



**St. Mary's College (Autonomous)**  
Reaccredited with 'A+' Grade by NAAC (Cycle IV)  
Thoothukudi



**CRITERION VII - INSTITUTIONAL VALUES AND  
BEST PRACTICES** Year 2018-2023

**7.1 Institutional Values and Responsibilities**



**7.1.8 Institutional efforts/initiatives in providing an inclusive environment**

**Enhancing Student Health and Fitness**

➤ **Periodic Health Check up and Medical Camp**

Name of the programme	Date
COVID – 19 Vaccination camp	28.08. 2021
Medical Check Up	08.03. 2021
Free Medical camp at Tharuvaikulam	15.02.2020
Dengue Awareness Campaign and Free Medical	15.02. 2020
Free Medical Camp	09.03.2023
Vaccination Camp	22.12.2021
Medical check up	05.04.2022
Medical check up on International Women's Day	08.03. 2021

**COVID – 19 Vaccination camp**

In order to reduce the risk of contracting the virus that causes COVID – 19 and strengthen the immune system and to protect the student community from the threat of COVID – 19, N. S. S organized a COVID – 19 Vaccination camp in the college premises on 28 August 2021. The medical team comprising 7 members under the headship of Dr. V. Sruthi, Primary Health Centre Thoothukudi helped in promoting the vaccination drive. Nearly 70 professors and 15 Non-teaching staff actively participated in the camp and got vaccinated.



## Medical Check Up

The NSS Units (66, 67, 129 & 130) organised a free medical camp in collaboration with the Centre for Eco Feminine Excellence of the college under the guidance of the principal Rev.Dr. Sr. A.S.J Lucia Rose on 8th March 2021. Keeping in mind the good health of the women during this pandemic period, the free medical check up was conducted by Be-Well Hospital on the auspicious occasion of International Women's Day on 8th March. The medical check up included healthy devices like,

1. General physical examination.
2. Ophthalmologist consultation.
3. BMI and Glucose checkup.

The doctors who rendered their great service to the college were Dr.Jeffie M.B.B.S, Dr.Shalini M.B.B.S and Dr.Rajesh from Agarwal hospital accompanied by staff nurses and the manager and Marketing executive of Be-Well hospital. All the second year UG students participated in this camp and benefited from the free medical services provided by the BeWell hospital.







**Description: Medical Camp**

### **Free Medical camp at Tharuvaikulam**

Free Medical camp at Tharuvaikulam(South) Unnat Bharat Abhiyan, St. Mary's College (Autonomous) AISHE Code: C-41151, The P.G. and Research Department of English organised a Dengue Awareness Campaign and a Free Medical camp at Tharuvaikulam, Thoothukudi on 15.02.2020.

### **Dengue Awareness Campaign**

Dengue Awareness Campaign and Free Medical Camp at Tharuvaikulam(North) On 15 February 2020 both Regular and SSC English department jointly organized Dengue Awareness Campaign and Free Medical Camp in the adopted village as an emergency purpose because around 33 people were affected by Dengue in the village. Morning 10 a.m students start door campaign and taken survey about dengue affected people. In the afternoon around 2 p.m Dr.Arthi Kannan MBBS,MD and a team came and 50 people were utilized the chance and they got medicines and they informed us it was very useful to the village people.

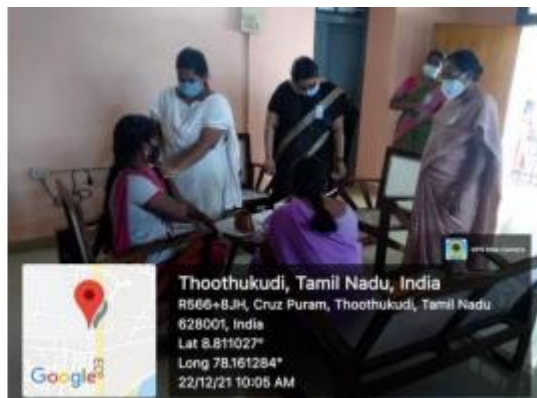
### **Medical Camp**

On 09.03.2023 free medical camp was organized by Centre for Eco-Feminine Excellence. Dr.ELA. Kalairasan, Resident Medical Officer, Bewell Hospital, Thoothukudi was the Resource person. Beneficiaries: 300 students and faculties



