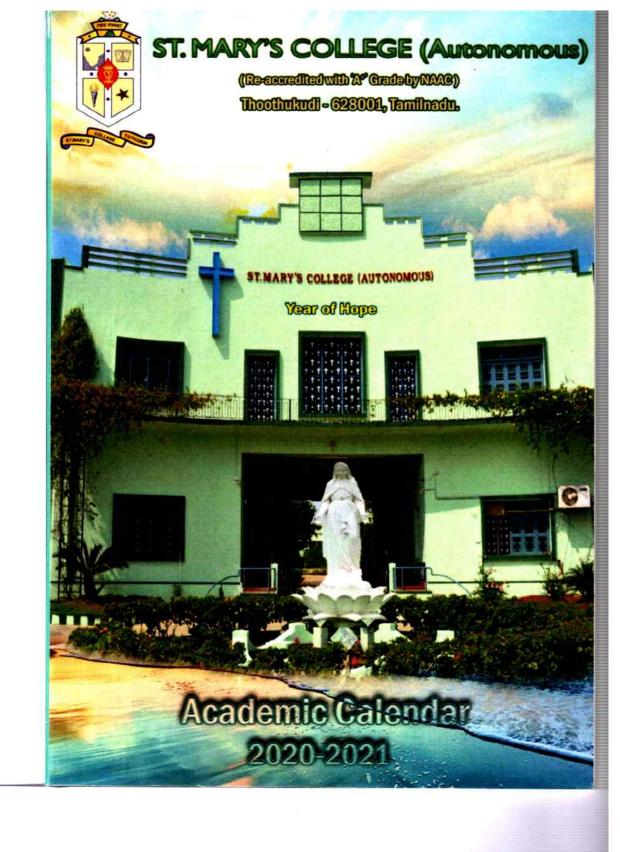
Greetings from the Principal! "The righteous will live by faith." **Romans 1:17**

St. Mary's College (Autonomous), the first autonomous college in Thoothukudi, progresses ahead in the arena of education over seven decades attaining notable accolades in every discipline. The academic activities of all disciplines match with the global scenarios through efficient teaching and effective learning while equally focussing on imparting a confident and competent generational shift in the first generation student community which

We cherish this academic year 2021-2022 as the Year of Faith, for *faith makes life acceptable with our inner strength, stability and insight*. We have risen above the devastating catastrophic health skirmishes much because of our strong inner faith and wisdom.

In this period of uncertainty, with online mode of instruction replacing the on-site face to face class room interactions, we, the Marians, attempt to impart the best to the students both in the academic as well as non-academic fields so that the students are evolved and moulded into ideal and fit individuals strong and capable of facing the challenges and demands of the society and business outside.

We are created to be victorious. Let the seeds of courage sprout in the soil of St. Mary's. The ample opportunities to learn beyond the confines of a classroom through NPTEL, SWAYAM and other online platforms and our Centres of Excellence groom you as self-directed, responsible decision-makers. *Have faith in yourselves and focus on your target*.



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THOOTHUKUDI



2020 - 2021

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2020 - 2021 Administrators

Secretary - Sr. Flora Mary

Principal - Dr. Sr. A.S.J. Lucia Rose

Deputy Principal - Dr. Sr. C. Shibana

Controller of Examinations - Dr. N. Arokiya Mary

Director of SSC - Sr. F. Mary Joyce Baby

Dear Marians,

Greetings from the Principal!

"Hope is the expectation of the good, the realization of the desired" - Fr. Jeffery Walker

St. Mary's College has been imparting higher education over seven decades adopting holistic global practices to empower women with the support of resourceful and committed staff members. It undertakes path breaking initiatives in the academia with innovative modern curricula and strong academic discipline.

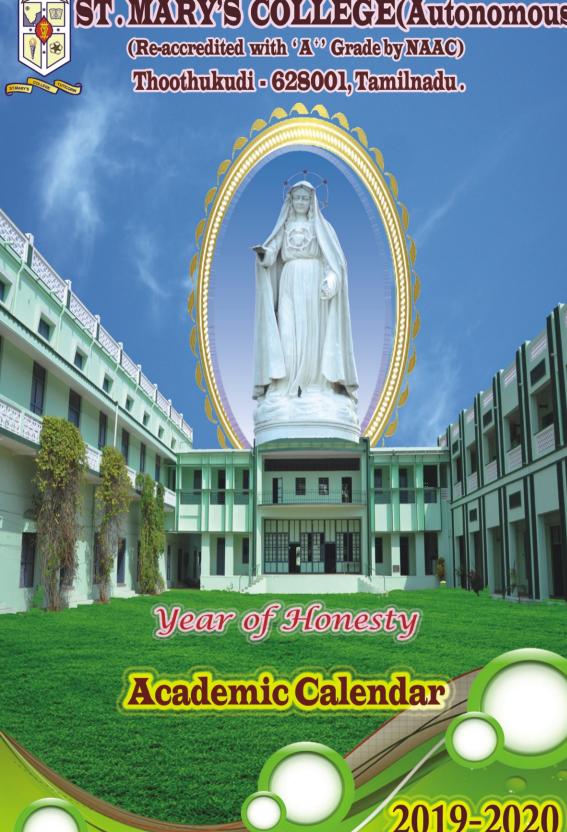
We cherish this academic year 2020 2021, as the Year of Hope. As this year is baffled with the pandemic Covid-19 and the eventual devastating lockdown seasons, challenging all with no definite solution, Hope possibly will act as an impetus in building confidence and self assurance among people.

As education prepares one to understand and face challenges of life, we, the Marians promote the best in the students both in the academic as well as non academic fields and impart to them the urge to move closer to perfection and evolve as stronger individuals.

