

St. Mary's College (Autonomous)
Reaccredited with 'A+' Grade by NAAC (Cycle IV)
Thoothukudi

Criterion: VII –Institutional Values and Best Practices
Metric: 7.3.1– Institutional Distinctiveness
Year: 2018-2023

7.3.1. Institutional Distinctiveness

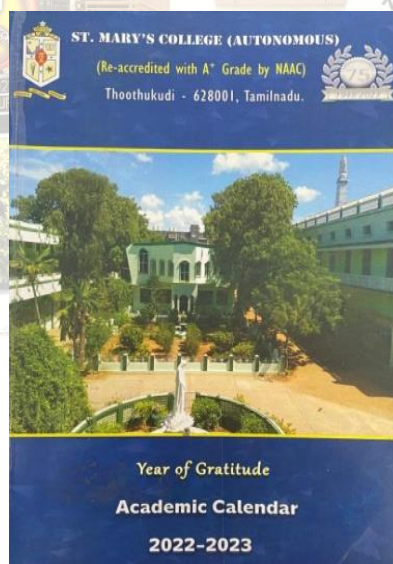
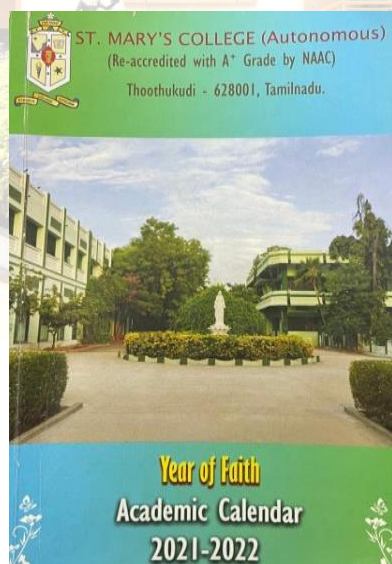
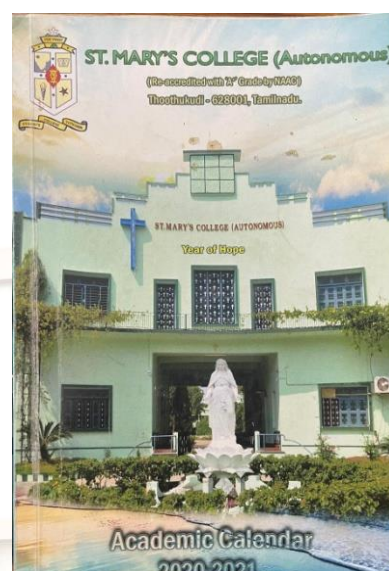
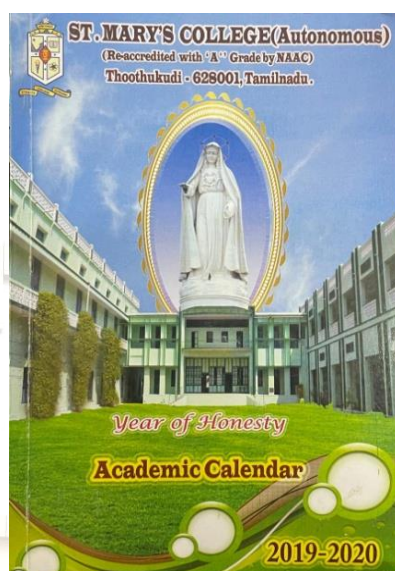
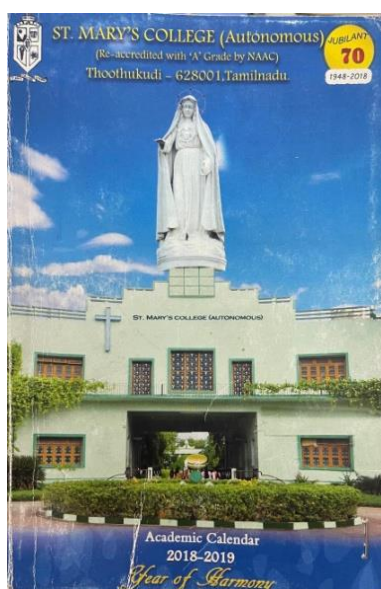
Promoting Universal Human Values

St.Mary's College follows the concept of theme-centred academic years, which augment the educational experience of the learners by organising the activities of the respective academic years around the central themes. The practice equips the faculty and the students to adapt to the adherence of Universal Human Values in the curricular, co-curricular and extracurricular activities. The institution followed 2018-2019 as the Year of Harmony, 2019-20 as the Year of Honesty, 2020-2021 as the Year of Hope, 2021-2022 as the Year of Faith, and 2022-2023 as the Year of Gratitude.

Theme-centred Academic Years



Cover Page of the Academic Calendar with the themes



Centres for Excellence

St. Mary's College (Autonomous), Thoothukudi transforms the lives of young women belonging to the disadvantaged sections of the society. It has 31 clubs and forums functioning under eight Centres for Excellence namely, Centre for Human Excellence, Centre for Job Excellence, Centre for Entrepreneurship and Skill Excellence, Centre for Women's Excellence, Centre for Digital Excellence, Centre for Cultural Excellence, Centre for Service Excellence, and Centre for Eco Feminine Excellence. The activities of the eight centres for excellence are planned and executed on the basis of the respective themes on each of the academic years.

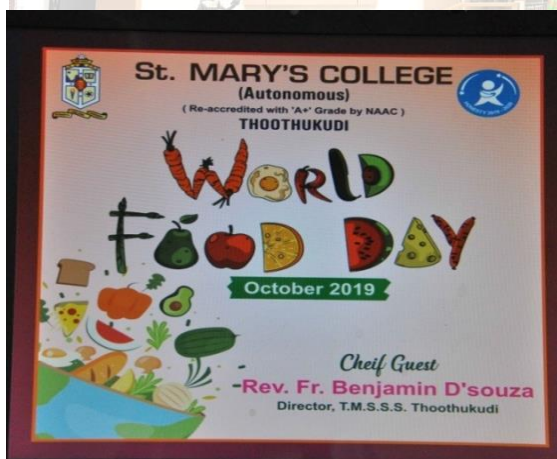


Description	File Upload
Centres for Excellence	



Women's Day Celebration

The institution assisted the students in inculcating the ethos and culture of the college community. The celebration of Women's Day created a momentum for the students and assisted them in grasping the essence of equality and inclusivity embedded in the Indian Constitution.



World Food Day 21.10.2019



Prevention of Drug Abuse - Dr. L. Sriram MD., Assistant Professor, Department of Psychiatry, Government Thoothukudi Medical College Hospital, Thoothukudi on 5th January 2023

Through the orientation sessions on health and hygiene, psychological wellbeing and counselling, the institution nourished the physical and the mental health of the students.



Special lecture on Mattrethai Thedi by Dr. L. Balaji Saravanan, Superintendent of Police on 28.04.2022

The students were able to grasp the essence of universal human values such as respect, unity amidst religious, linguistic and cultural diversities, justice, gratitude, honesty and integrity. It also gave insights on environmental sustainability and conservation. The students gained knowledge on the correct usage of social media and the ways to protect themselves from cybercrime.

Lina Rose
Principal
St. Mary's College (Autonomous)
Thoothukudi-628 001.