## Vaccination Camp

In the view of COVID – 19, a Vaccination Camp was organized by health and Hygiene Club and NSS units of our college on 22.12.2021 in the College premises. Dr. Sr. A.S.J. Lucia Rose, Principal, St. Mary's College (Autonomous), Thoothukudi inaugurated the camp. The students and faculties from various departments were participated. More than 50 students and faculty members were benefited by this camp.



## Medical Counselling & General Health Checkup

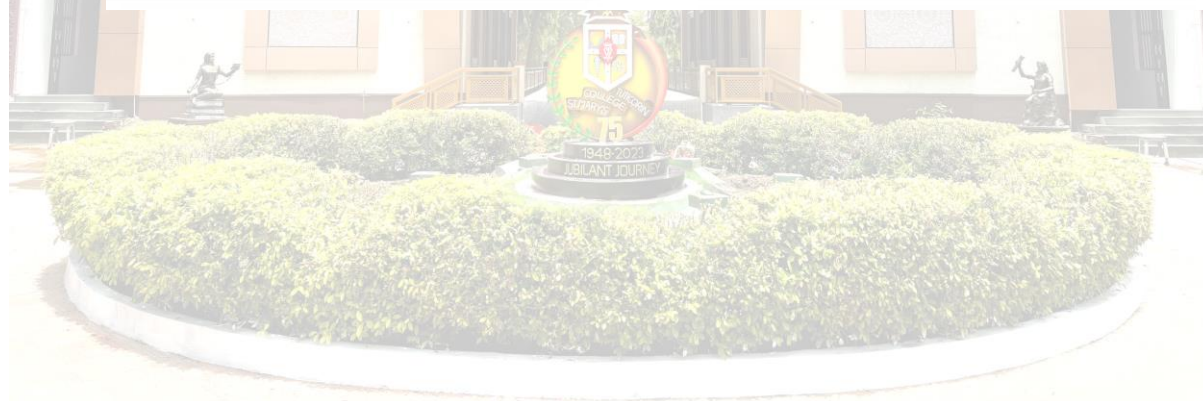
The Centre for Eco-feminine Excellence St. Mary's College (Autonomous), Thoothukudi organized a free medical camp under the guidance of the principal Rev. Dr. Sr. A.S.J Lucia Rose on 5th April 2022 in star hall. The program was inaugurated with the prayer song. Dr. Hermin Pasangha, Head & Associate professor of Zoology, St. Mary's College (Autonomous), Thoothukudi delivered the welcome address. Dr. Jemima, Covid Medical Officer, G.H. Thoothukudi, and Dr. Anselm Sophia Leon, Medical Officer, St. Marys Health Centre, St. Marys College (Autonomous), Thoothukudi gave medical counselling and general health checkup to the students. The Students and Staff members of our college were benefited from the free medical services provided by the Be-Well hospital.





### Medical check up on International Women's Day

The centre for Eco Feminine Excellence and NSS units of our college organised a free medical camp under the guidance of the principal Rev. Dr. Sr. A.S.J Lucia Rose on 8 th March 2021. Keeping in mind the good health of the women during this pandemic period, the free medical check up was conducted by Be-Well Hospital on the auspicious occasion of International Women's Day on 8th March. The medical check up included healthy devices like, General physical examination, Ophthalmologist consultation and BMI and Glucose checkup. The doctors who rendered their great service to the college were Dr.Rajesh from Agarwal hospital, Dr.Jeffie M.B.B.S, Dr.Shalini M.B.B.S accompanied by staff nurses and the manager and Marketing executive of Be-Well hospital. All the second year UG students and staff members participated in this camp and benefited from the free medical services provided by the Be-Well hospital



*Lucia Rose*  
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