Whilst the devastating pandemic Covid-19 has changed the conventional physical class room teaching into online, offline or blended modes of instruction at-home necessary measures have been taken to make sure that the examination taken by the students from home will meet the highest standards of reliability and validity.

The will to win, the desire to succeed, the urge to reach the full potential are the keys that will unlock the door to personal excellence. Let us adapt and work hard, hopefully for the best taking advantage of every opportunity to the full.

Let your hope shape your future...



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THOOTHUKUDI



2019 - 2020

Postal Address St. Mary's College (Autonomous),

104, North Beach Road, Thoothukudi - 628 001.

2019 - 2020 Administrators

Secretary - Sr. Flora Mary

Principal - Dr. Sr. A.S.J. Lucia Rose

Deputy Principal - Dr. Sr. C. Shibana

Controller of Examinations - Dr. N. Arokiya Mary

Director of SSC - Sr. F. Mary Joyce Baby

Dear Marians,

"An honest man's the noblest work of God"- Alexander Pope

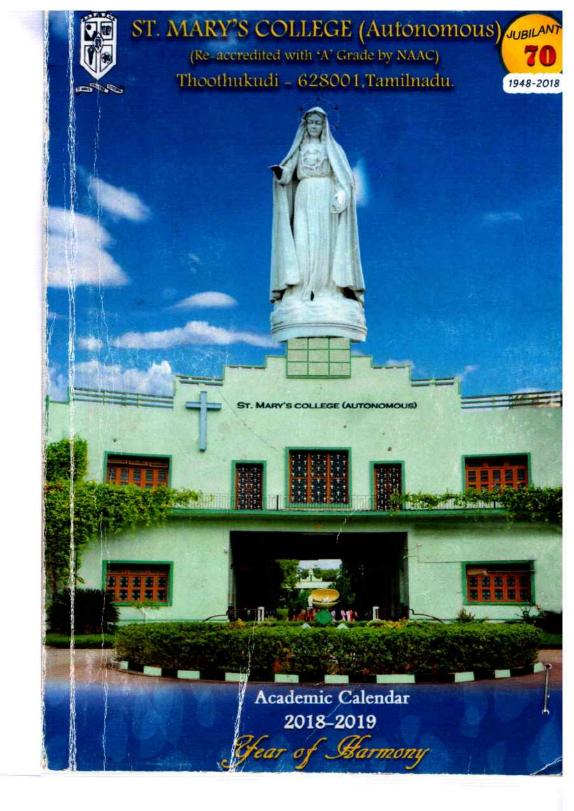
I greet you all on this joyous occasion of attaining the A⁺ Grade in the 4th cycle of NAAC Re-accreditation. St. Mary's perpetuates its vision of empowering women and carries out the mission of whole-person education throughout its 72 years of academic journey. The institution strives to integrate faith and knowledge in ways that provide the strongest value-centered education. Every student is assured of steady and continuous growth through an integrated structure of curricular, co-curricular and extracurricular activities.

We celebrate this year as the Year of Honesty since it is the prime virtue to be inculcated from early childhood. Honesty is truly the best policy as it is the foundation of all inter-personal relationships since it nourishes the lives of people in many ways. Honesty is the indispensable component of moral character which develops good attributes including truthfulness, kindness, discipline, integrity, straight forwardness in conduct etc. Unflinching faith in truth can serve as a strong weapon to fight against the perils and challenges of life.

Our institution emphasizes on character formation with academic excellence. It motivates you to "always aim high" and also cultivates core values such as honesty which should be the governing principle of your lives. You will be challenged and engaged through authentic learning opportunities that inspire you to develop creativity, confidence and resilience to become independent and ethical life-long learners and thus be consequently well equipped to face the challenges of the competitive world.

Moving ahead on the path of excellence, the College is ready to effectively take up the forthcoming challenges in diversified domains.

I wish you all the best.



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THOOTHUKUDI



2018 - 2019

Postal Address St. Mary's College (Autonomous)

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2018 - 2019 Administrators

Secretary - Sr. Flora Mary

Principal - Dr. Sr. A.S.J. Lucia Rose

Vice Principal - Dr. Sr. A. Arockia Jenecius Alphonse

Controller of Examinations - Dr. N. Arokiya Mary

Director of SSC - Sr. Peregrina

"The highest education is that which does not merely give information but makes our life in harmony with all existence"

-Rabindranath Tagore

Dear Marians,

Greetings from the Principal!

St. Mary's college strives hard to empower women through formal and non-formal education, to bring to light the best in every person for her self- development and consequently for the betterment of the society at large. Education empowers women to overcome the challenges, raises their status in family and society and strengthens them to act as agents of social change. The pursuit of our institution is to channelize fruitfully the potentials of the young generation and help them experience a gratifying growth in their personality and career.

Harmony is the theme for this academic year 2018-2019. Harmony promotes positive interactions and experiences, with diverse peers, breaking all the differences and barriers, and enables one to work in peace, for the growth and development of the student community. Harmony culture, the basic need in any organization, leads to increased self awareness, develops relationships, enhances team work, sustains quality and steers the institution towards excellence.

Let us therefore explore the possibilities of enriching life, embarking on a personal discovery of the soul and uncover the magnificent potential within us. Let's work in harmony to make our college proud. May the blessings of God Almighty and the guidance of Mother Mary, lead us to fullness of life.

In Harmony, we find peace. In peace, we find bliss.

In bliss, we find fulfillment.

I wish everyone in the college, a peaceful, meaningful, productive year of Harmony!

Lucia Rose

Dr. Sr. A.S.J. Lucia Rose